

Cure SMA *** 5K Run *** Overall & Divisions

Event: 5K Run

Date: Friday, August 05, 2016

Location: Cascade, IA

Weather: Sunny, 65% Humidity, Wind NNW
10-15mph & 75°

[Overall and Age Divisions](#)

Results By: Andrew Kauder, Kauder Racing

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Zach Frey, M22	Cascade, IA	18:37	6:00/M
2	2	1 JRM	Conor Otting, M18	Cascade, IA	20:35	6:37/M
3	3	2 JRM	Derek Koppes, M16	Cascade, IA	21:27	6:54/M
4	1	1 OVF	Kylie Kelchen, F18	Cascade, IA	21:39	6:58/M
5	4	1 M20	Riley Demmer, M22	Peosta, IA	22:07	7:07/M
6	2	1 F30	Ashley Monroe, F30	Cascade, IA	22:41	7:18/M
7	5	1 M40	Doug Noonan, M44	Cascade, IA	22:50	7:21/M
8	3	1 JRF	Maddy Kelchen, F15	Cascade, IA	22:55	7:23/M
9	4	2 JRF	Maddie Rhomberg, F15	Cascade, IA	23:00	7:24/M
10	5	3 JRF	Becca McDermott, F17	Cascade, IA	23:00	7:24/M
11	6	1 M50	Douglas Frey, M57	Cascade, IA	23:16	7:29/M
12	7	3 JRM	Cain Hoffman, M17	Cascade, IA	23:20	7:31/M
13	6	4 JRF	Marie Knepper, F15	Cascade, IA	23:34	7:35/M
14	8	2 M40	Pat Henneberry, M47	Dubuque, IA	23:40	7:37/M
15	9	3 M40	Jake Boyle, M41	Cedar Rapids, IA	23:51	7:41/M
16	7	1 F40	Anne Kauder, F49	Cascade, IA	24:22	7:51/M
17	10	4 M40	Matt Nauman, M47	Cascade, IA	24:29	7:53/M
18	11	1 M30	Shawn Dolphin, M37	Cascade, IA	24:42	7:57/M
19	12	2 M20	Samuel McDermott, M20	Cascade, IA	24:47	7:59/M
20	13	4 JRM	Carson Nauman, M13	Cascade, IA	24:47	7:59/M
21	14	5 JRM	Justin McDermott, M18	Cascade, IA	25:17	8:08/M

22	8	5 JRF	Rachel McDermott, F18	Cascade, IA	25:18	8:08/M
23	15	6 JRM	Isaac Casey, M14	Cascade, IA	25:22	8:10/M
24	9	2 F30	Jenny Johnson, F33	Cascade, IA	26:00	8:22/M
25	10	3 F30	Cora Boyle, F34	Cedar Rapids, IA	26:15	8:27/M
26	16	2 M30	Jacob Brindle, M36	Cascade, IA	26:25	8:30/M
27	17	7 JRM	Cooper Rausch, M19	Cascade, IA	26:28	8:31/M
28	11	4 F30	Karla Trumm, F36	Cascade, IA	26:37	8:34/M
29	18	8 JRM	Kasch McAllister, M8	Cascade, IA	26:54	8:40/M
30	12	2 F40	Charity Rausch, F42	Cascade, IA	26:55	8:40/M
31	19	3 M30	Ross Monroe, M31	Cascade, IA	26:59	8:41/M
32	20	4 M30	Jake Supple, M38	Hopkinton, IA	27:01	8:42/M
33	13	5 F30	Laura Ryan, F30	Cascade, IA	27:03	8:43/M
34	14	6 JRF	Rachel Rhomberg, F13	Cascade, IA	27:08	8:44/M
35	15	7 JRF	Emma Ostwinkle, F13	Cascade, IA	27:08	8:44/M
36	16	8 JRF	Anna McDermott, F13	Cascade, IA	27:08	8:44/M
37	17	1 F20	Kara Hosch, F29	Cascade, IA	27:48	8:57/M
38	21	5 M40	Ryan Topping, M41	Cascade, IA	28:00	9:01/M
39	18	2 F20	Maggie McElmeel, F22	Cascade, IA	28:00	9:01/M
40	19	6 F30	Kelly Dolphin, F33	Cascade, IA	28:01	9:01/M
41	20	9 JRF	Skylar Dolphin, F14	Cascade, IA	28:32	9:11/M
42	21	10 JRF	Devin Simon, F11	Cascade, IA	28:37	9:13/M
43	22	3 F20	Michelle Gehl, F22	Cascade, IA	28:38	9:13/M
44	23	7 F30	Jackie McAllister, F32	Cascade, IA	29:05	9:22/M
45	24	11 JRF	Addison Trumm, F11	Cascade, IA	29:38	9:32/M
46	25	8 F30	Erin Kleitsch, F33	Cascade, IA	29:38	9:32/M
47	22	9 JRM	Eli Schlemme, M8	Cascade, IA	29:49	9:36/M
48	23	10 JRM	Ty Kelchen, M13	Cascade, IA	30:24	9:47/M
49	24	2 M50	Pat Weber, M50	Cascade, IA	30:27	9:48/M
50	25	6 M40	Darren Manternach, M48	Cascade, IA	31:35	10:10/M
51	26	3 F40	Mollie Bergfeld, F49	Cascade, IA	32:03	10:19/M
52	26	11 JRM	Darby Callahan, M18	Bernard, IA	32:17	10:24/M
53	27	12 JRM	Tanner Topping, M8	Cascade, IA	33:01	10:38/M
54	27	12 JRF	Hallie Kelchen, F8	Cascade, IA	33:09	10:40/M
55	28	4 F40	Sherry Kelchen, F41	Cascade, IA	33:09	10:40/M
56	29	13 JRF	Kyra Kauder, F8	Cedar Rapids, IA	33:16	10:42/M
57	30	9 F30	Angie Supple, F35	Hopkinton, IA	33:37	10:49/M
58	31	14 JRF	Margo Rausch, F19	Cascade, IA	34:33	11:07/M
59	32	15 JRF	Grace Rhomberg, F11	Cascade, IA	34:33	11:07/M
60	33	10 F30	Tara Smith, F38	Cascade, IA	34:56	11:14/M
61	34	11 F30	Erin Heims, F32	Peosta, IA	34:57	11:15/M
62	28	13 JRM	Bradley Dolphin, M8	Cascade, IA	35:19	11:22/M
63	35	16 JRF	Lilly Topping, F12	Cascade, IA	35:25	11:24/M
64	36	17 JRF	Claudia Noonan, F10	Bernard, IA	35:37	11:28/M
65	37	18 JRF	Anna Manternach, F10	Cascade, IA	37:26	12:03/M
66	38	19 JRF	Issie Rhomberg, F9	Cascade, IA	38:28	12:23/M
67	39	20 JRF	Maria McCarthy, F9	Cascade, IA	38:31	12:24/M

68	40	21 JRF	Ella Nauman, F9	Cascade, IA	38:31	12:24/M
69	41	22 JRF	Finley Casey, F6	Cascade, IA	38:55	12:31/M
70	29	3 M50	Scott Schlemme, M54	Cascade, IA	40:58	13:11/M
71	42	4 F20	Reagan Rausch, F22	Cascade, IA	41:15	13:17/M
72	43	23 JRF	Ada Casey, F11	Cascade, IA	43:48	14:06/M
73	44	24 JRF	Laura Rollinger, F11	Cascade, IA	43:48	14:06/M
74	30	14 JRM	Krue Jobgen, M7	Cascade, IA	47:48	15:23/M
75	31	15 JRM	Colin Schlemme, M7	Cascade, IA	47:51	15:24/M
76	45	1 F50	Kathy Beck, F58	Cascade, IA	48:20	15:33/M
77	32	16 JRM	Charlie Thole, M8	Cascade, IA	50:39	16:18/M
78	33	17 JRM	Tyler Smith, M9	Cascade, IA	50:40	16:19/M
79	34	18 JRM	Brady Schlemme, M8	Cascade, IA	51:52	16:42/M
80	46	5 F20	Samantha Thole, F27	Cascade, IA	52:13	16:48/M

Overall and Age Divisions

Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Zach Frey, M22	Cascade, IA	18:37	6:00/M

Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Kylie Kelchen, F18	Cascade, IA	21:39	6:58/M

M[19 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Conor Otting, M18	Cascade, IA	20:35	6:37/M
2	Derek Koppes, M16	Cascade, IA	21:27	6:54/M
3	Cain Hoffman, M17	Cascade, IA	23:20	7:31/M
4	Carson Nauman, M13	Cascade, IA	24:47	7:59/M
5	Justin McDermott, M18	Cascade, IA	25:17	8:08/M
6	Isaac Casey, M14	Cascade, IA	25:22	8:10/M
7	Cooper Rausch, M19	Cascade, IA	26:28	8:31/M
8	Kasch McAllister, M8	Cascade, IA	26:54	8:40/M
9	Eli Schlemme, M8	Cascade, IA	29:49	9:36/M
10	Ty Kelchen, M13	Cascade, IA	30:24	9:47/M
11	Darby Callahan, M18	Bernard, IA	32:17	10:24/M
12	Tanner Topping, M8	Cascade, IA	33:01	10:38/M
13	Bradley Dolphin, M8	Cascade, IA	35:19	11:22/M
14	Krue Jobgen, M7	Cascade, IA	47:48	15:23/M
15	Colin Schlemme, M7	Cascade, IA	47:51	15:24/M

16	Charlie Thole, M8	Cascade, IA	50:39	16:18/M
17	Tyler Smith, M9	Cascade, IA	50:40	16:19/M
18	Brady Schlemme, M8	Cascade, IA	51:52	16:42/M

F[19 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Maddy Kelchen, F15	Cascade, IA	22:55	7:23/M
2	Maddie Rhomberg, F15	Cascade, IA	23:00	7:24/M
3	Becca McDermott, F17	Cascade, IA	23:00	7:24/M
4	Marie Knepper, F15	Cascade, IA	23:34	7:35/M
5	Rachel McDermott, F18	Cascade, IA	25:18	8:08/M
6	Rachel Rhomberg, F13	Cascade, IA	27:08	8:44/M
8	Anna McDermott, F13	Cascade, IA	27:08	8:44/M
7	Emma Ostwinkle, F13	Cascade, IA	27:08	8:44/M
9	Skylar Dolphin, F14	Cascade, IA	28:32	9:11/M
10	Devin Simon, F11	Cascade, IA	28:37	9:13/M
11	Addison Trumm, F11	Cascade, IA	29:38	9:32/M
12	Hallie Kelchen, F8	Cascade, IA	33:09	10:40/M
13	Kyra Kauder, F8	Cedar Rapids, IA	33:16	10:42/M
14	Margo Rausch, F19	Cascade, IA	34:33	11:07/M
15	Grace Rhomberg, F11	Cascade, IA	34:33	11:07/M
16	Lilly Topping, F12	Cascade, IA	35:25	11:24/M
17	Claudia Noonan, F10	Bernard, IA	35:37	11:28/M
18	Anna Manternach, F10	Cascade, IA	37:26	12:03/M
19	Issie Rhomberg, F9	Cascade, IA	38:28	12:23/M
20	Maria McCarthy, F9	Cascade, IA	38:31	12:24/M
21	Ella Nauman, F9	Cascade, IA	38:31	12:24/M
22	Finley Casey, F6	Cascade, IA	38:55	12:31/M
23	Ada Casey, F11	Cascade, IA	43:48	14:06/M
24	Laura Rollinger, F11	Cascade, IA	43:48	14:06/M

M[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Riley Demmer, M22	Peosta, IA	22:07	7:07/M
2	Samuel McDermott, M20	Cascade, IA	24:47	7:59/M

F[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Kara Hosch, F29	Cascade, IA	27:48	8:57/M
2	Maggie McElmeel, F22	Cascade, IA	28:00	9:01/M
3	Michelle Gehl, F22	Cascade, IA	28:38	9:13/M
4	Reagan Rausch, F22	Cascade, IA	41:15	13:17/M
5	Samantha Thole, F27	Cascade, IA	52:13	16:48/M

M[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Shawn Dolphin, M37	Cascade, IA	24:42	7:57/M
2	Jacob Brindle, M36	Cascade, IA	26:25	8:30/M
3	Ross Monroe, M31	Cascade, IA	26:59	8:41/M
4	Jake Supple, M38	Hopkinton, IA	27:01	8:42/M

F[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Ashley Monroe, F30	Cascade, IA	22:41	7:18/M
2	Jenny Johnson, F33	Cascade, IA	26:00	8:22/M
3	Cora Boyle, F34	Cedar Rapids, IA	26:15	8:27/M
4	Karla Trumm, F36	Cascade, IA	26:37	8:34/M
5	Laura Ryan, F30	Cascade, IA	27:03	8:43/M
6	Kelly Dolphin, F33	Cascade, IA	28:01	9:01/M
7	Jackie McAllister, F32	Cascade, IA	29:05	9:22/M
8	Erin Kleitsch, F33	Cascade, IA	29:38	9:32/M
9	Angie Supple, F35	Hopkinton, IA	33:37	10:49/M
10	Tara Smith, F38	Cascade, IA	34:56	11:14/M
11	Erin Heims, F32	Peosta, IA	34:57	11:15/M

M[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Doug Noonan, M44	Cascade, IA	22:50	7:21/M
2	Pat Henneberry, M47	Dubuque, IA	23:40	7:37/M
3	Jake Boyle, M41	Cedar Rapids, IA	23:51	7:41/M
4	Matt Nauman, M47	Cascade, IA	24:29	7:53/M
5	Ryan Topping, M41	Cascade, IA	28:00	9:01/M
6	Darren Manternach, M48	Cascade, IA	31:35	10:10/M

F[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Anne Kauder, F49	Cascade, IA	24:22	7:51/M
2	Charity Rausch, F42	Cascade, IA	26:55	8:40/M
3	Mollie Bergfeld, F49	Cascade, IA	32:03	10:19/M
4	Sherry Kelchen, F41	Cascade, IA	33:09	10:40/M

M[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Douglas Frey, M57	Cascade, IA	23:16	7:29/M

2	Pat Weber, M50	Cascade, IA	30:27	9:48/M
3	Scott Schlemme, M54	Cascade, IA	40:58	13:11/M

F[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Kathy Beck, F58	Cascade, IA	48:20	15:33/M

Return to [home page](#)

Printed on: 8/5/2016 8:12:27 PM Results by:
Andrew Kauder, Kauder Racing
