

Tall Corn Days 5K Run/Walk: Sioux Rapids, IA July 27, 2013

139 Registered; 129 Starters; 128 Finishers; Weather at 8:00 a.m. start: Clear, 62 degrees.

Rankings

Name	Age	Time	
14 & Under Results – Women's 5K			
1. Brown, Mackenzie	W12	25:04.86	
2. Rix, Laura	W13	38:31.67	
3. Lansink, Melissa	W14	38:32.17	
4. Casey, Kendra	W 8	40:35.56	
5. Thompson, Sydney	W13	42:24.48	
6. Christian, Nora	W 6	42:53.20	
7. Withers, Makenna	W 8	51:10.41	
8. Wilson, Avery	W 5	52:05.25	
15-19 Results – Women's 5K			
1. Bauermeister, Sara	W16	22:55.45	
2. Bauermeister, Kendra	W16	22:55.75	
3. Marcoux, Danielle	W16	25:25.35	
4. Helmink, Allie	W16	26:46.94	
5. Leidahl, Kathryn	W18	27:08.42	
6. Stoner, Michelle	W17	27:12.91	
7. Jensen, Gloria	W17	30:29.27	
8. Gibson, Katie	W17	30:29.61	
9. Schau, Dallas	W18	38:16.15	
10. Hoffman, Deborah	W18	42:06.31	
20-29 Results – Women's 5K			
1. Sether, Lacey	W24	22:37.01	Female Overall Winner

2.	Boge, Gloryanna	W26	25:21.27
3.	Ferguson, Michele	W24	25:59.14
4.	McAlpine, Michelle	W25	25:59.38
5.	Tewes, Toni	W26	26:02.70
6.	Stoner, Jessica	W21	28:25.33
7.	Rehnstrom, Grace	W20	28:57.31
8.	Hawkins, Allison	W29	29:38.48
9.	Waters, Ashton	W23	30:42.10
10.	Van Kyswyk, Beth	W25	32:15.81
11.	Benz, Jessica	W29	37:39.34
12.	Mohr, Becky	W29	50:21.66
13.	Middendorff, Courtney	W24	50:58.73

Name		Age	Time
30-39 Results - Women's 5K			
1.	Ball, Teresa	W37	26:13.84
2.	Nelson, Tanya	W30	26:25.07
3.	Chittenden, Jennifer	W33	26:29.75
4.	Rasmussen, Miranda	W36	26:41.77
5.	McEntee, Janelle	W34	27:21.28
6.	Bredehoeft, Jean	W38	27:21.76
7.	Chizek, Ree	W35	29:16.00
8.	Beaver, Jodi	W31	29:17.68
9.	Hemmingson, Jen	W37	29:47.92
10.	Krukow, Missy	W36	30:59.51
11.	Busse, Kristi	W31	31:24.37
12.	Terrell, Denise	W36	31:25.41

13. Mattson, Amanda	W30	32:40.50
14. Glime, Darby	W32	33:18.97
15. Mills, Marie	W32	34:05.95
16. Ryan, Megan	W36	34:14.43
17. Horan, Christy	W31	34:43.68
18. Christian, Angie	W33	42:52.65
19. Casey, Stacey	W32	43:02.48
20. Mills, Karen	W31	44:36.37
21. Barr, Jill	W34	48:41.31
22. Koenig, Billie	W35	49:36.07
23. Henningson, Jill	W34	51:10.41
24. Lode, Kerrie	W39	52:44.58
25. Withers, Lynn	W39	52:45.60
26.		

40-49 Results – Women's 5K

1. Tiefenthaler, Brenda	W44	23:52.43
2. Witte, Londa	W47	32:07.08
3. Zenkovich, Denise	W47	33:13.51
4. Helmink, Shelly	W44	34:46.84
5. Tjebben, Julie	W46	35:50.22
6. Schultz, Tracy	W48	36:07.43
7. Schau, Rita	W42	38:15.80
8. Livermore, Leanne	W42	43:23.38
9. Wetherell, Barb	W46	46:58.91
10. Mandernach, Sherry	W45	46:59.42
11. Fahnlander, Lisa	W46	49:35.51
12. Geisinger, Sonya	W47	49:59.03
13. Smith, Angie	W43	50:59.45

14. Roberson, Lisa	W43	51:00.22
15. Wilson, Jennifer	W45	52:05.75

Name	Age	Time
50-59 - Women's 5K		
1. Pingel, Cindy	W56	28:16.78
2. Meyer, Stacy	W51	29:20.11
3. Rehnstrom, Monica	W52	30:16.78
4. Ehlers, Bonnie	W53	32:15.38
5. Klooster, Jo	W51	35:40.79
6. Driver, Cherri	W56	36:58.67
7. Marlow, Jodie	W53	37:13.87
8. Reiling, Kathy	W56	37:51.53
9. Smith, Paula	W51	39:48.18
10. Middendorff, Kathi	W52	40:54.59
11. Genson, Kayla	W53	43:03.29
12. Gibson, Carolyn	W58	50:09.33
13. Jacobson, Pam	W59	53:00.49
14. Hahn, Cindy	W56	54:01.20
15. Manwarren, Kim	W56	54:02.57
60-69 - Women's 5K		
1. White, Janie	W60	33:17.89
2. Coykendall, Paula	W66	52:59.54
3. Milton, Peg	W61	53:00.03
70- + - Women's 5K		
1. Nielsen, Marge	W77	34:54.95

Name	Age	Time
14 & Under - Men's 5K		
1. Trudo, Jack	M13	22:39.04
2. Messersmith, Jared	M13	25:04.27
3. Henrichs, Jaden	M13	25:36.15
4. Marcoux, Levi	M13	25:47.12
5. Krukow, Preston	M12	27:55.63
6. Perez, Aydan	M12	27:59.56
7. Recendiz, Miguel Angel	M12	29:08.69
8. Christian, Jack	M06	49:48.34
Name	Age	Time
14 & Under - Men's 5K (Conti)		
9. Kolb, Austin	M05	50:20.99
15 – 19 - Men's 5K		
1. Demers, Dalton	M16	21:29.89
20 – 29 - Men's 5K		
1. Harris, Brandon	M27	22:18.71
2. Dollh, Marshall	M20	25:35.26
3. Bisaillon, Ben	M23	29:59.98
4. Hawkins, Justin	M24	31:47.34
5. Dylestra, Dylan	M24	33:24.27
6. Mills, Joel	M29	44:36.91
30 – 39 - Men's 5K		
1. Warkentin, Josh	M36	19:44.74 Overall Winner
2. Ayers, Todd	M39	20:13.24

3.	Casey, Sean	M34	22:33.33
4.	McEntee, John	M34	23:30.28
5.	Launderville, Andrew	M37	23:34.29
6.	Krukow, Todd	M37	23:42.10
7.	Halverson, Ben	M31	25:08.00
8.	Foxgrave, Reid	M34	26:23.78
9.	Barr, Mike	M36	32:55.46
10.	Oviatt, Phil	M30	33:57.88
11.	Mills, James	M31	34:09.32
12.	Koster, Lucas	M31	34:54.48

40 – 49 - Men's 5K

1.	Lopez Rios, Rene'	M45	22:19.24
2.	Leidahl, Todd	M49	23:50.01
3.	Billings, Ed	M48	24:16.59
4.	Helmink, Jeff	M44	34:47.84

50 – 59 - Men's 5K

1.	Mills, Alan	M57	21:41.06
2.	Lockwood, Doug	M57	23:17.73
3.	Kunzman, Tim	M58	27:44.13

Name	Age	Time
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50 – 59 - Men's 5K (Conti.)

4.	Rehnstrom, Jay	M54	28:57
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60 – 69 - Men's 5K

1.	Rippe, Robert	M69	27:42.92
2.	Skelton, Harold	M63	42:50.12

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