

Matt's Race - 10 Kilometer

Des Moines Waterworks Park - Iowa

[5K results here](#)

June 8, 2002

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"*" indicates females

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1		Dave Dixon, 32, Sioux City, IA	35:40	5:44
2	1	M19 Ameless Sinner, 24, Ames, IA	35:55	5:47
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 Top				
3	1	M40 Jeff Wubben, 41, Fort Dodge, IA	37:37	6:03
4	1	M30 James Randall, 30, Grinnell, IA	38:13	6:09
5	2	M30 Barry Breffle, 31, Marion, IA	38:28	6:11
6	2	M19 Nate Earhart, 22, West Des Moines, IA	38:41	6:13
7	3	M19 Derek McChurch, 21, Indianola, IA	39:05	6:17
8	3	M30 Doug Hammerand, 37, Carlisle, IA	39:07	6:18
9	4	M19 Sean Carlson, 24, Des Moines, IA	40:07	6:27
10	4	M30 John Bannantine, 36, Ames, IA	40:26	6:30
11	5	M19 Matthew Pross, 24, West Des Moines, IA	40:39	6:32
1		Jodi Smith, 23*, Ames, IA	40:43	6:33
12	5	M30 Brian Palmer, 33, Des Moines, IA	41:13	6:38
13	6	M30 Rich Bundy, 31, Ankeny, IA	41:30	6:41
14	7	M30 Lee Hill, 33, Des Moines, IA	42:30	6:50
15	2	M40 Tom Lynch, 40, Cedar Rapids, IA	42:38	6:52
16	8	M30 Troy Green, 30, Des Moines, IA	43:11	6:57
17	9	M30 John Chuster, 33, Ankeny, IA	43:20	6:58
18	10	M30 Dave Lenhart, 37, Ankeny, IA	43:25	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 Top				
2	1	W30 Jennifer Masini, 30*, Ames, IA	43:31	7:00
19	3	M40 Kevin Otte, 42, Clive, IA	43:48	7:03
3	2	W30 Kelly Bruns, 36*, Leon, IA	44:03	7:05
20	6	M19 Troy Matthaides, 22, Algona, IA	44:33	7:10
21	1	JrM Asa Ireland, 14, West Des Moines, IA	45:21	7:18
22	11	M30 Tim Gedler, 38, West Des Moines, IA	45:22	7:18
23	12	M30 Kary Schulte, 39, Des Moines, IA	45:28	7:19
24	7	M19 Thad Douglas, 29, Urbandale, IA	45:41	7:21
25	4	M40 Price Flanagan, 40, Des Moines, IA	47:05	7:35
26	13	M30 Michael Weno, 39, Cedar Falls, IA	47:18	7:37
4	3	W30 Cristen Vasquez, 31*, Clive, IA	47:40	7:40
27	14	M30 Anthony Cuevas, 36, Pleasant Hill, IA	48:17	7:46
28	8	M19 Pete Moore, 26, Ames, IA	48:22	7:47
5	1	W40 Beth Henriksen, 46*, Ames, IA	48:26	7:48
6	1	W19 Melanie Iler, 20*, Lake City, IA	48:49	7:51
7	2	W19 Erin Kouri, 25*, Urbandale, IA	49:11	7:55
29	9	M19 Jason Klein, 28, Des Moines, IA	49:25	7:57
30	10	M19 Colin Rafferty, 26, Ames, IA	49:31	7:58
31	15	M30 Ron Dycus, 32, Des Moines, IA	49:36	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 Top				
32	16	M30 Rob Blom, 31, Pella, IA	49:53	8:02
8	3	W19 Keri Badding, 26*, Des Moines, IA	49:59	8:02
9	4	W19 Robyn Badding, 22*, Des Moines, IA	49:59	8:03
33	17	M30 Marty Lester, 31, Bondurant, IA	50:06	8:04

34	1	M60 Ken Simons, 64	50:12	8:05
10	4	W30 Teresa Wells, 33*, Des Moines, IA	50:22	8:06
11	5	W30 Dee Mable, 37*, Urbandale, IA	50:36	8:08
12	6	W30 Beth Kruckenberg, 33*, Ames, IA	50:41	8:09
35	5	M40 Russ Cross, 48, Des Moines, IA	51:47	8:20
13	2	W40 Susan Reynolds, 44*, West Des Moines, IA	52:08	8:23
14	3	W40 Kris Saggau, 42*, West Des Moines, IA	52:08	8:23
15	5	W19 Dana Conner, 29*, Des Moines, IA	52:30	8:27
36	18	M30 Matt Meline, 34, Des Moines, IA	52:40	8:28
16	4	W40 Polly Glascock, 47*, Indianola, IA	52:47	8:30
37	19	M30 Paul Thorne, 34, Des Moines, IA	53:40	8:38
38	11	M19 Tim Anderson, 20, Altoona, IA	53:56	8:41
39	12	M19 Manni Balignasay, 22, Ankeny, IA	54:09	8:43
17	5	W40 Janet Malmberg, 42*, Des Moines, IA	54:10	8:43
40	1	M50 Steven Conlon, 50, West Des Moines, IA	54:14	8:44
41	2	JrM Benjamin Wiemers, 13, West Des Moines, IA	54:38	8:47
18	6	W40 Linda Frangenberg, 40*, Huxley, IA	55:12	8:53
42	20	M30 Sam Rizzuti, 38, Urbandale, IA	55:18	8:54
43	13	M19 Greg Wheeler, 29, West Des Moines, IA	55:46	8:58
44	21	M30 Darren Haan, 34, Ames, IA	55:47	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 Top				
19	6	W19 Colleen Kelly, 26*, Des Moines, IA	55:58	9:00
20	1	JrW Lauren Link, 14*, Des Moines, IA	56:02	9:01
21	7	W30 Jackie Cacciatore, 39*, Des Moines, IA	56:05	9:01
22	8	W30 Denise Hanklau, 39*, Ames, IA	56:08	9:02
45	22	M30 Jeff Wells, 35, Des Moines, IA	56:09	9:02
23	9	W30 Kay Smith, 35*, Des Moines, IA	56:31	9:06
46	14	M19 Mark Ludwick, 28, Ankeny, IA	56:32	9:06
24	10	W30 Wendy Highsmith, 39*, Ankeny, IA	56:32	9:06
25	7	W19 Abbie Blake, 23*, Indianola, IA	56:36	9:06
26	8	W19 Sara Luse, 23*, Des Moines, IA	56:37	9:07
27	11	W30 Lorrie Lockin, 38*, Des Moines, IA	57:27	9:15
28	9	W19 Christina Dehamer, 21*, Urbandale, IA	57:38	9:16
47	1	M15 Trevor Barrett, 17, Des Moines, IA	57:56	9:19
48	6	M40 David Weber, 48, Ames, IA	58:08	9:21
49	7	M40 Joseph Harrison, 41, Des Moines, IA	58:13	9:22
29	12	W30 Joy Carter, 30*, Des Moines, IA	58:22	9:24
30	13	W30 Jodi Jamison, 35*, Woodward, IA	58:23	9:24
31	14	W30 Lea Ann Flanagan, 37*, Des Moines, IA	58:50	9:28
32	15	W30 Lora Rogerson, 33*, Des Moines, IA	58:51	9:28
50	23	M30 Sean Frommelt, 32, Ankeny, IA	59:00	9:30
33	10	W19 Michelle Zeiser, 29*, Waukee, IA	59:14	9:32
51	2	M50 Thomas Kurt, 57, Ankeny, IA	59:42	9:36
34	11	W19 Denise Tuttle, 27*, Chariton, IA	1:00:03	9:40
35	12	W19 Jana Kuiper, 20*, Russell, IA	1:00:04	9:40
36	13	W19 Danielle Janke, 23*, Indianapolis, IN	1:00:44	9:46
37	14	W19 Christa Clark, 29*, Urbandale, IA	1:01:39	9:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 Top				
52	3	M50 Rick Hoyer, 50, West Des Moines, IA	1:02:23	10:02
38	15	W19 Marie Duskas, 28*, Urbandale, IA	1:03:35	10:14
39	7	W40 Linda Koele, 43*, Urbandale, IA	1:04:12	10:20
53	8	M40 Larry Pedersen, 45, West Des Moines, IA	1:05:50	10:36
54	2	M15 Christian Pedersen, 15, West Des Moines, IA	1:05:50	10:36
40	8	W40 Lori Brown, 43*, Des Moines, IA	1:05:57	10:37
55	24	M30 Sean Cihacek, 30, Des Moines, IA	1:06:31	10:42
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 Top				
41	1	W50 Penny Westfall, 53*, Van Meter, IA	1:08:41	11:03
42	16	W19 Victoria Harrison, 27*, Des Moines, IA	1:09:10	11:08
43	16	W30 Chaminie Wheeler, 30*, West Des Moines, IA	1:11:38	11:32

2 finishers among Men 14 & Under

2 finishers among Men 15 - 18

14 finishers among Men 19 - 29
24 finishers among Men 30 - 39
8 finishers among Men 40 - 49
3 finishers among Men 50 - 59
1 finishers among Men 60 & Up
1 finishers among Women 14 & Under
16 finishers among Women 19 - 29
16 finishers among Women 30 - 39
8 finishers among Women 40 - 49
1 finishers among Women 50 - 59
55 male finishers
43 female finishers
98 total finishers

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