

Race For Wellness 2011***5K Run***Overall Report

Event: 5K Run

Date: Saturday, November 05, 2011

Location: Marion, Ia

Weather: Cool 45°

Age Group [results here](#)

Results By: Jeff Mullen

<u>Place</u>	<u>Gender</u>	<u>Div</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace</u>
1	1	1	OvM Marty Gingerich, M48	Parnell, IA	20:04	6:27/M
2	2	2	OvM Jordan Breffle, M17	Cedar Rapids, IA	20:50	6:42/M
3	1	1	OvF Alice Anderson, F29	Marion, IA	21:01	6:46/M
4	3	3	OvM John Rogers, M40	CEDAR RAPIDS, IA	21:24	6:53/M
5	4	1	JrM Alex Karamitros, M13	Cedar Rapids, IA	21:45	7:00/M
6	5	1	M18 Luke Schreder, M24	Cedar Rapids, IA	21:52	7:02/M
7	6	2	JrM Sanjay Sudhir, M17	Cedar Rapids, IA	22:10	7:08/M
8	7	3	JrM Josh Waroer, M15	Robins, IA	22:28	7:14/M
9	8	1	M31 Larry Allbones, M39	center point, IA	22:29	7:14/M
10	9	2	M18 Clayton Besong, M23	Cedar Rapids, IA	22:30	7:14/M
11	10	4	JrM Etienne Nzoyisaba, M17	Cedar Rapids, IA	23:27	7:33/M
12	11	5	JrM David Hynek, M17	Cedar Rapids, IA	23:33	7:35/M
13	2	2	OvF Natalie Ertz, F17	Center Point, IA	23:40	7:37/M
14	12	2	M31 Glen Rickey, M47	Robins, IA	23:46	7:39/M
15	3	3	OvF Katie Wampole, F16	Cedar Rapids, IA	23:49	7:40/M

16	4	1	JrF	Allison Culver, F15	Cedar Rapids, IA	23:52	7:41/M
17	13	6	JrM	Nate Schmidt, M13	Springville, IA	24:11	7:47/M
18	14	3	M31	Eric Mueller, M46	Marion, IA	24:35	7:54/M
19	5	1	F31	Chantelle Sieren, F33	Robins, IA	24:42	7:57/M
20	6	2	JrF	Sarah Manders, F16	Cedar Rapids, IA	24:46	7:58/M
21	15	4	M31	Mike Walker, M42	Cedar Rapids, IA	24:47	7:58/M
22	7	1	F18	Chelsee Shortt, F23	Cedar Rapids, IA	24:48	7:59/M
23	8	2	F31	Tracy Jandik, F50	Robins, IA	24:51	8:00/M
24	16	5	M31	Brent Estrem, M36	Ankeny, IA	24:53	8:00/M
25	17	6	M31	Matt Mcdowell, M32	Center Point, IA	24:54	8:01/M
26	18	7	M31	Middle Berg, M47	Cedar Rapids, IA	25:04	8:04/M
27	9	3	JrF	Alisse Daffinrud, F16	Robins, IA	25:12	8:06/M
28	10	3	F31	Jennifer Mccluskey, F31	Cedar Rapids, IA	25:17	8:08/M
29	19	1	M51	Doug Lord, M56	Lisbon, IA	25:19	8:08/M
30	11	2	F18	Deborah Ryan, F30	Cedar Rapids, IA	25:22	8:09/M