

KNSA Turkey Trot *** 5K Run *** Overall & Divisions

Event: 5K Run

Date: Saturday, November 05, 2016

Location: Cedar Rapids

Weather: Cool 55°

Overall and Age Divisions

Results By: On The Run Race Timing Race

Video [17:31](#) Click On Your Name to see yourself cross the Finish line!

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Adam Kassem, M27	Cedar Rapids, IA	17:46	5:43/M	17:46	5:43/M
2	1	1 OVF	Alice Anderson, F34	Marion, IA	19:45	6:21/M	19:45	6:21/M
3	2	2 OVM	Michael Tierney, M29	Cedar Rapids, IA	20:32	6:36/M	20:31	6:36/M
4	3	3 OVM	Wes Hilleshiem, M39	Marion, IA	21:39	6:58/M	21:34	6:56/M
5	2	2 OVF	Claire Iversen, F18	Robins, IA	22:49	7:21/M	22:48	7:20/M
6	4		Ken Wright, M48	Cedar Rapids, IA	22:55	7:23/M	22:49	7:21/M
7	5		Bradley Flaucher, M29	Davenport, IA	23:14	7:29/M	23:12	7:28/M
8	6		Andy Hartz, M57	Blairstown, IA	23:19	7:30/M	23:17	7:30/M
9	7		Alex Anderson, M27	Cedar Rapids, IA	24:47	7:59/M	24:46	7:58/M
10	3	3 OVF	Julia Benhour, F21	North Liberty, IA	24:54	8:01/M	24:50	8:00/M
11	8		Pete Iversen, M52	Robins, IA	25:15	8:08/M	25:12	8:07/M
12	4		Amy Kassem, F28	Cedar Rapids, IA	25:54	8:20/M	25:53	8:20/M

13	5	Ashleigh Tierney, F29	Cedar Rapids, IA	27:29	8:51/M	27:21	8:48/M
14	9	Tim Cahill, M49	Lisbon, IA	27:35	8:53/M	27:28	8:50/M
15	6	Molly Iversn, F52	Robins, IA	27:36	8:53/M	27:32	8:52/M
16	10	Erik Isenhour, M29	Cedar Rapids, IA	28:22	9:08/M	28:07	9:03/M
17	11	Dan Tucker, M65	Cedar Rapids, IA	28:23	9:08/M	28:22	9:08/M
18	7	Kim Pritts, F48	Cedar Rapids, IA	28:26	9:09/M	28:18	9:07/M
19	8	Shea McMahon, F27	Cedar Rapids, IA	28:46	9:16/M	28:43	9:15/M
20	12	Roger Arechiga, M72	Cedar Rapids, IA	29:29	9:29/M	29:25	9:28/M
21	9	Lois Cahill, F57	Lisbon, IA	32:26	10:26/M	32:17	10:24/M
22	10	Tina Moscatel, F22	Iowa City, IA	36:27	11:44/M	36:24	11:43/M
23	11	Dianne Hayes, F54	Iowa City, IA	38:37	12:26/M	38:36	12:25/M
24	12	Debby Prideaux, F63	Marion, IA	39:08	12:36/M	38:58	12:33/M
25	13	Matthew Schwarz, M38	Cedar Rapids, IA	39:44	12:47/M	39:36	12:45/M
26	13	Catie Flaucher, F24	Tipton, IA	40:38	13:05/M	40:28	13:02/M
27	14	Beth Flaucher, F50	Independence, IA	40:54	13:10/M	40:45	13:07/M
28	14	Jordan Robinson, M13	North Liberty, IA	41:23	13:19/M	41:19	13:18/M
29	15	Christopher Nair, M13	North Liberty, IA	41:25	13:20/M	41:22	13:19/M
30	15	Sree Nair, F24	North Liberty, IA	43:07	13:53/M	43:03	13:51/M
31	16	Amy Tierney, F34	Swisher, IA	44:43	14:24/M	44:33	14:20/M
32	17	Bailey Watters, F22	Cedar Rapids, IA	45:06	14:31/M	45:03	14:30/M
33	18	Holly Schwarz, F37	Cedar Rapids, IA	49:25	15:54/M	49:18	15:52/M
34	16	Robert Demastus, M31	Marion, IA	51:58	16:44/M	51:42	16:38/M
35	19	Mable Demastus, F26	Marion, IA	52:10	16:47/M	51:52	16:42/M
36	20	Kathryn Dolter, F60	Dubuque, IA	52:18	16:50/M	51:58	16:44/M
37	17	Robert Alsaker, M38	North Liberty, IA	52:25	16:52/M	52:07	16:47/M
38	21	Nicole Alsaker, F36	North Liberty, IA	52:36	16:56/M	52:17	16:50/M
39	22	Michelle Kreutner, F36	Cedar Rapids, IA	55:29	17:52/M	55:23	17:50/M

40	18	Jeff Collier, M35	Cedar Rapids, IA	55:30	17:52/M	55:22	17:49/M
41	23	Tori Benhour, F27	North Liberty, IA	56:34	18:13/M	56:20	18:08/M
42	24	Taylor Smith, F66	Cedar Rapids, IA	56:35	18:13/M	56:21	18:08/M
43	25	Jessica Maurer, F42	Walford, IA	56:55	18:19/M	56:49	18:17/M
44	26	Becky Cline, F61	Marion, IA	57:46	18:35/M	57:34	18:32/M
45	27	Jamie Larson, F29	Cedar Rapids, IA	57:46	18:36/M	57:36	18:32/M
46	28	Meghan Gebhart, F37	Marion, IA	57:46	18:36/M	57:35	18:32/M

Overall and Age Divisions

Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
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Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
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