

30th Capital Pursuit 10 Mile**Des Moines, Ia****Sep. 23, 2012**

40s & sunny - Good running weather

Results by Cal Murdock

5K results [here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

CLASS		FINISHER	TIME	PACE
PLACE	PLACE			
1		Jason Flogel, 29, West Des Moines, IA	51:10	5:07
2	1	Luke Demmel, 22, Ames, IA	54:07	5:25
3	1	Jacob Kaemmer, 35, Des Moines, IA	54:23	5:26
4		Joel Frye, 40, Des Moines, IA	55:05	5:30
5	1	Greg Bell, 34, Polk City, IA	55:17	5:32
6	1	Martin Popp, 29, West Des Moines, IA	55:52	5:35
7	2	Scott Johnson, 30, Ames, IA	56:51	5:41
8	2	Jon Dyck, 28, Ankeny, IA	57:06	5:43
9	3	Andrew Minear, 26, Bondurant, IA	58:19	5:50
10	3	Peder Skoog, 33, Waukee, IA	59:14	5:55
1		Danna Kelly, 25*, Urbandale, IA	59:22	5:56
11	1	John Anthofer, 40, Urbandale, IA	59:54	5:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
2	1	Ellis Ries, 25*, Ankeny, IA	1:00:15	6:01
12	4	Jon Rathje, 34, Ankeny, IA	1:00:20	6:02
13	2	Matthew Christensen, 41, West Des Moines, IA	1:00:24	6:02
3	2	Traci Kresser, 26*, Clive, IA	1:00:25	6:02
14	4	Chris Bourke, 25, Des Moines, IA	1:00:48	6:05
15	3	Jay Pennington, 40, Des Moines, IA	1:00:53	6:05
16	5	Justin Brown, 29, Des Moines, IA	1:01:23	6:08
4	1	Casey McDermott, 23*, Newton, IA	1:01:28	6:09
17	4	Lance Bergeson, 44, Des Moines, IA	1:01:41	6:10
18	5	Mark Timmerman, 42, Indianola, IA	1:01:56	6:12
5		Jenny Schulze, 40*, Clive, IA	1:01:59	6:12
19	2	Daniel Pinkerton, 36, Des Moines, IA	1:02:08	6:13
20	3	Jason Frederick, 35, Waukee, IA	1:02:35	6:15
21	5	Randy Sturm, 34, Belmont, IA	1:03:20	6:20
22	1	Todd Haugen, 49, Story City, IA	1:03:21	6:20
6	2	Katie Hamel, 24*, Des Moines, IA	1:03:31	6:21
23	6	John Neer, 33, Des Moines, IA	1:04:08	6:25
24	2	Pat Gerhardt, 22, Algona, IA	1:04:12	6:25
25	7	Matt Meier, 32, Urbandale, IA	1:04:18	6:26
7	1	Anna Bergman, 35*, Des Moines, IA	1:04:24	6:26
26	6	Kyle Young, 27, Ames, IA	1:04:28	6:27
27	3	Robert Endriss, 23, Indianola, IA	1:04:40	6:28
28	6	Mark Levandoski, 44, Grinnell, IA	1:05:13	6:31
8	2	Trisha Schlick, 38*, Ames, IA	1:05:18	6:32
29	8	Jack Johnson, 32, West Des Moines, IA	1:05:35	6:34
30	2	Scott Engelhardt, 45, Urbandale, IA	1:05:48	6:35
31	9	Caleb Brown, 32, Des Moines, IA	1:05:51	6:35
32	10	Aaron Wheelock, 32, Des Moines, IA	1:05:58	6:36
33	4	Tim Roetman, 39, Johnston, IA	1:06:25	6:38
34	3	Kyle Weuve, 46, Urbandale, IA	1:06:28	6:39
35	7	Riley Post, 25, Walcott, IA	1:06:57	6:42
36	5	Chris Gasche, 39, Norwalk, IA	1:07:07	6:43

9	3	Sara Hendrickson, 25*, Des Moines, IA	1:07:14	6:43
37	1	Willie Lahart, 59, Newton, IA	1:07:22	6:44
38	11	Jeff Gray, 31, West Des Moines, IA	1:07:46	6:47
39	12	Able Mahaffey, 34, Altoona, IA	1:07:59	6:48
40	6	Scott Heisler, 37, West Des Moines, IA	1:08:11	6:49
41	7	Brian Palmer, 44, Des Moines, IA	1:08:19	6:50
42	4	Steve Johnson, 45, Waukee, IA	1:08:23	6:50
43	7	Austin Allen, 38, Ceda Rapids, IA	1:08:25	6:50
44	8	Mike Castagnoli, 28, West Des Moines, IA	1:08:27	6:51
45	9	Brian Petersen, 28, Ankeny, IA	1:08:29	6:51
10	1	Stephanie Mortenson, 30*, Windsor Heights, IA	1:08:30	6:51
46	8	Stephen Houg, 37, West Des Moines, IA	1:08:35	6:51
47	8	Craig Johnson, 42, Bondurant, IA	1:08:49	6:53
11	1	Dawn Hayes, 41*, Waukee, IA	1:09:04	6:54
48	1	Steve Falck, 54, Des Moines, IA	1:09:14	6:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
49	9	Stefan Shirley, 37, Ames, IA	1:10:00	7:00
50	13	Steve Oberbroeckling, 34, Bondurant, IA	1:10:12	7:01
51	5	Joe DuPre, 48, Pella, IA	1:10:28	7:03
12	3	Jennifer Mills, 39*, West Des Moines, IA	1:10:41	7:04
52	6	Chris Ross, 46, Des Moines, IA	1:10:41	7:04
53	10	Marc Hollander, 38, West Des Moines, IA	1:10:45	7:04
54	9	Jim Hagelie, 44, Waukee, IA	1:10:50	7:05
55	10	Jason Hahn, 41, Des Moines, IA	1:10:59	7:06
56	1	James Jacobsen, 62, Des Moines, IA	1:11:00	7:06
57	2	K F. Headley, 50, Urbandale, IA	1:11:01	7:06
58	3	Bruce Drummond, 54, Des Moines, IA	1:11:09	7:07
59	11	David Primeau, 44, Des Moines, IA	1:11:20	7:08
60	11	Colin Witt, 38, Des Moines, IA	1:11:22	7:08
61	4	Jeff Perry, 51, Bondurant, IA	1:11:24	7:08
62	12	Jonathan Altes, 37, Norwalk, IA	1:11:37	7:10
63	2	Mark Stelmacher, 58, West Des Moines, IA	1:11:38	7:10
64	13	Jesse Wurth, 37, Urbandale, IA	1:11:43	7:10
13	4	Angie Heim, 37*, Norwalk, IA	1:11:45	7:10
65	7	Don Cummings, 49, Pleasant Hill, IA	1:11:57	7:12
66	14	Jeremy Driscoll, 32, West Des Moines, IA	1:12:01	7:12
14	5	Jennifer Groos, 37*, Norwalk, IA	1:12:04	7:12
15	3	Angela Conlon, 24*, Des Moines, IA	1:12:10	7:13
67	10	Tom Rauen, 29, Dubuque, IA	1:12:15	7:13
16	2	Kaiti Muelhaupt, 40*, Des Moines, IA	1:12:30	7:15
68	15	Phillip Cox, 31, Ankeny, IA	1:12:32	7:15
69	12	George Stock, 42, Ankeny, IA	1:12:42	7:16
70	8	Scott Greenwood, 45, Des Moines, IA	1:12:50	7:17
71	9	Scott Meyer, 47, Pella, IA	1:12:53	7:17
72	13	Karl Overton, 44, Des Moines, IA	1:12:54	7:17
73	14	Aaron Siegfried, 39, Grimes, IA	1:12:57	7:18
17	2	Alana Stamas, 30*, Des Moines, IA	1:13:01	7:18
74	10	Patrick Hamilton, 46, Algona, IA	1:13:02	7:18
75	2	Mark Hayes, 62, Creston, IA	1:13:08	7:19
18	3	Mindi Decker, 32*, Des Moines, IA	1:13:11	7:19
76	16	Ian Asplund, 32, Clive, IA	1:13:17	7:20
19	1	Andriette Wickstrom, 57*, Storm Lake, IA	1:13:18	7:20
77	11	Levi Nichols, 29, Des Moines, IA	1:13:23	7:20
78	17	Nick Bokhoven, 33, Encinitas, CA	1:13:38	7:22
79	3	Pete Sandler, 57, West Des Moines, IA	1:13:46	7:23
20	3	Katie Chuapoco, 40*, Des Moines, IA	1:13:47	7:23
80	14	Dan Crew, 44, West Des Moines, IA	1:13:48	7:23
81	12	John Anderson, 29, Boone, IA	1:13:53	7:23
82	15	Chris Compton, 36, Ankeny, IA	1:13:54	7:23
21	4	Emily Fletcher, 24*, West Des Moines, IA	1:14:00	7:24
22	2	Tricia McClain, 55*, Altoona, IA	1:14:02	7:24
83	15	Roshan Pradhan, 40, West Des Moines, IA	1:14:06	7:25
84	18	Nick Roerig, 33, Clive, IA	1:14:10	7:25
85	16	Hollis Elliott, 39, Urbandale, IA	1:14:14	7:25

86	16	Matthew Morgan, 41, Ankeny, IA	1:14:15	7:25
87	1	Tyler Gilbreath, 17, Des Moines, IA	1:14:17	7:26
88	11	John DeAngelis, 48, Des Moines, IA	1:14:18	7:26
89	17	Anthony Cendana, 37, Cumming, IA	1:14:21	7:26
90	13	Eric Peterson, 26, Des Moines, IA	1:14:22	7:26
91	18	Jeremy Feitelson, 38, West Des Moines, IA	1:14:32	7:27
92	19	Brian Kroska, 31, Ankeny, IA	1:14:34	7:27
93	5	Roadog McKibben, 51, Clive, IA	1:14:34	7:27
94	6	David Schnoes, 52, West Des Moines, IA	1:14:41	7:28
95	12	Norm Bach, 45, Marshalltown, IA	1:14:48	7:29
96	4	Jonathan Wendel, 57, Ames, IA	1:14:53	7:29
97	17	Michael Meyer, 43, Indianola, IA	1:15:00	7:30
98	19	Matt Jackson, 36, Des Moines, IA	1:15:12	7:31
23	4	Kelly Vowels, 34*, Clive, IA	1:15:20	7:32
99	7	Scott Freeman, 50, Urbandale, IA	1:15:23	7:32
24	4	Mary Mouw, 43*, Des Moines, IA	1:15:27	7:33
100	18	Brendan Chuapoco, 43, Des Moines, IA	1:15:29	7:33
25	6	Kate Wallace, 35*, Norwalk, IA	1:15:31	7:33
26	7	Jennifer Downe, 36*, Norwalk, IA	1:15:32	7:33
27	8	Rachel Hoyer, 37*, Johnston, IA	1:15:34	7:33
28	4	Allie Lunde, 26*, Clive, IA	1:15:50	7:35
101	20	Clint Jones, 37, West Des Moines, IA	1:15:57	7:36
102	13	Brian Benjamin, 47, Perry, IA	1:15:58	7:36
103	19	Brian Terhark, 44, Waukee, IA	1:16:07	7:37
104	20	David Schneider, 41, Clive, IA	1:16:08	7:37
105	21	Timothy Gootee, 42, Urbandale, IA	1:16:18	7:38
29	1	Sarah Kromminga, 15*, Johnston, IA	1:16:35	7:39
30	9	Rachel Britten, 35*, Ames, IA	1:16:36	7:40
106	22	Dave Daniels, 44, Urbandale, IA	1:16:37	7:40
107	3	Gregory Chlebicki, 62, Des Moines, IA	1:16:39	7:40
108	23	Mark Hanrahan, 43, Urbandale, IA	1:16:45	7:40
109	8	Brian Culich, 50, Des Moines, IA	1:16:50	7:41
31	10	Jennifer Imig, 39*, West Des Moines, IA	1:16:54	7:41
110	20	Asween Mallick, 34, Des Moines, IA	1:16:55	7:41
111	24	Brian Kingery, 43, Indianola, IA	1:16:59	7:42
112	25	Tony Takla, 44, West Des Moines, IA	1:17:05	7:42
32	11	Kirstin Isenhardt, 38*, Urbandale, IA	1:17:12	7:43
113	4	Richard Martin, 63, Ames, IA	1:17:15	7:43
114	4	Nathan Gogo, 21, Ames, IA	1:17:24	7:44
115	9	David Teachout, 52, Des Moines, IA	1:17:30	7:45
33	5	Carmen Jacobsen, 41*, West Des Moines, IA	1:17:33	7:45
34	5	Nicole Elliott, 31*, Des Moines, IA	1:17:38	7:46
35	6	Robin Greenlee, 32*, Ames, IA	1:17:38	7:46
36	7	Sarah Lohmeier, 32*, Des Moines, IA	1:17:41	7:46
116	5	Richard Kelley, 63, Des Moines, IA	1:17:42	7:46
117	21	Doug Grunst, 37, West Des Moines, IA	1:17:43	7:46
118	10	Steven McBreen, 52, Ames, IA	1:17:48	7:47
119	14	David Endres, 49, West Des Moines, IA	1:17:50	7:47
37	5	Tracy Hartwig, 27*, Des Moines, IA	1:17:58	7:48
120	15	Sam Shelley, 47, Clive, IA	1:18:00	7:48
38	6	Megan Recker, 29*, West Des Moines, IA	1:18:02	7:48
121	21	Rory Flynn, 31, Des Moines, IA	1:18:08	7:49
122	26	Rusty Ramseyer, 42, Norwalk, IA	1:18:10	7:49
39	12	Sara Schwendinger, 35*, Des Moines, IA	1:18:11	7:49
40	7	A J Krause, 26*, West Des Moines, IA	1:18:15	7:49
41	1	Sandra Wittg, 45*, Clive, IA	1:18:15	7:49
123	14	Nik Guttormson, 26, Ankeny, IA	1:18:16	7:50
124	22	Ryan Judas, 39, Urbandale, IA	1:18:17	7:50
125	27	Alex Van Quathem, 42, Urbandale, IA	1:18:20	7:50
42	6	Beth Palmer, 43*, Des Moines, IA	1:18:25	7:50
126	22	Grant Menke, 33, Ankeny, IA	1:18:36	7:52
127	5	Jeremy Hilsabeck, 24, Marshalltown, IA	1:18:37	7:52
43	13	Jody Angus, 39*, Johnston, IA	1:18:41	7:52

44	7	Amy Burgess, 41*, Urbandale, IA	1:18:44	7:52
128	5	Tom Broadbooks, 56, Ankeny, IA	1:18:45	7:52
45	8	Carly Groben, 30*, Des Moines, IA	1:18:46	7:53
129	28	Brian Oetken, 40, Urbandale, IA	1:18:49	7:53
130	23	Bret Nelson, 32, Urbandale, IA	1:18:52	7:53
46	8	Katherine Flickinger, 29*, Ankeny, IA	1:18:54	7:53
131	23	John Vogelaar, 39, Clive, IA	1:18:57	7:54
47	9	Sarah Zinn-Burggraaf, 34*, Clive, IA	1:18:57	7:54
132	29	Doug Cutchins, 41, Grinnell, IA	1:18:59	7:54
133	24	Dirk Whitebreast, 32, Tama, IA	1:19:00	7:54
134	25	Joseph Zambreno, 33, Ankeny, IA	1:19:05	7:54
48	5	Amy Schulte, 24*, West Des Moines, IA	1:19:06	7:55
49	9	Stephanie Majeran, 28*, Urbandale, IA	1:19:07	7:55
135	6	Al Hildestad, 63, Des Moines, IA	1:19:08	7:55
136	15	Jason Collins, 29, Des Moines, IA	1:19:10	7:55
50	6	Amanda Green, 24*, Des Moines, IA	1:19:10	7:55
137	26	Randy Collison, 32, Bondurant, IA	1:19:21	7:56
138	27	Jerrett Fried, 33, Bondurant, IA	1:19:22	7:56
51	8	Beth Seufferer, 41*, West Des Moines, IA	1:19:29	7:57
52	10	Vickie Tousley, 28*, Des Moines, IA	1:19:33	7:57
139	11	Dale Knoshaug, 50, Des Moines, IA	1:19:34	7:57
53	14	Kacie Owens, 35*, Des Moines, IA	1:19:34	7:57
54	2	Amy Harris, 47*, Des Moines, IA	1:19:48	7:59
140	7	Galen Wilke, 61, Ames, IA	1:19:50	7:59
141	6	Scott Schoneberg, 56, Des Moines, IA	1:19:51	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
55	3	Nancy Willert, 56*, Nevada, IA	1:19:56	8:00
56	9	Jeanna English, 40*, West Des Moines, IA	1:19:56	8:00
57	10	Dena Kroska, 30*, Ankeny, IA	1:20:00	8:00
58	11	Laura Biggins, 31*, West Des Moines, IA	1:20:02	8:00
59	15	Melissa Billings, 38*, Ankeny, IA	1:20:02	8:00
60	16	Heather Benning, 39*, Grinnell, IA	1:20:02	8:00
142	30	Jeffrey Steenhoek, 42, Des Moines, IA	1:20:07	8:01
143	8	Joe Blunk, 60, Ames, IA	1:20:12	8:01
61	1	Rose Wignall, 52*, Creston, IA	1:20:12	8:01
62	17	Erin Kouri, 35*, Urbandale, IA	1:20:13	8:01
144	12	Greg Anderson, 50, West Des Moines, IA	1:20:13	8:01
145	31	Frank Wennerholt, 40, Grimes, IA	1:20:35	8:03
146	24	Michael Richards, 36, Des Moines, IA	1:20:42	8:04
63	18	Jennifer Rose, 37*, West Des Moines, IA	1:20:43	8:04
64	4	Beth Henriksen, 56*, Ames, IA	1:20:48	8:05
65	19	Michelle Madden, 39*, West Des Moines, IA	1:20:51	8:05
66	5	Veronica Demmel, 56*, Marshalltown, IA	1:20:54	8:05
67	6	Vicki Vanderkwaak, 56*, Johnston, IA	1:20:55	8:05
68	20	Jen Jacobsen, 39*, Grinnell, IA	1:20:59	8:06
69	11	Tami Bingham, 29*, Pleasantville, IA	1:21:04	8:06
147	28	Graham Barnes, 30, West Des Moines, IA	1:21:12	8:07
148	29	Matthew Stodden, 33, Urbandale, IA	1:21:16	8:08
149	7	Michael Wheelock, 57, Ames, IA	1:21:28	8:09
150	32	Eric Jaskolka, 41, West Des Moines, IA	1:21:30	8:09
70	2	Wilma Osmun, 52*, Creston, IA	1:21:32	8:09
71	2	Sandra Kromminga, 15*, Johnston, IA	1:21:32	8:09
72	3	Ellen Bennett, 15*, Ankeny, IA	1:21:32	8:09
151	25	Jonathan Montpas, 39, Des Moines, IA	1:21:37	8:10
73	7	Kathi Dellaca, 59*, Windsor Heights, IA	1:21:40	8:10
152	1	Jim Matthews, 72, Baxter, IA	1:21:51	8:11
74	10	Kelcy Lofgren, 42*, Ankeny, IA	1:21:58	8:12
153	33	Jeff Andersen, 44, Grimes, IA	1:22:02	8:12
75	12	Jessica McLeran, 31*, Des Moines, IA	1:22:03	8:12
154	9	Rolf Koford, 64, Ames, IA	1:22:03	8:12
155	13	Lou Scallon, 54, Ames, IA	1:22:05	8:12
156	6	Wesley Lyons, 20, Vinton, IA	1:22:07	8:13
157	34	Casey Smith, 40, West Des Moines, IA	1:22:08	8:13
158	10	Sam Fisher, 63, Boone, IA	1:22:12	8:13

76	3	Jerri Kleinhauer, 46*, Clive, IA	1:22:25	8:14
159	35	Michael Mock, 42, West Des Moines, IA	1:22:28	8:15
77	7	Emily Sullivan, 23*, Clive, IA	1:22:35	8:15
160	16	Steven Callistein, 46, Des Moines, IA	1:22:35	8:15
78	13	Cara Rexroat, 30*, Des Moines, IA	1:22:36	8:16
79	14	Mary DeCarlo, 34*, Grimes, IA	1:22:37	8:16
161	14	Randy Westman, 53, Chariton, IA	1:22:39	8:16
80	12	Jenessa Koedam, 27*, Ankeny, IA	1:22:41	8:16
81	21	Stephanie Clemens, 38*, Des Moines, IA	1:22:43	8:16
162	36	Rob Hansen, 40, Des Moines, IA	1:22:43	8:16
163	7	Tyler Fulton, 23, West Des Moines, IA	1:22:44	8:16
164	17	Thomas Tuttle, 45, West Des Moines, IA	1:22:46	8:17
165	37	Clay Olson, 41, Perry, IA	1:22:48	8:17
166	26	Carl Koedam, 35, Ankeny, IA	1:22:52	8:17
167	11	Dennis Wheeler, 62, Urbandale, IA	1:22:53	8:17
82	15	Robin Greenlee, 32*, Ames, IA	1:22:54	8:17
83	16	Jodi Berman, 30*, Ankeny, IA	1:22:55	8:17
84	22	Amy Thornburg, 36*, Liberty, MO	1:22:57	8:18
168	12	Lee Tesdell, 61, Slater, IA	1:22:58	8:18
169	38	Paul Rearick, 43, Ankeny, IA	1:22:59	8:18
85	23	Carrie Wright, 39*, West Des Moines, IA	1:23:02	8:18
86	4	Robin Prier-Ross, 46*, Clive, IA	1:23:04	8:18
87	13	Andrea Basche, 28*, Ames, IA	1:23:05	8:18
88	5	Martha Freeman, 49*, Urbandale, IA	1:23:06	8:19
170	39	Kevin Sporer, 41, Ankeny, IA	1:23:08	8:19
171	8	Tinny Lint, 58, Clive, IA	1:23:11	8:19
172	2	Clay Whiteis, 70, Des Moines, IA	1:23:15	8:19
173	30	Josh Clanton, 31, Des Moines, IA	1:23:29	8:21
174	1	Larry Walden, 65, Marshalltown, IA	1:23:33	8:21
89	8	Kristin Stein, 22*, Lake Elmo, MN	1:23:35	8:21
175	15	Kevin Krause, 52, West Des Moines, IA	1:23:35	8:21
90	9	Kristin Riley, 22*, West Des Moines, IA	1:23:36	8:22
91	11	Chen Huang, 40*, Clive, IA	1:23:37	8:22
176	40	Perry Xu, 42, Clive, IA	1:23:38	8:22
92	10	Morgan Elliott, 24*, West Des Moines, IA	1:23:39	8:22
93	11	Josie Krings, 22*, Creston, IA	1:23:44	8:22
177	9	Rick Gubbels, 55, Des Moines, IA	1:23:51	8:23
178	16	Don Owens, 54, Des Moines, IA	1:23:52	8:23
94	1	Maggie Haaland, 60*, Ames, IA	1:23:54	8:23
179	41	Jeff Davis, 43, West Des Moines, IA	1:23:55	8:23
95	14	Tara Olaby, 28*, Norwalk, IA	1:23:58	8:24
96	17	Tanya Fish, 33*, West Des Moines, IA	1:24:03	8:24
180	31	Andy Fish, 33, West Des Moines, IA	1:24:04	8:24
181	18	Kent Bain, 47, West Des Moines, IA	1:24:08	8:25
97	3	Michele Fritz, 51*, Pleasant Hill, IA	1:24:13	8:25
98	18	Jamie Johnson, 32*, West Des Moines, IA	1:24:15	8:25
99	24	Allison Morris, 35*, Ankeny, IA	1:24:23	8:26
182	42	Aaron Harpold, 41, Des Moines, IA	1:24:31	8:27
100	15	Caitlin Suginaka, 26*, Des Moines, IA	1:24:35	8:27
101	19	Hillary Svenby, 32*, Oskaloosa, Iowa	1:24:36	8:28
102	20	Susanne Jenkins, 34*, Des Moines, IA	1:24:37	8:28
103	12	Valerie Hamilton, 41*, Algona, IA	1:24:37	8:28
104	16	Molly VerDught, 29*, Ankeny, IA	1:24:39	8:28
105	13	Christy Gooding, 41*, Urbandale, IA	1:24:41	8:28
106	6	Marilyn Wendell, 48*, Ankeny, IA	1:24:45	8:28
183	10	Steven Wandro, 55, Des Moines, IA	1:24:49	8:29
184	16	Ryan Buss, 25, West Des Moines, IA	1:24:51	8:29
185	19	Marty Swanson, 45, Ames, IA	1:24:56	8:30
107	25	Sue Honkamp, 37*, Des Moines, IA	1:24:58	8:30
108	14	Mary Smith, 42*, Des Moines, IA	1:24:59	8:30
186	8	Andrew Davis, 24, West Des Moines, IA	1:25:05	8:30
187	11	John Curtin, 56, Des Moines, IA	1:25:08	8:31
109	26	Nikki Roetman, 38*, Johnston, IA	1:25:09	8:31
188	20	Matt Smith, 46, Ankeny, IA	1:25:14	8:31
110	17	Jennifer Sykes, 25*, Norwalk, IA	1:25:14	8:31

189	32	Jeff Baker, 30, Story City, IA	1:25:14	8:31
190	33	Michael Henriksen, 32, Urbandale, IA	1:25:22	8:32
191	12	Kirk Tibbetts, 57, Urbandale, IA	1:25:24	8:32
111	21	Colleen Schmitt, 32*, Grinnell, IA	1:25:25	8:32
112	22	Raelynn Schroeder, 34*, Pella, IA	1:25:28	8:33
192	17	Jeff Thibadeau, 27, West Des Moines, IA	1:25:29	8:33
113	7	Diane Nelson, 46*, Ankeny, IA	1:25:33	8:33
193	9	Jonathan Brue, 23, Waukee, IA	1:25:36	8:34
194	21	Dan Bachman, 48, Waukee, IA	1:25:41	8:34
195	27	Jermaine Parkey, 39, Des Moines, IA	1:25:44	8:34
114	23	Sara Bird, 34*, Des Moines, IA	1:25:45	8:34
115	4	Sue Schmitz, 51*, Des Moines, IA	1:25:48	8:35
116	27	Erica Parkey, 35*, Des Moines, IA	1:25:50	8:35
117	28	Susanne Kennedy, 35*, Des Moines, IA	1:25:52	8:35
196	22	Scott Dean, 48, Des Moines, IA	1:25:53	8:35
118	24	Monica Atherton, 31*, Waukee, IA	1:25:57	8:36
119	15	Rewerts Erin, 42*, Nevada, IA	1:26:01	8:36
120	29	Tricia Crain, 39*, Nevada, IA	1:26:01	8:36
121	25	Kara Grupp, 33*, Ames, IA	1:26:11	8:37
197	34	Lance Stierman, 33, Des Moines, IA	1:26:15	8:37
122	26	Jill Halter, 30*, Baxter, IA	1:26:16	8:38
123	5	Joyce Holland, 52*, Des Moines, IA	1:26:18	8:38
198	13	Mike Clayton, 57, Ames, IA	1:26:23	8:38
124	8	Leah Tokheim, 48*, Johnston, IA	1:26:27	8:39
125	9	Kathy Hale, 48*, Bondurant, IA	1:26:32	8:39
199	23	Pete Bowen, 45, Bondurant, IA	1:26:33	8:39
126	16	Lisa Hovey, 41*, Urbandale, IA	1:26:37	8:40
127	10	Kris Robson, 46*, Urbandale, IA	1:26:38	8:40
128	27	Beth Sabers, 31*, Des Moines, IA	1:26:39	8:40
129	11	Dawn Wellman, 48*, Johnston, IA	1:26:40	8:40
130	17	Shanda Noonan, 41*, Ankeny, IA	1:26:42	8:40
200	13	David Friedgood, 63, W. Des Moines, IA	1:26:44	8:40
131	6	Kristi Gwin, 52*, Des Moines, IA	1:26:45	8:40
201	14	David McClung, 57, Des Moines, IA	1:26:45	8:40
202	18	Lance Johnston, 28, Ankeny, IA	1:26:48	8:41
203	28	Scott Meldrum, 39, Cambridge, IA	1:26:48	8:41
204	15	John Vujnovich, 58, Des Moines, IA	1:26:48	8:41
132	28	Stacia Weber, 32*, Ankeny, IA	1:26:49	8:41
133	30	Lori Henning, 35*, West Des Moines, IA	1:26:51	8:41
134	18	Dona Cretors, 42*, Grimes, IA	1:26:53	8:41
135	12	Rebecca Brannan, 47*, Urbandale, IA	1:26:57	8:42
136	7	Denise Charter-Jones, 51*, Urbandale, IA	1:26:57	8:42
137	29	Jennifer Harrington, 34*, Pella, IA	1:26:57	8:42
138	30	Karen Abbott, 33*, Des Moines, IA	1:26:59	8:42
205	43	Kraig Daugherty, 43, Indianola, IA	1:27:02	8:42
206	35	Matthew Petersen, 33, Ankenyaveankeny, IA	1:27:03	8:42
139	19	Jill Smith, 41*, Clive, IA	1:27:04	8:42
140	20	Maria Loder, 40*, Des Moines, IA	1:27:04	8:42
141	8	Mary Krause, 51*, West Des Moines, IA	1:27:05	8:42
207	29	Lance Castle, 38, West Des Moines, IA	1:27:06	8:43
208	24	Joe Hrdlicka, 46, West Des Moines, IA	1:27:07	8:43
209	19	Chris Fitzgerald, 28, Des Moines, IA	1:27:09	8:43
142	31	Jessica Stewart, 32*, West Des Moines, IA	1:27:10	8:43
210	25	Jeff Marks, 47, Des Moines, IA	1:27:13	8:43
211	44	Andy Klopstad, 41, Ames, IA	1:27:14	8:43
143	31	Amanda Bjornson, 35*, West Des Moines, IA	1:27:16	8:44
144	8	Nancy Harvey, 59*, Ankeny, IA	1:27:21	8:44
145	9	Diana Ronk, 50*, Des Moines, IA	1:27:32	8:45
146	32	Shonna Stevenson, 35*, Des Moines, IA	1:27:34	8:45
212	16	Lloyd Vanderkwaak, 55, Johnston, IA	1:27:37	8:46
147	21	Kelly Lentsch, 41*, West Des Moines, IA	1:27:44	8:46
148	22	Lisa Schwarte, 41*, West Des Moines, IA	1:27:44	8:46

213	36	Mike Israel, 31, Johnston, IA	1:27:45	8:46
149	32	Susie Menke, 31*, Ankeny, IA	1:27:48	8:47
214	14	Don Schoen, 60, Urbandale, IA	1:28:07	8:49
215	26	Jeff Logan, 46, Urbandale, IA	1:28:08	8:49
216	20	Keith Kistenmacher, 27, West Des Moines, IA	1:28:08	8:49
150	18	Stephanie Sissel, 26*, West Des Moines, IA	1:28:08	8:49
217	2	Dale Andres, 65, West Des Moines, IA	1:28:09	8:49
151	9	Elaine Van Dyck, 58*, Des Moines, IA	1:28:10	8:49
152	19	Darci Pratt, 29*, West Des Moines, IA	1:28:12	8:49
218	37	Patrick McClain, 30, Pleasant Hill, IA	1:28:19	8:50
219	30	Jonathan Russell, 36, Urbandale, IA	1:28:20	8:50
153	10	D. Peterson, 55*, Grimes, IA	1:28:24	8:50
154	20	Rebekah Clark-Bryner, 28*, Grinnell, IA	1:28:27	8:51
220	31	David Bower, 37, Des Moines, IA	1:28:29	8:51
155	23	Annika Cornelisse, 40*, Des Moines, IA	1:28:29	8:51
156	24	Jodi Runge, 42*, Des Moines, IA	1:28:31	8:51
157	13	Sue DeBartolo, 47*, Ankeny, IA	1:28:35	8:51
158	33	Alecia Rahn-Blakeslee, 39*, Ankeny, IA	1:28:36	8:52
159	12	Heather Fomon, 22*, West Des Moines, IA	1:28:36	8:52
221	38	Rob Barron, 33, Des Moines, IA	1:28:38	8:52
222	27	Bob Oakley, 48, West Des Moines, IA	1:28:46	8:53
160	25	Jennifer Jacobs, 41*, West Des Moines, IA	1:28:47	8:53
161	14	Jean Dingeman, 48*, Pella, IA	1:28:50	8:53
162	26	Elena Takla, 44*, West Des Moines, IA	1:29:03	8:54
163	34	Jaime Morgan, 36*, Clive,, Ia	1:29:05	8:54
164	33	Susan Huss, 32*, Clive, IA	1:29:06	8:55
165	10	Debboe Avitt, 51*, Des Moines, IA	1:29:07	8:55
166	13	Allison McNeal, 24*, Adel, IA	1:29:08	8:55
223	39	Craig Mouchka, 30, Newton, IA	1:29:09	8:55
224	40	Jess Vilsack, 34, Des Moines, IA	1:29:10	8:55
225	41	Robert Gainer, 33, West Des Moines, IA	1:29:10	8:55
226	45	Todd Loecke, 43, Urbandale, IA	1:29:11	8:55
167	21	Karla Walsh, 25*, Des Moines, IA	1:29:13	8:55
227	28	Jonathan Wickert, 48, Ames, IA	1:29:14	8:55
168	11	Kim Taylor, 51*, West Des Moines, IA	1:29:14	8:55
169	35	Theresa Newton, 38*, Dsm, IA	1:29:18	8:56
228	46	Brian Krueger, 41, Urbandale, IA	1:29:18	8:56
229	32	Jeffrey Fahrman, 35, Ankeny, IA	1:29:27	8:57
230	21	Peter Thayer, 29, Des Moines, IA	1:29:29	8:57
170	34	Brookann Redick, 32*, Des Moines, IA	1:29:30	8:57
171	27	Deb Anderson, 42*, Des Moines, IA	1:29:32	8:57
172	36	Keri Kain, 37*, Ames, IA	1:29:34	8:57
231	17	Jeff Damman, 50, Ankeny, IA	1:29:36	8:58
173	37	Liza Rogers, 36*, West Des Moines, IA	1:29:37	8:58
174	35	Courtney Behrens, 32*, West Des Moines, IA	1:29:42	8:58
175	28	Julie Peterson, 41*, Ames, IA	1:29:43	8:58
176	12	Jeannie Tison, 54*, Des Moines, IA	1:29:48	8:59
177	36	Erin Sawhill, 30*, Des Moines, IA	1:29:49	8:59
178	38	Megan Flynn Bickel, 35*, Des Moines, IA	1:29:51	8:59
232	15	Gene Behrens, 64, Des Moines, IA	1:29:53	8:59
179	39	Sarah Trosper, 38*, West Des Moines, IA	1:29:55	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
233	33	Tony Wagner, 36, Urbandale, IA	1:30:02	9:00
180	29	Stacie Fry, 42*, Des Moines, IA	1:30:12	9:01
234	29	Dennis Fry, 45, Des Moines, IA	1:30:13	9:01
235	42	Wyatt Myers, 34, Des Moines, IA	1:30:16	9:02
236	47	Jason Paulson, 41, Grimes, IA	1:30:19	9:02
237	43	Joshua Mandelbaum, 33, Des Moines, IA	1:30:23	9:02
181	37	Katherine Meeker, 31*, Ames, IA	1:30:23	9:02
182	22	Ashley Panno, 27*, Altoona, IA	1:30:23	9:02
183	23	Jennifer Howell, 28*, Newton, IA	1:30:24	9:02

238	34	Jeremy Pins, 37, West Des Moines, IA	1:30:28	9:03
184	15	Lisa Bruner, 46*, Pleasant Hill, IA	1:30:36	9:04
239	3	Larry Farrell, 65, Des Moines, IA	1:30:38	9:04
185	38	Deena Johnson, 33*, Des Moines, IA	1:30:45	9:04
186	39	Kirsten Garland, 31*, Clive, IA	1:30:49	9:05
240	22	Zack Sammelr, 29, Waukee, IA	1:30:50	9:05
241	44	Nate Sammler, 34, West Des Moines, IA	1:30:50	9:05
187	40	Tiffany Kragnes, 39*, West Des Moines, IA	1:30:53	9:05
188	41	Danna Pins, 36*, West Des Moines, IA	1:30:55	9:05
242	18	Cody Kilgore, 51, West Des Moines, IA	1:31:17	9:08
243	48	Nathan Schmidt, 43, Altoona, IA	1:31:26	9:09
189	30	Karmel Sueppel, 43*, West Des Moines, IA	1:31:29	9:09
244	30	Dan Holm, 47, Ankeny, IA	1:31:40	9:10
245	2	Austin Renes, 19, Ames, IA	1:31:49	9:11
190	42	Rhonda Potratz, 37*, Altoona, IA	1:31:52	9:11
191	31	Maria Davis, 43*, West Des Moines, IA	1:31:56	9:12
192	4	Adrienne Robinson, 16*, Des Moines, IA	1:31:59	9:12
246	19	Dan Schmitz, 50, Des Moines, IA	1:32:01	9:12
193	40	Jennifer Williams, 33*, Ankeny, IA	1:32:03	9:12
247	31	Mark Jackson, 48, Story City, IA	1:32:04	9:12
194	13	Jan Atchison, 53*, Rhodes, IA	1:32:05	9:12
195	16	Sally Weepie, 49*, Altoona, IA	1:32:06	9:13
248	20	Patrick Weepie, 51, Altoona, IA	1:32:06	9:13
196	11	Tomoko Yajima, 55*, Des Moines, IA	1:32:06	9:13
249	17	Richard Davis, 58, Jonesville, VA	1:32:23	9:14
197	17	Michelle Silliman, 45*, Winterset, IA	1:32:26	9:15
198	24	Christine Sailer, 28*, Ankeny, IA	1:32:27	9:15
250	18	David Ruggle, 59, Ames, IA	1:32:30	9:15
199	25	Beth Madison, 25*, Orient, IA	1:32:32	9:15
251	23	Lee Madison, 28, Orient, IA	1:32:32	9:15
200	43	Rachael Crane, 35*, West Des Moines, IA	1:32:35	9:15
201	41	Lauri Meythaler-Mullins, 34*, Des Moines, IA	1:32:38	9:16
252	45	Dan Mullins, 34, Des Moines, IA	1:32:39	9:16
202	14	Deb Hearn, 53*, Ames, IA	1:32:39	9:16
203	32	Tracy Nicholson, 40*, Ames, IA	1:32:47	9:17
204	42	Heather Klein, 31*, West Des Moines, IA	1:32:55	9:17
205	15	Ruth Comer, 50*, Chariton, IA	1:32:57	9:18
206	26	Sarah Haley, 27*, West Des Moines, IA	1:32:58	9:18
207	16	Cheryl Mendenhall, 50*, Des Moines, IA	1:33:03	9:18
253	46	Mathew Noble, 31, Des Moines, IA	1:33:04	9:18
254	47	Danny Beyer, 30, West Des Moines, IA	1:33:09	9:19
208	18	Barb Niemeyer, 47*, West Des Moines, IA	1:33:13	9:19
209	43	Corrine Wyma, 30*, Pella, IA	1:33:13	9:19
255	21	David Luers, 54, Fort Dodge, IA	1:33:18	9:20
256	3	Travis Dredske, 15, Des Moines, IA	1:33:19	9:20
257	48	Eric Rowley, 30, Des Moines, IA	1:33:19	9:20
210	44	Kelly Munter, 34*, Ankeny, IA	1:33:19	9:20
211	45	Melissa Starr, 32*, Ankeny, IA	1:33:20	9:20
212	19	Kimberly Cross, 49*, Des Moines, IA	1:33:21	9:20
258	22	Alex Van Wyk, 50, Des Moines, IA	1:33:22	9:20
259	19	John Moran, 55, Story City, IA	1:33:25	9:20
213	17	Sheryl Terlouw, 51*, Des Moines, IA	1:33:25	9:20
260	4	Gail Endres, 66, Ankeny, IA	1:33:37	9:22
261	49	Michael Riggs, 33, West Des Moines, IA	1:33:39	9:22
262	20	Dennis Cornelius, 58, Ankeny, IA	1:33:43	9:22
214	20	Marci Cordaro, 45*, Johnston, IA	1:33:43	9:22
263	49	Kelly Cordaro, 42, Johnston, IA	1:33:44	9:22
264	35	Dan McElroy, 39, West Des Moines, IA	1:33:45	9:22
215	46	Michelle Roozeboom, 34*, West Des Moines, IA	1:33:46	9:23
216	27	Amy Harland, 26*, Perry, IA	1:33:46	9:23
217	28	Kalee Gerdes, 25*, Des Moines, IA	1:33:48	9:23
218	21	Sarah DeAngelis, 46*, Des Moines, IA	1:33:58	9:24

219	12	Julia Batten, 56*, Carlisle, IA	1:34:00	9:24
220	33	Dotty Johnson, 42*, Urbandale, IA	1:34:00	9:24
265	50	Caleb Pike, 30, Des Moines, IA	1:34:00	9:24
266	21	Jack Siemieniec, 57, Des Moines, IA	1:34:02	9:24
221	44	Nikki Thies, 36*, West Des Moines, IA	1:34:06	9:25
222	47	Amber Augustine, 32*, Ankeny, IA	1:34:09	9:25
223	18	Mary Sue Crabtree, 52*, Des Moines, IA	1:34:13	9:25
224	22	Kathleen Jones, 45*, West Des Moines, IA	1:34:17	9:26
267	51	Brian O'Leary, 31, Des Moines, IA	1:34:30	9:27
225	45	Cori Peterson, 35*, Ames, IA	1:34:34	9:27
268	4	Ray Edwards, 17, Des Moines, IA	1:34:39	9:28
226	48	Tracy Warren, 30*, Grimes, IA	1:34:50	9:29
227	29	Danielle Kelloway, 29*, Grimes, IA	1:34:52	9:29
269	22	Praveen Prasad, 56, Clive, IA	1:34:53	9:29
228	19	Cheryl Murad, 53*, Urbandale, IA	1:34:56	9:30
229	46	Jamie Hackett, 36*, Waukee, IA	1:34:58	9:30
230	23	Patti Loonan, 47*, Des Moines, IA	1:34:59	9:30
231	30	Jamie Gilleland, 26*, Des Moines, IA	1:35:00	9:30
270	52	Randy Arnold, 32, Ankeny, IA	1:35:06	9:31
232	20	Gwen Johnston, 50*, Greenfield, IA	1:35:08	9:31
233	31	Constance Eshelman, 26*, West Des Moines, IA	1:35:08	9:31
234	47	Heather Curtis, 38*, Des Moines, IA	1:35:10	9:31
235	49	Molly Olsasky, 30*, Urbandale, IA	1:35:10	9:31
236	34	Jacqueline Harms, 43*, West Des Moines, IA	1:35:13	9:31
237	35	Jill Bartachek, 40*, Wdsm, IA	1:35:13	9:31
238	48	Jennifer Tiffany, 39*, Des Moines, IA	1:35:17	9:32
271	36	Tom Schultz, 37, Ames, IA	1:35:21	9:32
239	14	Erin Walker, 22*, Urbandale, IA	1:35:28	9:33
240	36	Andrea Corcoran, 43*, Des Moines, IA	1:35:30	9:33
272	32	Gary Davis, 49, Des Moines, IA	1:35:34	9:33
241	37	Katie Jensen, 40*, Clive, IA	1:35:38	9:34
242	21	Betsy Happe, 54*, Urbandale, IA	1:35:48	9:35
243	38	Ellen Franklin, 42*, Iowa City, IA	1:35:59	9:36
244	24	Lori Dawson-Weeks, 48*, Grimes, IA	1:36:24	9:38
245	50	Maura Miller, 34*, Ankeny, IA	1:36:46	9:41
246	51	Jenny Sanders, 32*, West Des Moines, IA	1:36:50	9:41
273	3	Larry Reed, 73, Ankeny, IA	1:36:51	9:41
247	5	Jordan Rhodes, 17*, Des Moines, IA	1:37:00	9:42
274	37	Paxton Bennett, 38, Des Moines, IA	1:37:00	9:42
275	23	Mark Hacker, 58, Iowa, IA	1:37:09	9:43
248	32	Kendra Cantelope, 26*, Indianola, IA	1:37:20	9:44
249	33	Betsy Schroeder, 28*, West Des Moines, IA	1:37:20	9:44
276	23	Steve Timmons, 52, Pleasantville, IA	1:37:30	9:45
277	24	Steve Shifflett, 54, Ames, IA	1:37:34	9:45
250	13	Susan Duoblys, 57*, Des Moines, IA	1:37:39	9:46
278	50	Jamie Lawler, 44, West Des Moines, IA	1:37:49	9:47
251	52	Molly Reel, 32*, Geneseo, IL	1:38:14	9:49
279	51	Sanctus Hsu, 42, Ankeny, IA	1:38:15	9:49
280	25	Stephen Cox, 52, Cambridge, IA	1:38:17	9:50
281	53	Adam Rogers, 33, West Des Moines, IA	1:38:29	9:51
252	14	Sue Wetsch, 58*, Van Meter, IA	1:38:34	9:51
282	16	Duane Osmun, 64, Creston, IA	1:38:39	9:52
253	39	Kathy Schramm, 44*, Clive, IA	1:38:44	9:52
254	53	Stephanie Mahaffey, 33*, Altoona, IA	1:38:50	9:53
255	25	Wendy Sontag, 49*, Ankeny, IA	1:38:52	9:53
256	49	Blanca Biede, 37*, West Des Moines, IA	1:38:53	9:53
257	22	Natalie Welter, 54*, Story City, IA	1:39:07	9:55
258	50	Shannon Clark, 35*, Pleasantville, IA	1:39:10	9:55
259	40	Melanie Loecke, 43*, Urbandale, IA	1:39:14	9:55
260	26	Sonya Studer Nelson, 45*, Clive, IA	1:39:15	9:55
261	27	Connie Kirvin, 45*, Urbandale, IA	1:39:15	9:55
262	51	Melinda Kuennen, 35*, West Des Moines, IA		

			1:39:15	9:55
283	38	Greg Jones, 38, Des Moines, IA	1:39:16	9:56
263	23	Carolyn Hill, 54*, W. Des Moines, IA	1:39:17	9:56
264	28	Paula Allison, 46*, Boone, IA	1:39:23	9:56
284	26	Terry Mitchell, 50, Waukee, IA	1:39:30	9:57
265	41	Colleen Bentzen, 42*, West Des Moines, IA		
			1:39:31	9:57
266	15	Jackie Kunnen, 56*, West Des Moines, IA	1:39:37	9:58
267	42	Kelly Roberson, 42*, Des Moines, IA	1:39:41	9:58
268	52	Amber Baybayan, 36*, Ankeny,, Ia	1:39:49	9:59
285	54	Matt Weis, 32, Elkhart, IA	1:39:50	9:59
269	43	Brenda Jackson, 40*, Waukee, IA	1:39:53	9:59
286	55	Andy Heggenstaller, 34, Des Moines, IA	1:39:53	9:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
287	24	Dennis Howard, 58, Des Moines, IA	1:40:02	10:00
270	53	Shani Wahl, 36*, Granger, IA	1:40:10	10:01
271	34	Krystal Berger, 27*, Des Moines, IA	1:40:11	10:01
272	35	Amy Zsenai, 26*, West Des Moines, IA	1:40:15	10:02
273	29	Caron Osberg, 47*, Urbandale, IA	1:40:20	10:02
288	33	James Arthur, 48, Des Moines, IA	1:40:22	10:02
274	16	Joyce Burch, 57*, Pella, IA	1:40:39	10:04
275	54	Rebecca Turner, 30*, Marshalltown, IA	1:40:41	10:04
276	55	Christina Hixson, 33*, Carlisle, IA	1:40:46	10:05
277	36	Rachel Amin, 26*, Waukee, IA	1:40:52	10:05
278	56	Carisa Lowe, 34*, Ankeny, IA	1:40:55	10:05
289	34	Joe Akers, 47, Grimes, IA	1:41:06	10:07
290	35	Gilberto Sosa, 48, Granger, IA	1:41:12	10:07
279	37	Brianna Damstetter, 27*, Des Moines, IA	1:41:12	10:07
280	38	Ashley Adams, 28*, Des Moines, IA	1:41:14	10:07
281	57	Stephanie Maher, 34*, Des Moines, IA	1:41:14	10:07
282	54	Jeni Sundermeyer, 37*, Pleasant Hill, IA	1:41:14	10:07
283	24	Mary Schrunck, 51*, Ames, IA	1:41:15	10:07
291	5	Bill Lawless, 69, Des Moines, IA	1:41:30	10:09
284	55	Meg Alessio, 35*, West Des Moines, IA	1:41:33	10:09
285	56	Beth Jones, 35*, West Des Moines, IA	1:41:33	10:09
286	58	Sarah Steinkamp, 33*, Norwalk, IA	1:42:15	10:13
287	59	Barbara Van Wyk, 30*, Des Moines, IA	1:42:16	10:14
292	4	Arlo Van Diest, 71, Webster City, IA	1:42:17	10:14
288	39	Nicole Pike, 29*, Des Moines, IA	1:42:26	10:15
293	5	Sam Elsbernd, 15, Des Moines, IA	1:42:30	10:15
289	57	Heather Carman, 35*, Des Moines, IA	1:42:38	10:16
294	25	Brian Anstedt, 55, Norwalk, IA	1:42:46	10:17
295	17	Earl Smith, 63, Des Moines, IA	1:42:48	10:17
290	25	Anita Grgrurich, 52*, Indianola, IA	1:43:04	10:18
291	58	Kate Rodriguez, 39*, Des Moines, IA	1:43:13	10:19
292	17	Gail Stelmacher, 58*, West Des Moines, IA		
			1:43:15	10:19
293	26	Linda Koele, 54*, Des Moines, IA	1:43:23	10:20
294	6	Nhat Duong, 16*, Des Moines, IA	1:43:27	10:21
295	7	Nhu Duong, 17*, Des Moines, IA	1:43:28	10:21
296	60	Nicole Schultz, 33*, Wes Des Moines, IA	1:43:29	10:21
296	52	Kevin Saunders, 40, Des Moines, IA	1:43:30	10:21
297	15	Alex Meyer, 23*, Ames, IA	1:43:39	10:22
298	8	Eleanor Davenport, 18*, Des Moines, IA	1:43:46	10:23
299	61	Erin Pederson, 33*, Ames, IA	1:43:47	10:23
297	27	Doug Oldenkamp, 51, West Des Moines, IA	1:43:47	10:23
298	39	Bill Kuehler, 36, Des Moines, IA	1:44:31	10:27
300	44	Sue Shivers, 43*, Ankeny, IA	1:44:32	10:27
299	26	Russ Laczniak, 56, Ames, IA	1:44:33	10:27
301	45	Teresa Strauss, 41*, Waukee, IA	1:44:53	10:29
302	62	Jeni Pulliam, 32*, Des Moines, IA	1:44:56	10:30
300	53	Todd Wirth, 41, Altoona, IA	1:45:05	10:30
303	63	Gina Gear, 32*, Urbandale, IA	1:45:24	10:32
304	46	Megan Wick, 40*, Clive, IA	1:45:24	10:32
301	40	Kris Hutchinson, 36, Bondurant, IA	1:45:31	10:33

305	64	Felicia Collison, 33*, Bondurant, IA	1:45:31	10:33
306	9	Krissy Markley, 17*, Windsor Heights, IA	1:45:42	10:34
302	28	Scott Franklin, 52, Urbandale, IA	1:45:43	10:34
307	47	Cindi Douglass, 41*, Des Moines, IA	1:45:49	10:35
308	30	Jill Oconnell, 49*, Urbandale, IA	1:46:11	10:37
309	40	Emily Burt, 28*, Des Moines, IA	1:46:22	10:38
310	27	Janet Hircock, 52*, Adel, IA	1:46:49	10:41
303	56	Brant Sharp, 34, Des Moines, IA	1:46:56	10:42
311	65	Heidi Sharp, 33*, Des Moines, IA	1:46:57	10:42
312	59	Terri Hogan, 37*, Ankeny, IA	1:46:58	10:42
313	60	Tiffany Chumbley, 35*, Milo, IA	1:47:42	10:46
314	16	Ashley Mayfield, 23*, Baxter, IA	1:47:42	10:46
315	41	Kristina Lanctot, 26*, Des Moines, IA	1:47:43	10:46
316	66	Katie Ochanpaugh, 33*, Cumming, IA	1:47:44	10:46
317	67	Courtney Brewer, 33*, Norwalk, IA	1:47:44	10:46
318	31	Sharon Turner, 49*, Milo, IA	1:47:47	10:47
319	1	Avis James, 66*, Urbandale, IA	1:48:14	10:49
320	42	Megan Hague, 28*, Des Moines, IA	1:48:15	10:49
321	43	Chelsey Wheeler, 28*, Clive, IA	1:48:15	10:49
322	48	Dixie Miller, 44*, Ankeny, IA	1:49:39	10:58
304	54	Mike Miller, 43, Carrol, IA	1:49:41	10:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
323	44	Kellee Wilson, 28*, Urbandale, IA	1:50:24	11:02
324	49	Becky Veach, 44*, Des Moines, IA	1:51:07	11:07
325	68	Adrienne Greenwald, 32*, Perry, IA	1:52:25	11:14
326	69	Sarah Hulgán, 32*, Perry, IA	1:52:26	11:15
327	10	Keeghan Corcoran, 16*, Des Moines, IA	1:59:03	11:54
305	6	Max Rice, 16, Des Moines, IA	1:59:03	11:54
328	1	Jane Rice, 14*, Des Moines, IA	1:59:38	11:58
329	70	Korrie Hoskins, 33*, Des Moines, IA	1:59:38	11:58
330	50	Gina Blaskovich, 40*, Des Moines, IA	1:59:40	11:58
331	61	Stephanie Mitchell, 39*, Clive, IA	1:59:40	11:58
306	36	Bill Rice, 45, Des Moines, IA	1:59:46	11:59
332	2	Brittany Nguyen, 14*, Des Moines, IA	1:59:46	11:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top				
333	71	Angie Miller, 33*, Ankeny, IA	2:00:36	12:04
334	62	Jessica Cleereman, 35*, Des Moines, IA	2:01:26	12:09
335	11	Rachel Challender, 17*, Des Moines, IA	2:01:33	12:09
336	12	Jori Jones, 16*, Des Moines, IA	2:01:34	12:09
337	72	Alyson Fleming, 34*, Des Moines, IA	2:01:36	12:10
338	51	Kristine Wirth, 43*, Altoona, IA	2:02:19	12:14
339	13	Bailee Person, 17*, West Des Moines, IA	2:02:32	12:15
340	73	Karla Bokhoven, 33*, Encinitas, CA	2:02:32	12:15
341	14	Ollivia Enos, 16*, Des Moines, IA	2:03:22	12:20
342	45	Emily Bollinger, 29*, Des Moines, IA	2:03:23	12:20
343	74	Lori Lincoln, 34*, Ankeny, IA	2:03:23	12:20
344	28	Lori Kiewel, 54*, Clive, IA	2:05:00	12:30
307	29	Brad Kiewel, 54, Clive, IA	2:05:01	12:30
345	75	Jill Carson, 30*, Des Moines, IA	2:07:35	12:45
346	15	Asana Zilk, 16*, Des Moines, IA	2:08:09	12:49
347	52	Maggie Rhodes, 40*, Des Moines, IA	2:08:10	12:49
348	29	Alisa Horn, 53*, Johnston, IA	2:08:46	12:53

* indicates females

4 finishers among Males (no age given)

6 finishers among Men 15 - 19

9 finishers among Men 20 - 24

23 finishers among Men 25 - 29

56 finishers among Men 30 - 34

40 finishers among Men 35 - 39

54 finishers among Men 40 - 44

36 finishers among Men 45 - 49

29 finishers among Men 50 - 54

26 finishers among Men 55 - 59

17 finishers among Men 60 - 64

5 finishers among Men 65 - 69

4 finishers among Men 70 & Up
2 finishers among Women Under 15
15 finishers among Women 15 - 19
16 finishers among Women 20 - 24
45 finishers among Women 25 - 29
75 finishers among Women 30 - 34
62 finishers among Women 35 - 39
52 finishers among Women 40 - 44
31 finishers among Women 45 - 49
29 finishers among Women 50 - 54
17 finishers among Women 55 - 59
1 finishers among Women 60 - 64
1 finishers among Women 65 - 69
309 male finishers
346 female finishers
655 total finishers

Return to [home page](#).