

CAPITAL PURSUIT 10 MILE

DES MOINES, IOWA

Sept. 2, 2000

10 Mile Overall	10 Mile Clydes/fillies	5 K Overall	5 K Teams	5 K Clydes/fillies
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Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
1		Phil Kauder, 39, Cascade, IA	57:14	5:43
2		Dave Baker, 23, West Des Moines, IA	58:43	5:52
3		Bill Kaemmer, 41, Des Moines, IA	59:21	5:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
4	1	M20 Ryan Mitchell, 22, Ankeny, IA	1:01:10	6:07
5	1	M25 Ryan Elsbernd, 28, Des Moines, IA	1:01:11	6:07
6	1	M30 Joe Marshall, 32, Granger, IA	1:01:16	6:08
7	2	M20 Jason Sinnwell, 22, Ames, IA	1:01:31	6:09
8	3	M20 Sam Grotewold, 22, Ames, IA	1:01:46	6:11
9	1	M45 Rick Ironside, 46, Marion, IA	1:01:55	6:11
10	2	M25 Luke Spencer, 29, Des Moines, IA	1:02:26	6:15
11	1	M40 Bob Layton, 44, Urbandale, IA	1:03:32	6:21
12	2	M40 Tim Fyfe, 42, Clear Lake, IA	1:03:42	6:22
13	1	M35 Stephen Fyfe, 35, Pella, IA	1:03:42	6:22
14	2	M35 Doug Eppard, 35, Johnston, IA	1:04:03	6:24
15	3	M35 Loran Storts, 35, Urbandale, IA	1:04:41	6:28
16	3	M40 John Taylor, 42, Des Moines, IA	1:04:48	6:29
17	3	M25 Matt Zinno, 28, Ankeny, IA	1:05:04	6:30
18	4	M25 Steve Brown, 29, Minburn, IA	1:05:12	6:31
19	4	M40 Kevin Otte, 40, Clive, IA	1:05:36	6:34
20	2	M45 Mark Fisher, 45, Ottumwa, IA	1:05:59	6:36
21	4	M35 Joe Thomas, 35, Lee's Summit, MO	1:06:05	6:36
22	5	M40 Ed Bell, 40, Clive, IA	1:06:11	6:37
23	2	M30 Chris Bowers, 32, Ottumwa, IA	1:06:17	6:38
24	3	M45 Mike Hoffman, 46, Clive, IA	1:06:24	6:38
25	1	M50 Rick Hagan, 50, Urbandale, IA	1:06:37	6:40
26	5	M35 Jeff Perry, 39, Bondurant, IA	1:06:48	6:41
27	4	M45 Chuck Korte, 46, West Des Moines, IA	1:07:23	6:44
1		Jana Peterson, 22*, Iowa City, IA	1:07:29	6:45
28	6	M35 Rob Mosher, 36, West Des Moines, IA	1:07:52	6:47
29	5	M45 Greg Madison, 45, Ankeny, IA	1:08:36	6:52
30	6	M40 Craig Edmondson, 40, Storm Lake, IA	1:08:44	6:52
31	7	M40 Mark Hoffman, 40, Marshalltown, IA	1:09:08	6:55
32	1	M60 Guy Ealey, 60, Kellogg, IA	1:09:12	6:55
33	8	M40 Mark Movic, 43, Des Moines, IA	1:09:19	6:56
34	6	M45 Chuck Clark, 49, Carroll, IA	1:09:36	6:58
35	4	M20 Kevin Tiffany, 24, Des Moines, IA	1:09:51	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
36	5	M25 Andrew Long, 27, Grimes, IA	1:09:59	7:00
37	7	M35 Mike Warren, 39, Marshalltown, IA	1:10:07	7:01
38	5	M20 Troy Wilson, 20, Des Moines, IA	1:10:08	7:01
39	6	M25 Steve Houg, 25, West Des Moines, IA	1:10:11	7:01
40	6	M20 Troy Matthaidess, 20, Cedar Falls, IA	1:10:18	7:02
41	7	M25 Chad Matthaidess, 29, Algona, IA	1:10:31	7:03
2		Tammy Reavis, 20*, Iowa City, IA	1:10:45	7:04
3		Dawn Stallman, 26*, Des Moines, IA	1:11:05	7:06
4	1	W30 Christine Price, 31*, Des Moines, IA	1:11:09	7:07

42	1	M55 Fred McCurnin, 56, Mason City, IA	1:11:37	7:10
43	7	M45 Rick Hall, 47, Urbandale, IA	1:11:41	7:10
5		Nancy Hoegh, 47*, Clive, IA	1:11:43	7:10
44	8	M35 Michael Shumway, 39, West Des Moines, IA	1:11:47	7:11
45	2	M50 David Schulte, 53, Granger, Ia	1:11:49	7:11
46	9	M35 Andrew Susanin, 39, Des Moines, IA	1:11:53	7:11
47	2	M55 Craig Clark, 56, Mason City, IA	1:11:59	7:12
48	3	M30 Mike Donahue, 32, Des Moines, IA	1:12:01	7:12
49	10	M35 Rex Williams, 39, Des Moines, IA	1:12:06	7:13
50	4	M30 David Priaeau, 32, Urbandale, IA	1:12:40	7:16
6	1	W45 Andriette Wickstrom, 45*, Storm Lake, IA	1:12:42	7:16
51	8	M45 Joe Blunk, 48, Ames, IA	1:12:45	7:16
52	7	M20 Kevin Nuehring, 24, Des Moines, IA	1:12:50	7:17
7	1	JrW Karen Berggren, 23*, Des Moines, IA	1:12:50	7:17
53	9	M40 Daniel Rosenberg, 43, Des Moines, IA	1:12:51	7:17
8	1	W40 Tricia McClain, 43*, Altoona, IA	1:12:55	7:17
54	10	M40 Brad Nielsen, 41, Des Moines, IA	1:12:57	7:18
55	1	M65 Jim Smedema, 68, Windsor Heights, IA	1:13:02	7:18
56	11	M40 Randy Huewe, 43, Urbandale, IA	1:13:10	7:19
57	9	M45 Ron Kinner, 47, Des Moines, IA	1:13:35	7:21
58	5	M30 Douglas Kendall, 32, Tracy, IA	1:13:37	7:22
59	1	JrM Alan Cox, 18, Osceola, IA	1:13:38	7:22
9	2	W30 Tara Brawner, 31*, Clive, IA	1:13:47	7:23
60	8	M20 Justin Kirk, 23, Altoona, IA	1:13:52	7:23
61	12	M40 Steve Vaught, 42, Des Moines, IA	1:13:57	7:24
62	8	M25 Gary Jepsen, 29, Ankeny, IA	1:14:08	7:25
63	6	M30 Jeffrey Frey, 34, West Des Moines, IA	1:14:10	7:25
64	13	M40 Joseph Gobeli, 41, Altoona, IA	1:14:23	7:26
65	9	M25 Thad Douglas, 27, Urbandale, IA	1:14:29	7:27
66	14	M40 Steven Hendricks, 43, Fort Dodge, IA	1:14:31	7:27
67	15	M40 Douglas Lowe, 41, W Des Moines, IA	1:14:37	7:28
10	3	W30 Renee Compiano, 34*, Clive, IA	1:14:38	7:28
11	2	W40 Sheila Maddock, 44*, Johnston, IA	1:14:41	7:28
68	16	M40 David Saggau, 41, West Des Moines, IA	1:14:42	7:28
69	3	M50 Mike Peterson, 52, Webster City, IA	1:14:43	7:28
70	10	M45 Thomas Levis, 47, West Des Moines, IA	1:14:47	7:29
71	11	M35 Scott Steelman, 37, West Des Moines, IA	1:14:50	7:29
72	12	M35 Alan Brown, 35, Clive, IA	1:14:57	7:30
73	13	M35 Kelly Simpson, 39, Jefferson, IA	1:15:01	7:30
74	14	M35 Dan Baldi, 38, Des Moines, IA	1:15:02	7:30
75	15	M35 John Priester, 35, Des Moines, IA	1:15:03	7:30
12	1	W25 Dawn Hayes, 29*, Waukee, IA	1:15:08	7:31
76	7	M30 Jim Hagelie, 32, Marshalltown, IA	1:15:09	7:31
77	17	M40 Stewart Baldner, 40, Dallas Center, IA	1:15:10	7:31
78	2	JrM Pete Kruger, 19, Ames, IA	1:15:13	7:31
79	18	M40 Rick Raper, 42, Bellevue, NE	1:15:16	7:32
13	3	W40 Nancy Willert, 43*, Nevada, IA	1:15:20	7:32
14	2	W25 Katy Muelhaupt, 28*, Des Moines, IA	1:15:25	7:32
80	11	M45 Jonathan Wendel, 45, Ames, IA	1:15:26	7:33
15	3	W25 Lori Knights, 27*, Ames, IA	1:15:26	7:33
81	16	M35 Steven Anderson, 38, Des Moines, IA	1:15:58	7:36
16	2	JrW Jamie Dodge, 23*, Nevada, IA	1:16:08	7:37
82	4	M50 Don Miller, 52, Clive, IA	1:16:19	7:38
17	4	W40 Jeanne McCurnin, 44*, Mason City, IA	1:16:27	7:39
18	3	JrW Emily Ott, 24*, Des Moines, IA	1:16:37	7:40
83	12	M45 Larry Zimpleman, 48, Clive, IA	1:16:43	7:40
84	19	M40 Kevin Techau, 41, Des Moines, IA	1:16:55	7:41
19	4	W30 Mary Connor, 31*, West Des Moines, IA	1:16:59	7:42
85	13	M45 Doug Jepsen, 46, Urbandale, IA	1:17:07	7:43
86	5	M50 Joel Beane, 53, Marshalltown, IA	1:17:08	7:43
87	20	M40 Mark Courter, 43, Urbandale, IA	1:17:08	7:43
20	1	W35 Melanie Anderson, 38*, Clive, IA	1:17:25	7:44
88	17	M35 Jeff Lorenzen, 35, Waukee, IA	1:17:27	7:45
89	14	M45 Steve Dittrich, 48, West Des Moines, IA	1:17:29	7:45
90	18	M35 Dale Knoshaug, 38, Des Moines, IA	1:17:37	7:46

91	3	M55 Thomas Bachmann, 55, Grinnell, IA	1:17:44	7:46
21	5	W30 Shelly Kerr, 34*, Coralville, IA	1:17:50	7:47
92	15	M45 Terry Lint, 46, Clive, IA	1:18:04	7:48
93	19	M35 Brad Dyslin, 35, Urbandale, IA	1:18:13	7:49
94	8	M30 Scott Pries, 31, West Des Moines, IA	1:18:14	7:49
95	20	M35 Brian Benjamin, 35, Yale, IA	1:18:22	7:50
96	10	M25 Conrad Hanson, 25, Urbandale, IA	1:18:48	7:53
22	4	W25 Keri Badding, 25*, Des Moines, IA	1:18:49	7:53
23	4	JrW Jody Beaumont, 23*, Monroe, IA	1:18:52	7:53
97	11	M25 Dave York, 27, Minneapolis, MN	1:18:55	7:53
98	21	M40 Jeff Niffenegger, 43, West Des Moines, IA	1:19:07	7:55
99	16	M45 Mike Kintner, 47, Des Moines, IA	1:19:08	7:55
100	22	M40 Paul Kruse, 42, Granger, Ia	1:19:08	7:55
101	17	M45 Todd Gaffney, 46, Des Moines, IA	1:19:08	7:55
102	23	M40 John Meyer, 44, West Des Moines, IA	1:19:09	7:55
103	24	M40 Allen Benson, 41, Ankeny, IA	1:19:16	7:56
24	2	W35 Vicki Melton, 39*, Ashland, NE	1:19:19	7:56
25	1	W50 Jan Daker, 52*, Davenport, IA	1:19:22	7:56
104	18	M45 Randy Mundt, 45, Urbandale, IA	1:19:39	7:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
105	19	M45 Denny Reavis, 47, West Des Moines, IA	1:19:56	8:00
26	3	W35 Kim McDonough, 36*, Maxwell, Ia	1:20:00	8:00
106	4	M55 Clay Whiteis, 58, Des Moines, IA	1:20:00	8:00
107	20	M45 Hank Manning, 45, Urbandale, IA	1:20:08	8:01
27	5	W40 JoAnn Kobes, 40*, Des Moines, IA	1:20:15	8:01
28	4	W35 Peggy Fevold, 37*, Des Moines, IA	1:20:24	8:02
108	9	M30 Jose Medina, 32, Hopkinsville, KY	1:20:27	8:03
109	6	M50 John Pleasants, 51, Ames, IA	1:20:27	8:03
110	21	M35 Bill Vipond, 36, Ankeny, IA	1:20:29	8:03
111	21	M45 Brad Shipman, 45, Van Meter, IA	1:20:30	8:03
29	5	W35 Joy Carr, 35*, Des Moines, IA	1:20:30	8:03
30	5	JrW Melissa Junge, 24*, Des Moines, IA	1:20:34	8:03
112	12	M25 Lee Randall, 28, Parkview, IA	1:20:48	8:05
113	22	M45 Mike Freely, 47, Des Moines, IA	1:20:51	8:05
114	3	JrM Brian Greffe, 19, Des Moines, IA	1:20:55	8:05
115	10	M30 Matthew Tullis, 32, Marshalltown, IA	1:20:57	8:06
116	11	M30 Michael Rieks, 33, West Des Moines, IA	1:20:59	8:06
117	23	M45 Guy Wernet, 45, Clive, IA	1:21:04	8:06
118	25	M40 Chris Nation, 41, Ogden, IA	1:21:09	8:07
119	12	M30 Richard Mockobee, 32, Norwalk, IA	1:21:21	8:08
120	26	M40 Scott Iverson, 40, Polk City, IA	1:21:23	8:08
121	22	M35 Jay Fisher, 36, Pleasant Hill, IA	1:21:23	8:08
122	27	M40 Jim Frank, 40, Des Moines, IA	1:21:25	8:08
31	6	W30 Lisa Maharry, 34*, Des Moines, IA	1:21:27	8:09
123	28	M40 Steve Vance, 42, Sheldahl, IA	1:21:29	8:09
32	6	W40 Susan Ridenour, 42*, Des Moines, IA	1:21:34	8:09
124	7	M50 Norm Vos, 53, Pella, IA	1:21:36	8:10
125	13	M30 Steve Blazek, 34, Ankeny, IA	1:21:51	8:11
126	5	M55 Jon Alsip, 59, Des Moines, IA	1:21:55	8:11
127	4	JrM Adam Greimann, 19, Perry, IA	1:21:57	8:12
128	29	M40 Charles Phillips, 42, Urbandale, IA	1:22:10	8:13
129	13	M25 Jason Laube, 29, Johnston, IA	1:22:14	8:13
130	24	M45 Phil Pitzen, 48, West Des Moines, IA	1:22:19	8:14
131	14	M30 Guy Pareti, 31, Ankeny, IA	1:22:22	8:14
33	6	W35 Mary Studer, 37*, Ankeny, IA	1:22:30	8:15
132	8	M50 David Friedgood, 51, Clive, IA	1:22:44	8:16
34	5	W25 Jennifer Nelson, 27*, Des Moines, IA	1:22:46	8:17
35	7	W35 Jan Ferris, 35*, Urbandale, IA	1:22:51	8:17
133	25	M45 John Blyth, 45, Clive, IA	1:22:55	8:17
134	2	M60 Jim Streeby, 60, Ottumwa, IA	1:23:08	8:19
135	15	M30 Rusty Bishop, 31, Des Moines, IA	1:23:21	8:20
136	26	M45 Scott Hartsook, 47, Des Moines, IA	1:23:25	8:20
137	27	M45 Dennis Groenenboom, 46, Des Moines, IA	1:23:25	8:20
138	23	M35 Lance Van Vleet, 35, Indianola, IA	1:23:32	8:21
36	7	W40 Colleen Dooley, 43*, Des Moines, IA	1:23:37	8:22

37	6	W25 Sara Prochnow, 25*, Minneapolis, MN	1:23:39	8:22
38	2	W45 Erna Steinmetz, 47*, Des Moines, IA	1:23:48	8:23
39	6	JrW Tami Goll, 24*, West Des Moines, IA	1:23:48	8:23
139	24	M35 Jay Hagedorn, 36, Des Moines, IA	1:23:57	8:24
40	8	W35 Teri Feldmann, 39*, Des Moines, IA	1:23:59	8:24
41	3	W45 Loree Miles, 45*, Des Moines, IA	1:24:02	8:24
140	25	M35 Lynn Owen, 38, West Des Moines, IA	1:24:12	8:25
141	14	M25 Brian Rhoads, 28, West Des Moines, IA	1:24:18	8:26
142	28	M45 Paul Bristow, 46, Greeley, CO	1:24:20	8:26
143	9	M50 Lou Hockenbergs, 52, Des Moines, IA	1:24:20	8:26
144	10	M50 Jeff Kessler, 52, Ankeny, IA	1:24:25	8:26
42	4	W45 Jane Dye, 46*, Kellogg, IA	1:24:31	8:27
43	8	W40 Karen Fosse, 41*, Iowa City, IA	1:24:35	8:27
145	30	M40 Jeff Hostetter, 42, West Des Moines, IA	1:24:39	8:28
44	7	JrW Sarah Rhoten, 23*, Urbandale, IA	1:24:41	8:28
45	7	W30 Jennifer York, 31*, Ames, IA	1:24:52	8:29
146	26	M35 Monte Cochran, 39, Urbandale, IA	1:25:16	8:32
147	6	M55 Jim Cox, 55, Granger, Ia	1:25:23	8:32
148	11	M50 Rueben Douglas, 51, Denver, IA	1:25:23	8:32
149	29	M45 David Weber, 46, Ames, IA	1:25:27	8:33
150	31	M40 Gregory Chia, 40, Indianola, IA	1:25:29	8:33
46	9	W40 Vicki Vanderkwaak, 44*, Johnston, IA	1:25:32	8:33
151	30	M45 Fredd Haas, 46, Des Moines, IA	1:25:33	8:33
47	8	W30 Jennifer Dake, 30*, Des Moines, IA	1:25:35	8:33
48	10	W40 Kristy Cain, 41*, Urbandale, IA	1:25:36	8:34
152		Paul Carlson, Clive, IA	1:25:36	8:34
49	9	W30 Cheryl Cropp, 30*, West Des Moines, IA	1:25:47	8:35
153	16	M30 Jon Hibbard, 33, Des Moines, IA	1:25:54	8:35
50	2	W50 Carolyn Gruesner, 50*, Minnetonka, MN	1:26:11	8:37
154	27	M35 Robert Umsted, 38, Grinnell, IA	1:26:12	8:37
155	3	M60 Steve Larson, 61, Des Moines, IA	1:26:14	8:37
156	17	M30 Joe Cox, 30, Woodward, IA	1:26:19	8:38
51	11	W40 Janet Malmerg, 40*, Des Moines, IA	1:26:19	8:38
157	32	M40 Steve Shifflett, 42, Ames, IA	1:26:20	8:38
52	5	W45 Polly Glascock, 46*, Indianola, IA	1:26:35	8:39
158	2	M65 Gene Harding, 69, Des Moines, IA	1:26:40	8:40
159	33	M40 Robert Hill, 43, Pleasant Hill, IA	1:26:43	8:40
53	10	W30 Jill Heston, 32*, Ankeny, IA	1:26:46	8:41
54	8	JrW Karen Lehto, 23*, Des Moines, IA	1:27:06	8:43
55	11	W30 Jill Anonson, 30*, West Des Moines, IA	1:27:09	8:43
160	18	M30 Dan Schmitz, 33, Pleasant Hill, IA	1:27:12	8:43
161	12	M50 Tom Anderson, 51, Urbandale, IA	1:27:18	8:44
56	9	JrW Katie Gibson, 24*, Des Moines, IA	1:27:42	8:46
57	6	W45 Pat Singer, 46*, Indianola, IA	1:27:45	8:46
162	15	M25 Andrew Adair, 28, Windsor Heights, IA	1:27:48	8:47
58	3	W50 Carol Short, 53*, Waukee, IA	1:28:00	8:48
163	19	M30 John Schley, 34, Des Moines, IA	1:28:05	8:48
164	34	M40 Jeff Hileman, 42, Knoxville, IA	1:28:09	8:49
59	12	W30 Jana Johnson, 34*, Urbandale, IA	1:28:09	8:49
165	13	M50 Jim Lowe, 54, Des Moines, IA	1:28:26	8:51
166	35	M40 Richard Ford, 41, Dallas Center, IA	1:28:39	8:52
60	7	W25 Tricia Scott, 26*, West Des Moines, IA	1:28:57	8:54
167	28	M35 Paul Christiansen, 37, Urbandale, IA	1:29:09	8:55
61	9	W35 Valeria Wilson, 39*, Kellogg, IA	1:29:14	8:55
168	31	M45 Denis Schmitt, 46, West Des Moines, IA	1:29:16	8:56
169	32	M45 Greg Kuhl, 46, Gladstone, MO	1:29:22	8:56
170	16	M25 Brad Marker, 29, West Des Moines, IA	1:29:32	8:57
62	13	W30 Susan Wellman, 33*, Des Moines, IA	1:29:36	8:58
171	14	M50 Bill Seglar, 50, Clive, IA	1:29:41	8:58
63	10	W35 Jennifer Eastman, 35*, Urbandale, IA	1:29:49	8:59
64	14	W30 Polly Adam, 31*, West Des Moines, IA	1:29:52	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
65	15	W30 Analisa Haberman, 30*, Mason City, IA	1:29:57	9:00
66	11	W35 Julie Hale, 38*, Des Moines, IA	1:30:07	9:01
172	15	M50 Rick Johnson, 50, West Des Moines, IA	1:30:14	9:01

173	20	M30 Jeff Davis, 31, West Des Moines, IA	1:30:25	9:02
67	12	W35 Karen Wilkinson, 39*, Des Moines, IA	1:30:35	9:03
174	21	M30 Joe Heitzman, 32, West Des Moines, IA	1:30:53	9:05
175	33	M45 Dale Scheckel, 49, Urbandale, IA	1:30:59	9:06
176	22	M30 Curt Stamp, 33, Des Moines, IA	1:31:03	9:06
68	4	W50 Winnie Casper, 54*, Winterset, IA	1:31:13	9:07
177	17	M25 Jason Hahn, 29, Des Moines, IA	1:31:36	9:10
69	12	W40 Victoria Lacey, 44*, West Des Moines, IA	1:31:50	9:11
178	18	M25 William Kallestad, 29, Des Moines, IA	1:31:58	9:12
179	36	M40 Larry Stout, 40, Ankeny, IA	1:32:20	9:14
70	13	W40 Linda Rogers, 41*, Urbandale, IA	1:32:24	9:14
71	10	JrW Sarah Roarick, 23*, Des Moines, IA	1:32:34	9:15
72	13	W35 Loree Horn, 35*, West Des Moines, IA	1:32:36	9:16
73	14	W35 Amy Harris, 35*, Des Moines, IA	1:32:46	9:17
74	15	W35 Christine Paulson, 35*, Des Moines, IA	1:33:25	9:20
180	16	M50 Howard McCabe, 51, Madelia, MN	1:33:30	9:21
181	29	M35 Jeff Thompson, 39, Des Moines, IA	1:33:40	9:22
75	16	W35 Dawn Larson, 38*, Denver, CO	1:34:04	9:24
76	7	W45 Diane Weehler, 46*, Des Moines, IA	1:34:05	9:24
77	16	W30 Penny Luthens, 34*, Urbandale, IA	1:34:07	9:25
78	8	W25 Christa Clark, 27*, Urbandale, IA	1:34:07	9:25
182	30	M35 Steve Sanders, 36, Des Moines, IA	1:34:12	9:25
79	5	W50 Patricia Schulte, 51*, Granger, Ia	1:34:13	9:25
183	31	M35 Alan Brawner, 35, Clive, IA	1:34:34	9:27
184	34	M45 James Thomas, 46, Lawrence, KS	1:34:34	9:27
185	37	M40 Jim Lawson, 40, Des Moines, IA	1:34:38	9:28
80	14	W40 Kim Brangoccio, 42*, Des Moines, IA	1:34:43	9:28
81	8	W45 Betty Baker, 47*, Ames, IA	1:34:56	9:30
186	17	M50 Larry Jenkins, 50, Ames, IA	1:35:05	9:30
187	18	M50 Ken Heilskov, 53, Ankeny, IA	1:35:16	9:32
82	15	W40 Kim Coppey, 44*, Coralville, IA	1:35:20	9:32
83	17	W35 Tiffany Kemp, 35*, Des Moines, IA	1:35:23	9:32
188	32	M35 John Eure, 39, Des Moines, IA	1:35:29	9:33
84	18	W35 Catherine Dreiss, 39*, Des Moines, IA	1:35:30	9:33
189	38	M40 Andy Burton, 40, Urbandale, IA	1:35:37	9:34
85	9	W45 Debbie Earleywine, 47*, Des Moines, IA	1:36:12	9:37
86	9	W25 Aimee Slye, 27*, Urbandale, IA	1:36:18	9:38
87	10	W25 Tara Rakiec, 29*, West Des Moines, IA	1:36:18	9:38
190	35	M45 John Vujnovich, 46, Des Moines, IA	1:36:55	9:41
88	11	JrW Coralynn Becker, 21*, Des Moines, IA	1:37:11	9:43
89	17	W30 Maria Davis, 31*, West Des Moines, IA	1:37:15	9:43
90	18	W30 Molly Anderson, 32*, Des Moines, IA	1:37:15	9:43
91	19	W35 Deb Pape, 37*, Des Moines, IA	1:37:28	9:45
92	10	W45 Susan Duoblys, 45*, Des Moines, IA	1:37:38	9:46
191	36	M45 Larry Jablonski, 48, Urbandale, IA	1:37:48	9:47
192	33	M35 Kerry Johnson, 36, Prole, IA	1:37:52	9:47
93	19	W30 Lee Feilmeier, 32*, Breda, IA	1:38:08	9:49
193	34	M35 Jon Studer, 35, Ankeny, IA	1:38:13	9:49
94	12	JrW Heather Nevitt, 24*, Chesterfield, MO	1:38:15	9:49
95	11	W25 Shelly Power, 27*, West Des Moines, IA	1:38:27	9:51
96	13	JrW Melissa Lickteig, 24*, Chesterfield, MO	1:38:29	9:51
97	11	W45 Mary Gross, 48*, Des Moines, IA	1:38:38	9:52
194	19	M25 Kelly Sparks, 28, West Des Moines, IA	1:39:02	9:54
98	12	W25 Julie Hoshaw, 28*, West Des Moines, IA	1:39:10	9:55
195	37	M45 David McClung, 45, Des Moines, IA	1:39:15	9:55
196	35	M35 Carl Egger, 38, West Des Moines, IA	1:39:47	9:59
197	7	M55 Arlo Van Diest, 59, Webster City, IA	1:39:52	9:59
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198	36	M35 Tim Askland, 37, West Des Moines, IA	1:40:15	10:01
99	16	W40 Cathy Kazwell, 41*, Sarasota, FL	1:40:17	10:02
199	39	M40 Michael Spellman, 41, Des Moines, IA	1:40:22	10:02
100	13	W25 Jennifer Terpstra, 27*, Pella, IA	1:40:25	10:02
101	14	W25 Molly Miller, 26*, Indianola, IA	1:40:28	10:03
200	40	M40 Gary Young, 41, Des Moines, IA	1:40:33	10:03
201	3	M65 Bert Beynen, 65, Des Moines, IA	1:40:40	10:04

102	20	W30 Noelle Ganske, 30*, Des Moines, IA	1:40:56	10:06
202	20	M25 Kay Godfredsen, 25, Newton, IA	1:41:07	10:07
203	37	M35 John Kromminga, 36, Johnston, IA	1:41:09	10:07
204	38	M35 Philip Roudabush, 35, North Liberty, IA	1:41:10	10:07
103	15	W25 Sue Anderson, 27*, West Des Moines, IA	1:41:38	10:10
104	21	W30 Stephanie Becker, 31*, Indianola, IA	1:41:40	10:10
205	38	M45 Glen Ogilia, 48, Des Moines, IA	1:41:42	10:10
105	16	W25 Courtney Gillis, 28*, Des Moines, IA	1:42:24	10:14
206	39	M35 Cory McClure, 35, Ankeny, IA	1:42:24	10:14
207	40	M35 Les Elder, 35, Ottumwa, IA	1:42:56	10:18
106	20	W35 Kris Boeckman, 38*, Breda, IA	1:43:13	10:19
107	17	W40 Peggi Taylor, 44*, Des Moines, IA	1:43:43	10:22
108	22	W30 Brenda Romig, 34*, Clive, IA	1:43:47	10:23
109	12	W45 Barb Mitchell, 45*, West Des Moines, IA	1:43:53	10:23
208	23	M30 Kevin Armstrong, 34, Des Moines, IA	1:46:34	10:39
110	18	W40 Catherine Frost, 44*, Urbandale, IA	1:46:54	10:41
111	23	W30 Rona Conkle, 32*, West Des Moines, IA	1:47:07	10:43
112	14	JrW Amber Sommerfeld, 23*, Ankeny, IA	1:47:12	10:43
209	21	M25 Shane Hammes, 29, West Des Moines, IA	1:47:21	10:44
210	24	M30 Steve West, 30, Norwalk, IA	1:47:49	10:47
211	41	M35 John Stanley, 39, Grimes, IA	1:47:54	10:47
113	17	W25 Susan Crenshaw, 27*, Des Moines, IA	1:47:55	10:48
212	19	M50 Richard Franklin, 53, Marshalltown, IA	1:49:24	10:56
114	18	W25 Tanya Keith, 28*, Des Moines, IA	1:49:40	10:58
115	19	W40 Sandy Gracey, 44*, Des Moines, IA	1:49:43	10:58
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116	13	W45 Marcia Moore, 45*, Des Moines, IA	2:02:50	12:17

"" indicates females

4 finishers among Men 19 & Under
 8 finishers among Men 20 - 24
 21 finishers among Men 25 - 29
 24 finishers among Men 30 - 34
 41 finishers among Men 35 - 39
 40 finishers among Men 40 - 44
 38 finishers among Men 45 - 49
 19 finishers among Men 50 - 54
 7 finishers among Men 55 - 59
 3 finishers among Men 60 - 64
 3 finishers among Men 65 & Up
 14 finishers among Women 24 & Under
 18 finishers among Women 25 - 29
 23 finishers among Women 30 - 34
 20 finishers among Women 35 - 39
 19 finishers among Women 40 - 44
 13 finishers among Women 45 - 49
 5 finishers among Women 50 - 59
 212 male finishers
 116 female finishers
 328 total finishers

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