

Mathew Mason Memorial Run - 10k overall

Results By  If you have questions [contact us here](#)
[2006 MATT'S RACE 5K Overall results here](#)

Place	Div/Tot	No.	Cat	Name	Age	Sex	City	St	5k	Spli	"chip"	*time*	Pace
1	1/8	800		Jacob Kaemmer	29	M					16:52	34:28	34:29 5:34
2	1/3	773		Aaron Wells	22	M	Runnells	IA	17:30		35:31	35:32	5:44
3	2/8	798		Alex White	25	M					18:19	37:17	37:18 6:01
4	3/8	728		Matt Hanawalt	25	M	Carroll	IA	18:54		37:29	37:31	6:03
5	1/1	750		Stephanie Mundt	15	F	Urbandale	IA	20:15		39:11	39:15	6:20
6	1/7	777		Anthony Cendana	30	M					19:57	39:31	39:34 6:23
7	1/2	782		Nathan Weimers	15	M					20:10	40:16	40:19 6:31
8	1/5	739		Dale Knoshaug	44	M	Des Moines	IA	20:23		41:03	41:05	6:38
9	2/3	727		Ryan Gratz	24	M	Farmington	IA	21:28		43:21	43:23	7:00
10	4/8	745		Derek McChurch	25	M	Des Moines	IA	21:28		43:21	43:23	7:00
11	5/8	721		John Ernst	28	M	Olathe	KS	22:36		43:23	43:38	7:03
12	1/9	789		Tami Prescott	39	F				21:51	43:40	43:43	7:03
13	1/9	793		Lee Hill	37	M						43:51	7:05
14	2/2	776		Benjamin Wiemers	17	M	West Des Moines	IA	21:18		43:51	43:56	7:06
15	2/7	751		Carl Noftsgar	32	M	Altoona	IA	21:50		44:07	44:12	7:08
16	1/10	735		Tara Inman	31	F	Granger	IA	22:59		44:37	44:42	7:13
17	1/8	760		Sally Sandberg	23	F	Cedar Rapids	IA	22:17		44:40	44:43	7:13
18	1/8	768		David Teachout	45	M	Des Moines	IA	22:22		44:44	44:49	7:14
19	2/9	801		Amy Burgess	35	F				22:50	44:55	45:07	7:17
20	3/7	736		Mitchel Inman	31	M	Granger	IA	22:59		45:04	45:08	7:17
21	2/9	811		Markia Davis	38	M				22:40	45:10	45:13	7:18
22	3/9	756		Rusty Ramseyer	35	M	Des Moines	IA	22:38		45:11	45:16	7:19
23	2/5	764		Larry Shaffer	42	M	West Des Moines	IA	22:56		45:55	46:00	7:26
24	2/8	790		Steven Wandro	49	M				22:43	46:24	46:29	7:30
25	1/1	748		Rose McKeever	50	F	Urbandale	IA	47:10		46:25	47:10	7:37
26	3/5	701		Joe Akers	41	M	Grimes	IA	24:20		47:34	47:51	7:44
27	3/8	763		Greg Seymour	47	M	Martensdale	IA	24:10		47:57	48:06	7:46
28	2/8	775		Samantha Wickard	20	F	Des Moines	IA	23:57		48:27	48:31	7:50
29	4/9	809		Mike Stults	35	M				23:59	48:46	48:49	7:53
30	4/7	794		Ryan Smidt	31	M				24:11	48:46	48:59	7:54
31	5/7	761		Robert Seyler	31	M	Des Moines	IA	24:52		48:54	49:01	7:55
32	1/5	717		Cheryl Dralle	28	F	Des Moines	IA	24:15		49:04	49:14	7:57
33	1/4	711		Dale Bunting	53	M	West Des Moines	IA	24:18		49:09	49:17	7:57
34	5/9	741		Dave Leever	36	M	Ankeny	IA	26:01		49:13	49:18	7:58
35	3/9	806		Beth Palmer	37	F				25:28	49:27	49:40	8:01
36	6/9	805		Brian Palmer	37	M				25:28	49:27	49:41	8:01
37	7/9	769		Tjay Tracy	35	M	West Des Moines	IA	24:34		49:51	49:57	8:04
38	4/8	783		Galyn Weimers	46	M				25:25	50:12	50:17	8:07
39	2/10	706		Meaghan Ayers-Perlowski	32	F	Des Moines	IA	26:04		50:44	50:51	8:13
40	2/4	738		John John	53	M	West Des Moines	IA	25:32		51:22	51:28	8:18
41	8/9	797		Kurt Niggemeyer	38	M				26:28	51:38	51:44	8:21
42	1/5	733		Sue Holden	41	F	Des Moines	IA	26:00		51:49	51:53	8:22
43	5/8	803		Joseph Henry	49	M				26:18	51:54	52:04	8:24
44	6/8	771		John Walker	28	M	West Des Moines	IA	25:40		52:03	52:06	8:25
45	3/10	780		Tiffany Koenig	33	F				26:36	52:10	52:13	8:26
46	2/5	772		Victoria Warner	25	F	Des Moines	IA	26:40		52:16	52:30	8:28
47	6/7	716		Michael Doyle-Scar	34	M	Des Moines	IA	26:54		52:27	52:38	8:30
48	1/2	159		Kristy Cain	45	F	Urbandale	IA	26:36		52:33	52:41	8:30
49	6/8	740		Mark Koskamp	47	M	Des Moines	IA	26:53		52:42	52:48	8:31
50	3/5	810		Kara Peterson	26	F				26:36	53:05	53:14	8:36
51	4/10	752		Erin Pearce	30	F	Urbandale	IA	27:46		53:50	54:13	8:45
52	7/8	710		Kevin Bui	29	M	Des Moines	IA	26:21		54:15	54:18	8:46
53	3/8	804		Caitlin Snodgrass	20	F				26:51	54:13	54:25	8:47
54	3/4	786		Dennis Gruss	52	M				27:38	54:48	54:58	8:52
55	2/5	796		Rebecca Campbell	44	F				27:25	55:09	55:13	8:55
56	4/9	700		Michele Abbott	35	F	Urbandales	IA	29:50		55:08	55:24	8:57
57	9/9	813		Scott McGlothlen	35	M				28:29	55:39	55:54	9:01

58	5/10	734	Melissa Holst	31	F Coralville	IA	29:23	55:47	55:57	9:02
59	8/8	724	Matt Getting	28	M Clive	IA	28:03	55:15	55:59	9:02
60	1/1	704	Marc Ayers	62	M Des Moines	IA	28:39	56:01	56:09	9:04
61	6/10	708	Kelli Brockmann	30	F West Des Moines	IA	28:59	56:25	56:48	9:10
62	1/1	755	Jake Powers	14	M Indianola	IA	29:45	56:37	57:03	9:13
63	2/2	322	Jennifer Seales	48	F Rhodes	IA	28:53	57:03	57:09	9:14
64	5/9	779	Jodi Jamison	39	F		28:29	57:07	57:31	9:17
65	6/9	754	Jodi Powers	35	F Indianola	IA	29:44	57:07	57:33	9:17
66	7/8	807	Lew Burrows	49	M		28:48	57:14	57:40	9:18
67	4/5	802	Teresa Polsono	27	F		29:25	57:28	57:48	9:20
68	4/4	703	Roger Andersen	51	M Ankeny	IA	28:51	58:09	58:18	9:25
69	7/10	792	Marie Puskas	32	F		29:36	58:09	58:34	9:27
70	8/10	762	Kim Seyler	33	F Des Moines	IA	29:58	58:39	58:47	9:29
71	7/7	743	Dennis Markway	33	M Urbandale	IA	28:57	58:22	58:47	9:29
72	7/9	781	Ann Evans	36	F		29:49	58:30	58:47	9:29
73	4/8	715	Abbey Crall	21	F Indianola	IA	30:49	58:28	58:57	9:31
74	3/5	723	Linda Frangenberg	44	F Huxley	IA	30:11	58:54	59:16	9:34
75	1/2	770	Steve Wacht	56	M Indianola	IA	30:40	58:51	59:17	9:34
76	1/1	705	Susan Ayers	55	F Des Moines	IA	29:59	59:16	59:25	9:35
77	5/8	276	Amy Pausley	20	F Des Moines	IA	29:58	59:40	59:48	9:39
78	6/8	726	Erin Gittens	23	F Des Moines	IA	29:37	1:00:10	1:00:27	9:45
79	4/5	712	Jackie Cacciatore	43	F Des Moines	IA	30:30	1:00:38	1:00:48	9:49
80	4/5	713	Paul Christiansen	42	M Des Moines	IA	30:19	1:01:02	1:01:17	9:54
81	5/5	732	Wendy Highsmith	42	F Ankeny	IA	29:59	1:01:11	1:01:21	9:54
82	8/9	758	Anne Rivett	39	F Johnston	IA	31:16	1:02:05	1:02:26	10:05
83	2/2	784	James Garwood	59	M		31:17	1:02:05	1:02:27	10:05
84	7/8	731	Krista Heenan	24	F Urbandale	IA	31:23	1:02:22	1:02:34	10:06
85	9/10	460	Heather Hudson	34	F		33:41	1:05:07	1:05:22	10:33
86	10/10	812	Roxanne McGlothlen	30	F		33:41	1:05:09	1:05:24	10:33
87	8/8	765	Lindsey Shoop	21	F Central City	IA	35:10	1:12:33	1:12:47	11:45
88	3/3	742	Kevin Luke	22	M Central City	IA	35:10	1:12:33	1:12:48	11:45

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