

Taste of Hope 5K
July 28, 2012
Lutheran Church of Hope, WDM

Overall Place	Class Place	Last Name	First Name	City	Class	Time
1		Anderson	Ben	Clive	M15	16:16
2		Fitzsimmons	Keegan	Pella	M15	17:04
3		Wieland	Tyson	Johnston	M15	17:10
4	1	Scott	Lee	Clive	M15	17:59
1		Schulze	Jenny	Clive	F30	18:51
5	1	Beaver	Rob	Johnston	M40	18:51
6	1	Ripperger	Travis	Waukee	M30	19:00
7	2	Meier	Matt	Urbandale	M30	19:15
2		Kregal	Hannah	Iowa City	F20	19:42
3		Smith	Kate	Ankeny	F15	20:03
8	3	Burch	Gary	Waukee	M30	20:03
9	4	Olsen	David	WDM	M30	20:14
10	2	Johnson	Steve	Waukee	M40	20:24
11	5	Keys	Randy	Marion	M30	20:28
12	1	Clabaugh	Griffin	Urbandale	MJr	21:06
13	27	Gardner	Matt	Urbandale	M40	21:13
14	3	Stahl	Jon	Urbandale	M40	21:25
15	1	McKibben	Roadog	Clive	M50	21:29
16	1	Marzen	Chris	WDM	M20	21:30
17	2	Whitsell	David	WDM	MJr	21:47
4	1	Spieker	Julie	Urbandale	F30	21:48
18	4	Harkinson	Mike	Winterset	M40	21:49
19	3	Campbell	Henry	Clive	MJr	21:52
20	2	Loftsgard	Reid	Clive	M15	22:01
21	3	Loftsgard	Landon	Clive	M15	22:02
5	1	Kromminga	Sandra	Johnston	F15	22:09
22	5	Campbell	Matt	Clive	M40	22:10
23	2	Thompson	Joe	Norwalk	M20	22:18
		Vicanovic	Stella	Cumming		22:21
24	4	Loftsgard	Simon	Clive	MJr	22:43
25	6	Nelson	Bret	Urbandale	M30	22:51
26	2	Seemuth	Dan	Clive	M50	22:56
6	2	Kromminga	Sarah	Johnston	F15	23:11
27	5	Larson	Jake	WDM	MJr	23:12
28	7	Pierce	Brandon	Urbandale	M30	23:22
29	6	Wachler	Derek	Clive	M40	23:27
30	7	Barr	Scott	Waukee	M40	23:34
31	8	Dippold	Glen	Clive	M40	23:34
32	3	Thompson	Jack	Norwalk	M50	23:36
33	4	Quinn	Joe	Des Moines	M50	23:42
34	9	Catus	Tom	Grimes	M40	23:59
35	6	Catus	Erik	Grimes	MJr	24:02
36	1	Matthews	Jim	Baxter	M60	24:04
37	10	Bain	Kent	WDM	M40	24:07
7	2	Hill	Melanie	Ankeny	F30	24:13
38	11	Wennerholt	Frank	Grimes	M40	24:19
8	3	DeCarlo	Mary	Grimes	F30	24:30
39	8	Kehoe	Josh	Johnston	M30	24:30
		Schultz	Jeremy			24:42
40	9	Rankin	Chad	Des Moines	M30	24:43
41	12	White	Matthew	Johnston	M40	24:48
42	7	Ellis	Charlie	Des Moines	MJr	24:49
43	2	Ney	Roy	Des Moines	M60	24:50
44	13	Loftsgard	Rick	Clive	M40	24:51
45	3	Jiskoot	Michael		M20	24:53
9	1	Williams	Jenalee	Urbandale	F20	25:05
46	10	Beyer	Danny	WDM	M30	25:05
10	1	Stilborn	Heather	Clive	F40	25:06
47	8	Heidt	Ben	WDM	MJr	25:16
11	4	Bahnsen	Kara	Urbandale	F30	25:19
48	9	Lowe	Matthew	WDM	MJr	25:33
12	2	Miller	Liz	Waukee	F40	25:43
49	10	Rindernecht	Tom	Waukee	MJr	25:45
50	11	Rindernecht	Joel	Waukee	M30	25:46
51	5	Dosedel	Mike		M50	25:48
52	11	Feldman	Aidan	WDM	MJr	25:51
13	1	Marzen	Sally	Dougherty	F50	26:03
53	14	Johnson	Derrick	WDM	M40	26:04
14	5	Davidson	Jennie	Ankeny	F30	26:05

54	15	VanGorp	Mike	WDM	M40	26:05
55	12	Davidson	Kevin	Ankeny	M30	26:05
56	4	Anderson	Joe	WDM	M15	26:07
57	4	Stuckenholtz	Kyle		M20	26:12
58	6	Mills	Brad	Waukee	M50	26:13
15	6	Kalb	Michelle	Waukee	F30	26:23
59	13	Anderson	Tim	Altoona	M30	26:39
16	3	Wilson	Wendy	WDM	F40	26:40
17	7	Sams	Michelle	WDM	F30	26:45
18	2	Burch	Asheley	Johnston	F20	26:51
60	5	Burch	Matthew	Johnston	M20	26:53
61	16	Bender	EJ	Urbandale	M40	27:00
62	14	Steen	David	Hartford	M30	27:08
19	8	Punelli	Raffaella	WDM	F30	27:18
63	17	Brooks	Mark	WDM	M40	27:19
20	4	Dosedel	Denise	Waukee	F40	27:29
64	15	Barney	Jason	Dallas Center	M30	27:31
65	7	Blank Jr	Lambert	Clive	M50	27:35
21	9	Campos	Gina		F30	27:42
66	16	Gausman	Carl	WDM	M30	27:43
22	10	Cates	Rebecca	Clive	F30	27:44
23	1	Heidt	Becca	WDM	FJr	27:48
67	18	Heidt	Jim	WDM	M40	27:57
68	8	Franklin	Scott	Urbandale	M50	28:00
69	17	Fagen	Jason	Earlham	M30	28:00
70	19	Johnson	Eric	Urbandale	M40	28:00
24	3	Payne	Lindsey		F15	28:02
71	12	Stevens	Jacob	Ames	MJr	28:07
72	18	Stevens	Kirk	Ames	M30	28:08
		Peddycoart	Kristi	Waterloo		28:08
73	9	Carlson	Steve	Johnston	M50	28:15
25	3	Tollakson	Ashley	Des Moines	F20	28:22
26	4	Sampson	Lindsay	Des Moines	F20	28:23
27	11	DeWeerd	Jill	WDM	F30	28:24
28	5	Tousley	Liz	WDM	F20	28:24
74	13	Flickinger	Jack	Earlham	MJr	28:29
75	20	Oliver	Aaron	WDM	M40	28:33
29	12	Bencke	Bridget	WDM	F30	28:37
		??????	??????			28:37
30	13	Faber	Brenda	Johnston	F30	28:47
31	14	Donnelly	Kasey	WDM	F30	28:50
76	21	Lettington	Greg	WDM	M40	28:52
32	5	Loftsgard	Dawn	Clive	F40	28:52
77	10	Castillo	Larry	Winterset	M50	28:54
33	4	Cunningham	Alyssa		F15	29:09
34	15	Plano	Nanette	WDM	F30	29:10
35	16	Johnson	Amy	WDM	F30	29:10
36	6	Woods	Laura	N Buena Vista	F20	29:25
37	6	Ross	Trisha	WDM	F40	29:26
38	5	Brown	Allie	WDM	F15	29:31
39	17	Hope	Tome	Waukee	F30	29:34
40	2	Sjurson	Ashley	WDM	FJr	29:44
78	15	Shea	Kelly	Urbandale	F20	29:47
79	22	Tuchel	Joe		M40	29:53
41	18	Maine	Brooke	Urbandale	F30	29:55
80	11	Kiewel	Brad		M50	29:58
42	6	Anderson	Maddie		F15	30:02
81	14	Harkness	Noah	Waukee	MJr	30:03
82	15	Inman	Marverik	WDM	MJr	30:04
83	19	Inman	Mike	WDM	M30	30:04
84	23	Harkness	Dan	Waukee	M40	30:05
43	7	Wiggs	Brittany		F15	30:10
44	7	Johnson	Teri	Clive	F40	30:21
45	19	Johnson	Briget	Urbandale	F30	30:21
46	3	Loftsgard	Mara	Clive	FJr	30:22
47	2	Toth	Tammy	Ames	F50	30:23
85	16	Bidinger	Carter	WDM	MJr	30:23
48	20	Brooks	Polly	WDM	F30	30:25
49	8	Bidinger	Laura	WDM	F40	30:40
86	17	Bowlin	Chase	Hartford	MJr	30:49
50	21	Keys	Michelle	Marion	F30	30:53
51	7	Anderson	Nicole	Urbandale	F20	30:54
52	9	Gates	Amy	Urbandale	F40	30:55
53	10	Gibson	Melody		F40	31:02
87	24	Clabaugh	Craig	Urbandale	M40	31:03
54	11	Flickinger	Jeni	Earlham	F40	31:04
		?????	?????			31:04

		?????	?????			31:12
55	22	Barney	Kimberly	Dallas Center	F30	31:18
56	3	Kiewel	Lori	Clive	F50	31:34
57	4	Gibson	Maddie		FJr	31:50
88	25	Larson	Justin	WDM	M40	31:53
58	23	Crowdis	Julie	Urbandale	F30	32:14
59	8	Just	Chloe	WDM	F15	32:15
60	12	Feldotto	Gayle	Urbandale	F40	32:18
89	26	Feldotto	Corrie	Urbandale	M40	32:18
90	20	Bleich	Cory	Waukee	M30	32:19
61	24	Larson	Sara	WDM	F30	32:26
91	21	Swaim	Chris	WDM	M30	32:41
62	5	Swaim	Ana	WDM	FJr	32:41
63	13	White	Kimberly	Johnston	F40	32:44
64	25	Uitenbroik	Lynsey		F30	32:44
65	4	Wilson	Beth	Clive	F50	32:50
66	14	Riedemann	Jennifer	Ankeny	F40	33:24
92	22	Ellis	Chris	Des Moines	M30	33:30
67	26	Vest	Valarie	Waukee	F30	33:31
93	23	Oleson	Jeremy	Des Moines	M30	33:44
68	15	Oleson	Micheline	Des Moines	F40	33:44
94	18	Johnson	Luke	Clive	MJr	33:45
69	16	Voelker	Cheryl	Dallas Center	F40	33:47
70	27	Hauer	Jaclyn	WDM	F30	33:51
71	28	Godfrey	Michelle	WDM	F30	33:59
72	17	Stallard	Tami	Mechanicsville	F40	35:22
73	18	Stock	Katie	WDM	F40	35:27
95	12	Elam	Mike	Urbandale	M50	35:31
96	13	Jones	Richard		M50	35:35
74	8	Allison	Makenzie	Indianola	F20	35:38
75	29	Rike	Kristi	WDM	F30	35:45
97	14	Norris	Merrill	Clive	M50	35:46
98	24	Hubble	Matt		M30	36:05
76	30	Hubble	Ann	WDM	F30	36:06
77	5	Allison	Ruth		F50	36:10
78	31	Mortenson	Jill		F30	36:13
99	25	Mortenson	Josh	WDM	M30	36:13
79	19	Johnson	Karen	Urbandale	F40	36:18
80	6	Johnson	Taylor	Clive	FJr	36:32
100	3	Johnson	Noel	Denison	M60	36:33
81	20	Johnson	Christina	Waukee	F40	36:42
82	32	Davis	Autumn	Waukee	F30	37:17
83	9	Mortenson	Nicole	Bondurant	F20	37:40
84	10	Kleinmeyer	Jennifer	Johnston	F20	37:40
85	11	Bissen	Victoria	Des Moines	F20	38:11
86	9	Kelley	Maranda	Des Moines	F15	38:12
87	21	Williams	Billi	WDM	F40	38:38
88	33	Twedt	Becky	WDM	F30	38:38
89	34	Barr	Jodi	Waukee	F30	39:27
90	12	McNurlen	Joanna	WDM	F20	40:55
91	7	Beaver	Makena	Johnston	FJr	41:18
92	22	Beaver	Angela	Johnston	F40	41:19
93	6	Jones	Shirley	Clive	F50	42:47
94	8	Stallard	Meg	Mechanicsville	FJr	42:57
95	9	Stallard	Abbie	Mechanicsville	FJr	43:58
96	10	Perry	Ashlyn	Johnston	FJr	43:58
97	35	Perry	Cindy	Johnston	F30	43:59
98	36	Myers	Krisanne	WDM	F30	44:00
99	11	Baumann	Maddie	WDM	FJr	44:59
100	37	Baumann	Teresa	WDM	F30	45:04
		Stoner	Melinda			47:02
101	38	Harris	Kristen	Truro	F30	47:13
102	39	Barclay	Bertina	Des Moines	F30	47:14
103	10	St. John	Jessica		F15	47:32
104	7	Davis	Robin	Urbandale	F50	47:46
105	40	Johnson	Michelle		F30	47:51
106	23	Nuehring	Julie	Clive	F40	47:51
101	19	Einertson	Joey	Cedar Falls	MJr	50:11
102	15	Einertson	Joe	Cedar Falls	M50	50:12
107	8	Reynolds	Kim		F50	50:46
108	13	Reynolds	Jessica	Earlham	F20	50:46
109	14	Fagen	Jen		F20	52:37
103	26	Byars	Matt	Des Moines	M30	52:38
104	27	Peterson	Josh	WDM	M30	52:39
105	28	Byars	Chris	Des Moines	M30	52:41
110	9	Machir	Patricia	Van Meter	F50	52:45
111	12	Appeldorn	Lydia	WDM	FJr	52:48

112	41	Appeldorn	Brooke	WDM	F30	53:01
113	42	French	Jennifer	Waukee	F30	54:11
106	29	French	Eric		M30	54:11
114	43	Mitchell	Amy	Ankeny	F30	54:30
115	13	Mitchell	Peyton	Ankeny	FJr	54:33
116	14	Vandenhall	Bailee	Harrisburg, SD	FJr	54:33
117	24	Sjurson	Becky	WDM	F40	55:48
107	20	Sjurson	Ryan	WDM	MJr	55:48
118	25	Oliver	Denise	WDM	F40	55:49
119	11	Oliver	Rachel	WDM	F15	55:49

Finisher Summary

MJr	20	Total Male	106
M15	7	Total Female	120
M20	5	Unknown	7
M30	29		
M40	27	Total Runners	233
M50	15		
M60+	3		
FJr	14		
F15	12		
F20	16		
F30	44		
F40	25		
F50	9		
F60+	0		
Unkwn	7		

Top Males Overall	1	Ben	Anderson	Clive	16:16
	2	Keegan	Fitzsimmons	Pella	17:04
	3	Tyson	Wieland	Johnston	17:10

Top Females Overall	1	Jenny	Schulze	Clive	18:51
	2	Hannah	Kregal	Iowa City	19:42
	3	Kate	Smith	Ankeny	20:03

Age Group Awards

FJr	1	Becca	Heidt	WDM	27:48
	2	Ashley	Sjurson	WDM	29:44
F15	1	Sandra	Kromminga	Johnston	22:09
	2	Sarah	Kromminga	Johnston	23:11
F20	1	Jenalee	Williams	Urbandale	25:05
	2	Asheley	Burch	Johnston	26:51
F30	1	Julie	Spieker	Urbandale	21:48
	2	Melanie	Hill	Ankeny	24:13
F40	1	Heather	Stillborn	Clive	25:06
	2	Liz	Miller	Waukee	25:43
F50	1	Sally	Marzen	Dougherty	26:03
	2	Tammy	Toth	Ames	30:23
F60	1				
	2				
MJr	1	Griffin	Clabaugh	Urbandale	21:06
	2	David	Whitsell	WDM	21:47
M15	1	Lee	Scott	Clive	17:59
	2	Reid	Loftsgard	Clive	22:01
M20	1	Chris	Marzen	WDM	21:30
	2	Joe	Thompson	Norwalk	22:18
M30	1	Travis	Ripperger	Waukee	19:00
	2	Matt	Meier	Urbandale	19:15
M40	1	Rob	Beaver	Johnston	18:51
	2	Steve	Johnson	Waukee	20:24
M50	1	Roadog	McKibben	Clive	21:29
	2	Dan	Seemuth	Clive	22:56
M60	1	Jim	Matthews	Baxter	24:04
	2	Roy	Ney	Des Moines	24:50

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