

Viking 5 km

Grand View College, Des Moines, IA

Oct. 9, 2004

Sunny and cool

Results by Michael Franke

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"*" indicates females

PLACE	TEAM	CLASS	PLACE	FINISHER	TIME	PACE
1				Brett Carter, 16, Indianola, IA	15:59	5:08
2			1	Jacob Kaemmer, 27, Des Moines, IA	16:14	5:13
3			2	Tyler Fonseca, 25, Lamoni, IA	16:39	5:22
4			1	Jim Robidoux, 40, Ankeny, IA	16:50	5:25
5	1		1	Jared Carter, 21, Des Moines, IA	17:33	5:39
6	2		2	Matthew Harbert, 21, Ankeny, IA	17:44	5:42
7	3		1	Michael Stevens, 18, Des Moines, IA	18:02	5:48
8			3	Caleb Brown, 24, West Des Moines, IA	18:24	5:55
9	4		2	Andrew Minear, 18, Carlisle, IA	18:25	5:56
10			1	Vic Morales, 30, Johnston, IA	18:31	5:57
11			2	Scott Patterson, 32, Ankeny, IA	18:35	5:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top						
12			3	Patrick McDermott, 31, Ankeny, IA	18:51	6:04
13	5		3	Alex Dull, 18, Marshalltown, IA	19:05	6:08
14			1	Mark Clark, 47, Des Moines, IA	19:06	6:09
15			1	Dave Watkins, 39, Pella, IA	19:21	6:14
16			1	John Bartello, 54, Newton, IA	19:24	6:15
17	6		4	Myxai Manipakon, 18, Des Moines, IA	19:26	6:15
18			2	Greg Madison, 49, Ankeny, IA	19:29	6:16
19			4	Jeff Gray, 24, Bloomington, MN	19:31	6:17
20				Jorge Ibarra, Des Moines, IA	19:33	6:17
21			2	Rusty Potts, 42, Pleasant Hill, IA	19:38	6:19
22	7		5	Nate Ozban, 19, Perry, IA	19:54	6:24
23			1	Gage Sitzmann, 12, West Des Moines, IA	20:01	6:26
24	8		5	Chris Fletsher, 20, Fort Dodge, IA	20:06	6:28
25			6	John Tinjum, 24, Omaha, NE	20:13	6:30
26				Lisa Klein, 35*, Des Moines, IA	20:15	6:31
27			7	Brad Bach, 24, Ankeny, IA	20:25	6:34
28			2	Jim Fletcher, 52, Fort Dodge, IA	20:35	6:37
29			4	Scott Mills, 33, Des Moines, IA	20:36	6:38
30			3	Chuck Clark, 53, Carroll, IA	20:38	6:38
31			5	Kham Sisamouth, 34, Des Moines, IA	20:40	6:39
32			4	John Walters, 50, Lexington, KY	20:52	6:43
33			3	Mike Mullins, 26, Ames, IA	21:00	6:45
34			7	Edgar Perez, 17, Des Moines, IA	21:04	6:47
35	9		7	Scottie Baer, 18, Des Moines, IA	21:04	6:47
36			3	Andy Roat, 43, Des Moines, IA	21:11	6:49
37			8	Ben Fletcher, 18, Fort Dodge, IA	21:33	6:56
38			6	Hessa Sloughguye, 32, Des Moines, IA	21:33	6:56

39	10	4	Lou Yacinich, 41, Urbandale, IA	21:36	6:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
40		1	Roy Ney, 56, Des Moines, IA	21:47	7:00
41		2	Doug Ferrell, 37, Urbandale, IA	22:00	7:05
42		5	Alan Gross, 50, Des Moines, IA	22:09	7:08
43		3	Marvin VanWyk, 45, Pella, IA	22:26	7:13
44		9	Tyler Irving, 17, Dallas Center, IA	22:34	7:16
45		5	David Crowe, 40, Des Moines, IA	22:35	7:16
46	11	1	Allissa Hardin, 23*, Urbandale, IA	22:35	7:16
47		6	David Kroner, 40, Johnson, IA	22:39	7:17
48		7	Bill Burma, 40, Des Moines, IA	22:41	7:18
49	12	1	Sally Spencer, 48*, Des Moines, IA	22:42	7:18
50	13	1	Bethany Brown, 19*, Des Moines, IA	22:43	7:19
51		1	Robert Ridenour, 60, West Des Moines, IA	22:46	7:19
52		4	Vouth Varangkounh, 28, Humboldt, IA	22:49	7:20
53	14	2	Brittany Jones, 20*, Ankeny, IA	22:50	7:21
54		8	Thomas Beasley, 40, Des Moines, IA	22:51	7:21
55		1	Becca Bott, 12*, Clive, IA	22:52	7:21
56		1	Lori Vermie, 33*, Bondurant, IA	23:01	7:24
57	15	2	Miah Watson, 18*, Winterset, IA	23:03	7:25
58	16	3	Sarah Savick, 18*, Des Moines, IA	23:05	7:26
59		10	Ricardo Hernandez, 16, Des Moines, IA	23:09	7:27
60		8	Jon Stout, 24, West Des Moines, IA	23:18	7:30
61		9	Brandon West, 21, Runnells, IA	23:20	7:31
62		5	Jerry Monner, 27, Norwalk, IA	23:21	7:31
63		3	Steve Donohue, 38, Grimes, IA	23:22	7:31
64		4	John Curtin, 48, Des Moines, IA	23:23	7:31
65		1	Shari Osier, 38*, Bondurant, IA	23:29	7:33
66		5	Steven Giddings, 47, Des Moines, IA	23:32	7:34
67		2	Tyler Jensen, 12, Polk City, IA	23:33	7:35
68	17		Alejandro Chavez, Des Moines, IA	23:34	7:35
69	18	3	Jennifer Smith, 22*, Des Moines, IA	23:35	7:35
70		6	Rick Vanscoy, 48, Ogden, IA	23:36	7:36
71		2	Amy Harris, 39*, Des Moines, IA	23:37	7:36
72		10	Scott Weinheimer, 20, Des Moines, IA	24:01	7:44
73	19	6	Anthony Udrovich, 29, Des Moines, IA	24:06	7:45
74		4	Sarra Hendrickson, 17*, Altoona, IA	24:22	7:50
75		2	Dennis Bishop, 59, Cumming, IA	24:31	7:53
76		9	Larry Jackson, 41, Des Moines, IA	24:34	7:54
77		7	Dave Jordal, 27, Des Moines, IA	24:36	7:55
78		7	Darwin Schmig, 47, Des Moines, IA	24:39	7:56
79		11	David Fast, 23, Des Moines, IA	24:41	7:56
80	20	8	Anthony Lucia, 28, Des Moines, IA	24:42	7:57
81		1	Sandy Rupnow, 60*, Newton, IA	24:43	7:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
82		8	Jeffrey J. Jones, 47, Ankeny, IA	24:53	8:00
83		1	Cheryl Dralle, 27*, Des Moines, IA	24:57	8:02
84	21	5	Mallory Bendixen, 16*, Des Moines, IA	25:00	8:03
85		4	Amy Brownlee, 24*, Ankeny, IA	25:11	8:06
86		9	Tony Brownlee, 25, Ankeny, IA	25:11	8:06
87		6	Tara Brown, 18*, Ankeny, IA	25:13	8:07
88		9	Kent Henning, 46, Johnston, IA	25:16	8:08
89		7	Adam Lowell, 33, Clive, IA	25:21	8:09
90		2	Susan Duoblys, 49*, Des Moines, IA	25:23	8:10
91		3	Cathy Kubik, 35*, Ankeny, IA	25:34	8:14
92		8	Erik Tetmeyer, 32, West Des Moines, IA	25:49	8:19
93		1	Robin Westrum, 41*, Altoona, IA	25:50	8:19
94	22	2	Molly Potts, 12*, Pleasant Hill, IA	25:52	8:19
95		2	Renee Welk, 27*, Des Moines, IA	25:54	8:20
96		3	Mary Cooper, 48*, Des Moines, IA	25:57	8:21
97		10	James Heittoff, 29, Winterset, IA	26:08	8:25
98	23	1	Lucas Brightwell, 13, Des Moines, IA	26:09	8:25
99		9	Scott Bixby, 33, Waukee, IA	26:13	8:26

100		6	Rick Hoyle, 52, West Des Moines, IA	26:14	8:26
101		1	sandy Sparks, 51*, Norwalk, IA	26:16	8:27
102	24	5	Mary Entsminger, 20*, Des Moines, IA	26:18	8:28
103	25	6	Erin Thimmesch, 20*, Des Moines, IA	26:19	8:28
104	26	7	Leanne Hern, 21*, Des Moines, IA	26:19	8:28
105		2	Cathy Brent, 50*, Ankeny, IA	26:31	8:32
106		4	David Sanders, 36, Des Moines, IA	26:36	8:34
107	27	11	Geoffrey Goodall, 18, Pleasant Hill, IA	26:39	8:34
108	28	7	Lowell Jacobsen, 50, Altoona, IA	26:40	8:35
109		8	Wendy Farris, 22*, West Des Moines, IA	26:42	8:35
110		3	Heather Garcia, 25*, Des Moines, IA	26:47	8:37
111		8	Dean Guyette, 53, Davenport, IA	26:55	8:40
112	29	12	Rbert Oxenford, 23, Ankeny, IA	26:57	8:40
113	30	7	Yolanda Padilla, 16*, Des Moines, IA	27:03	8:42
114	31	1	Megan Hensley, 14*, Des Moines, IA	27:05	8:43
115		8	Elizabeth Weinheimer, 17*, Des Moines, IA	27:07	8:44
116		2	Annette Lippert, 44*, Johnston, IA	27:09	8:44
117	32	9	Ashley Gill, 21*, Clive, IA	27:16	8:46
118	33	2	Ann Shiner, 15*, Des Moines, IA	27:18	8:47
119	34	10	Jennifer Thomas, 21*, Guthrie Center, IA	27:20	8:48
120	35	9	Amanda Morrow, 19*, Des Moines, IA	27:21	8:48
121	36	1	Priscilla Gilbert, 56*, West Des Moines, IA	27:34	8:52
122	37	10	Bradley Westpheling, 40, Des Moines, IA	27:35	8:53
123	38	11	Tasha Dummett, 20*, Des Moines, IA	27:36	8:53
124	39	12	Kate Walters, 21*, Urbandale, IA	27:39	8:54
125	40	3	Brenda Hoshaw, 44*, Polk City, IA	27:44	8:55
126		10	Eric Camper, 33, Des Moines, IA	27:46	8:56
127		4	Carolyn Kirchhoff, 35*, West Des Moines, IA	27:47	8:56
128		3	Ashley Holcombe, 15*, Earlham	27:48	8:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

129	41	13	Lyndsie Wohlers, 22*, Des Moines, IA	28:03	9:02
130	42	10	Nicole Riesselman, 18*, Des Moines, IA	28:03	9:02
131		11	Josh Saboe, 25, Des Moines, IA	28:05	9:02
132		12	Justin Davis, 29, Des Moines, IA	28:06	9:03
133	43	14	Lyndsey Cozad, 20*, Des Moines, IA	28:15	9:05
134		10	Dan Lippert, 47, Johnston, IA	28:16	9:06
135	44	11	Christina McLean, 19*, Des Moines, IA	28:18	9:06
136		1	Joe Bott, 10, Clive, IA	28:19	9:07
137	45	11	Frank Bott, 41, Clive, IA	28:20	9:07
138		11	Ben Plank, 30, Polk City, IA	28:25	9:09
139	46	12	Christina Davis, 19*, Des Moines, IA	28:26	9:09
140		2	Dawn Atwood, 30*, Colfax, IA	28:27	9:09
141		3	Michael Kent, 59, Des Moines, IA	28:30	9:10
142		5	Kenneth Harkin, 38, Johnson, IA	28:40	9:13
143	47	13	Emily Kerns, 16*, Des Moines, IA	29:08	9:22
144	48	4	Robyn Johnson, 26*, Ankeny, IA	29:41	9:33
145		4	Pamela Milloy, 42*, West Des Moines, IA	29:47	9:35
146		9	Victor Anderson, 52, Ankeny, IA	30:06	9:41
147	49	3	Crystal Repp, 32*, Altoona, IA	30:07	9:41
148		4	Judy Card, 31*, West Des Moines, IA	30:10	9:43
149		5	Dawn Ferrell, 30*, Urbandale, IA	30:11	9:43
150		6	Melanie Bock, 32*, Johnson, IA	30:32	9:49
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

151		5	Lisa Leon, 38*, Des Moines, IA	31:27	10:07
152	50	5	Kristine Noonan, 42*, Ankeny, IA	31:28	10:08
153		7	Peggy Hintze, 34*, Bondurant, IA	31:28	10:08
154		2	Sam Bott, 7, Clive, IA	31:42	10:12
155		2	Bob Johansen, 64, Ankeny, IA	31:45	10:13
156		14	Liz Medoff, 17*, Des Moines, IA	31:47	10:14
157		6	Vicki Bott, 40*, Clive, IA	31:51	10:15
158		5	Tonya Vitzthum, 26*, West Des Moines, IA	31:52	10:15
159		6	Andrea Vitzthum, 27*, West Des Moines, IA	31:52	10:15
160	51	8	Nellie Glenn, 30*, West Des Moines, IA	31:53	10:15

161	52	7	Ericca Davis, 28*, Des Moines, IA	31:54	10:16
162	53	15	Tiffany Summy, 21*, Des Moines, IA	31:54	10:16
163	54	15	Emily Grandfield, 19*, Des Moines, IA	31:57	10:17
164		4	Gary Ternus, 59, Ankeny, IA	32:09	10:21
165	55	16	Jamaica McNeele, 21*, Des Moines, IA	32:17	10:23
166		17	Jessica Guyette, 23*, Des Moines, IA	32:18	10:24
167		18	Kimberly Cline, 21*, Des Moines, IA	32:21	10:25
168	56	19	Cara Cowan, 22*, Des Moines, IA	32:21	10:25
169	57	3	Alexandria Brightwell, 12*, Des Moines, IA	32:24	10:25
170		20	Tally McEners, 24*, Sabin, MN	32:27	10:27
171	58	16	Shannon Michelsen, 19*, Des Moines, IA	32:41	10:31
172		4	Deborah Giddings, 45*, Des Moines, IA	32:43	10:32
173	59	21	Amy Ludoxissy, 20*, Des Moines, IA	32:45	10:32
174	60	22	Brooke Brodersen, 21*, Des Moines, IA	32:46	10:32
175		3	Maurice Smsith, 68, Des Moines, IA	33:00	10:37
176		6	Angie VanWeelden, 38*, Altoona, IA	33:37	10:49
177	61	5	Christine McConathy, 47*, West Des Moines, IA	33:41	10:50
178	62	17	Brandy Budd, 19*, Des Moines, IA	33:59	10:56
179	63	18	Kellie McFadden, 19*, Des Moines, IA	34:00	10:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
180		9	Pamela Camper, 34*, Clive, IA	34:21	11:03
181		6	Chad Christensen, 35, Des Moines, IA	34:34	11:07
182		8	Kimberly Mortale, 29*, Ankeny, IA	35:28	11:25
183	64	10	Bonnie Christensen, 33*, Des Moines, IA	35:46	11:31
184		3	Sam Burt, 12, Des Moines, IA	37:07	11:57
185		23	Elizabeth Burt, 22*, Des Moines, IA	37:08	11:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
186	65	24	Kelly Sibinski, 22*, Des Moines, IA	37:16	12:00
187		11	Dawn Kasotia, 32*, Des Moines, IA	38:08	12:16
188	66	19	Andrea Reeves, 18*, Des Moines, IA	38:13	12:18
189	67	20	Ashley Kilby, 18*, Des Moines, IA	38:13	12:18
190	68	21	Megan Morgan, 19*, Des Moines, IA	38:13	12:18
191	69	25	Jill Kennedy, 22*, Des Moines, IA	38:14	12:18
192	70	22	Ashleigh Gunhus, 18*, Des Moines, IA	38:25	12:22
193		26	Emily Burt, 20*, Des Moines, IA	38:41	12:27
194	71	23	Jessie Frueh, 19*, Des Moines, IA	38:42	12:27
195		4	Anna Weinheimer, 13*, Des Moines, IA	39:15	12:38
196	72	27	Cara Love, 21*, Des Moines, IA	39:32	12:43
197	73	24	Katie Collins, 19*, Clive, IA	39:33	12:44
198	74	28	Kathleen Robinson, 21*, Des Moines, IA	39:35	12:44
199		4	Tanner Bock, 11, Johnson, IA	39:39	12:46
200		12	Scott Bock, 41, Johnson, IA	39:40	12:46
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
201	75	29	Dana Walth, 20*, Des Moines, IA	40:47	13:07
202		13	Matt Schafer, 25, West Des Moines, IA	40:47	13:07
203		7	Sonja Brightwell, 36*, Des Moines, IA	40:49	13:08
204		4	Jim Hartzell, 60, Clive, IA	41:12	13:16
205		3	Deb Hartzell, 53*, Clive, IA	41:14	13:16
206		4	Jean Burt, 52*, Des Moines, IA	41:18	13:18
207	76	25	Kristin DeJong, 19*, Des Moines, IA	41:31	13:22
208	77	30	Christine Middleswart, 20*, Carlisle, IA	41:31	13:22
209		5	Marcie Schoeppner, 52*, Des Moines, IA	42:27	13:40
210		11	Dean Schoeppner, 46, Des Moines, IA	42:29	13:40
211	78	13	Anthony Zingale, 22, Des Moines, IA	42:34	13:42
212		3	Christian Hamilton, 7, Des Moines, IA	42:36	13:42
213		2	Ellen Strachota, 59*, Urbandale, IA	42:47	13:46
214		5	Lawrence Strachota, 60, Urbandale, IA	42:47	13:46
215		6	Carolyn Wassenaar, 53*, Des Moines, IA	42:47	13:46
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
216	79	31	Elizabeth Wenthe, 21*, Des Moines, IA	43:33	14:01

217	80	32	Miaka Schoenwetter, 21*, Des Moines, IA	43:33	14:01
218	81	14	Ryan Willis, 22, Ankeny, IA	43:41	14:03
219	82	33	Lisa Donnelly, 21*, Ankeny, IA	43:41	14:03
220	83	7	Cathy Gearhart, 41*, Altoona, IA	43:46	14:05
221		2	Shirley Jorgensen, 66*, Bondurant, IA	43:47	14:05
222	84	34	Penny Myers, 20*, Des Moines, IA	43:47	14:05
223	85	26	Megan Lynch, 19*, Des Moines, IA	43:47	14:06
224		7	Janice Shepherd, 50*, Pleasant Hill, IA	44:27	14:18
225		27	Kaley Brown, 16*, Ankeny, IA	44:27	14:18
226		6	Peg Brown, 46*, Ankeny, IA	44:29	14:19
227	86	7	Julia Wearmouth, 46*, Des Moines, IA	44:32	14:20
228		8	Jean Steenhoek, 51*, Prairie City, IA	44:39	14:22
229		8	Lu Sheehy, 45*, Altoona, IA	44:39	14:22
230	87	35	Amanda Vaughn, 20*, Des Moines, IA	45:23	14:36
231	88	36	Janice Kelley, 21*, Des Moines, IA	45:23	14:36
232		3	Marilyn Carlson, 64*, Urbandale, IA	45:38	14:41
233		3	Sandra Carlson, 57*, Urbandale, IA	45:38	14:41
234	89	37	Kathy Mortensen, 20*, Des Moines, IA	45:42	14:42
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

235		38	Nikkl Garrison, 21*, Des Moines, IA	51:13	16:29
236		9	Carolyn Nehls, 54*, Ankeny, IA	51:14	16:29
237		5	Mike Nehls, 58, Ankeny, IA	51:15	16:30
238		9	Kathy Ericson, 46*, Des Moines, IA	51:46	16:40
239		6	Kent Ericson, 71, West Des Moines, IA	51:46	16:40
240		10	Karen Ericson, 46*, Des Moines, IA	51:47	16:40
241		4	Marjorie Burgess, 59*, Des Moines, IA	51:53	16:42
242		7	Wilber Williamson, 87, Des Moines, IA	51:53	16:42
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

243 4 Bailey Hamilton, 4, Des Moines, IA 53:10 17:07

"*" indicates females

4 finishers among Men 10 & Under

4 finishers among Men 11 - 12

1 finishers among Men 13 - 15

11 finishers among Men 16 - 19

14 finishers among Men 20 - 24

13 finishers among Men 25 - 29

11 finishers among Men 30 - 34

6 finishers among Men 35 - 39

12 finishers among Men 40 - 44

11 finishers among Men 45 - 49

9 finishers among Men 50 - 54

5 finishers among Men 55 - 59

7 finishers among Men 60 & Up

3 finishers among Women 11 - 12

4 finishers among Women 13 - 15

27 finishers among Women 16 - 19

38 finishers among Women 20 - 24

8 finishers among Women 25 - 29

11 finishers among Women 30 - 34

7 finishers among Women 35 - 39

7 finishers among Women 40 - 44

10 finishers among Women 45 - 49

9 finishers among Women 50 - 54

4 finishers among Women 55 - 59

3 finishers among Women 60 & Up

111 male finishers

132 female finishers

243 total finishers

[Top](#)

Return to [home page](#).