



Run For Your Life 10 km

Water Works Park, Des Moines, IA

Aug. 25, 2012

71 degrees, overcast
Results by Michael Franke
5K results [here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

The first two runners (one male and one female) were **inadvertantly directed the wrong way** and this caused them to run a short course by almost precisely 1/2 mile. They had enough of a lead that they would have been the overall winners even had they "jogged" that half mile so we gave them the win anyway. It was a race officials decision to do this. We apologize for the mix-up and hope everyone had a good experience.

PLACE	CLASS	FINISHER	TIME	PACE	Est. corrected time
1	1 M30	Daniel Blondowski, 38, Johnston, IA	35:43	5:45	38:38
1	1 W30	Anna Bergmen, 35*, Dm, IA	35:48	5:46	38:43
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top					
2	2 M30	Anthony Hartman, 34, Singapore	42:31	6:50	
3	3 M30	Shawn Kleckner, 37, Ogden, IA	43:17	6:58	
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top					
2	2 W30	Andrea Rothrock, 30*, Ankeny, IA	44:00	7:05	
4	1 M60	Art Barton, 63, Ames, IA	46:17	7:27	
5	1 M19	Jason Collins, 29, Dm, IA	46:35	7:30	
3	1 JrW	Alicia Manning, 18*, Urbandale, IA	48:08	7:45	
6	1 M40	David Desing, 49, Urbandale, IA	48:13	7:45	
7	4 M30	Kenny Nedder, 37, Pella, IA	48:21	7:47	
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top					
4	1 W19	Amanda Green, 24*, Dm, IA	49:47	8:01	
5	3 W30	Rhonda Potratz, 37*, Altoona, IA	51:55	8:21	
8	2 M40	Scott Deam, 48, Dm, IA	52:50	8:30	
6	2 W19	Kassie Katzer, 29*, Dm, IA	52:53	8:31	
9	1 M50	Patrick Weepie, 51, Altoona, IA	53:43	8:39	
7	3 W19	Rachel Davies, 27*, Clive, IA	53:45	8:39	
8	1 W40	Dawn Statton, 40*, Wdm, IA	54:46	8:49	
9	2 W40	Sally Weepie, 49*, Altoona, IA	54:57	8:51	
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top					
10	2 M50	Jeff Feder, 51, Norwalk, IA	55:57	9:00	
11	5 M30	Calen Foster, 32, Ankeny, IA	56:07	9:02	
12	3 M50	Scott Franklin, 52, Urbandale, IA	56:50	9:09	
10	4 W30	Ana Allen, 39*, Wdm, IA	57:05	9:11	
11	1 W50	Barbara Hale, 58*, Ankeny, IA	57:30	9:15	
13	4 M50	Praveen Prasad, 56, Clive, IA	58:35	9:26	
12	4 W19	Angela Foster, 28*, Ankeny, IA	58:36	9:26	
13	5 W30	Jolene Hull, 30*, Dm, IA	59:29	9:34	
14	5 W19	Kalee Gerdes, 25*, Dm, IA	59:58	9:39	
15	6 W30	Traci Shogren-Knaak, 39*, Ames, IA	1:00:17	9:42	
16	2 W50	Tammy Toth, 51*, Ames, IA	1:00:18	9:42	
17	6 W19	Amy Haland, 26*, Perry, IA	1:00:30	9:44	
14	2 M60	Allan Goldberg, 62, Dm, IA	1:01:09	9:50	
18	3 W50	Julie Younger, 53*, Ankeny, IA	1:01:11	9:51	
19	4 W50	Jackie Kunnen, 56*, Wdm, IA	1:01:38	9:55	
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 Top					
20	7 W30	Sarah Vermilyea, 30*, Milwaukee, WI	1:03:47	10:16	