Viking 5 km

Grand View College, Des Moines, IA

Oct. 4, 2008

cool and sunny

Results by Michael Franke

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE		FINISHER	TIME	PACE
1			Nick Cooper, 24, Des Moines, IA	17:03	5:29
2	1	M20	Chris Cooper, 23, Des Moines, IA	17:04	5:29
3	2	M20	Andrew Minear, 22, Alumni Male	17:24	5:36
4	1	M30	Ryan Fye, 30, Clive, IA	17:53	5:45
5	1	M15	Lucas Brightwell, 17	17:56	5:46
6	2	M15	Jordan Davis, 15, Student Male	18:12	5:51
1			Obsie Birru, 19*, Student Female	18:19	5:54

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

7	1	M25	Adam Mathis, 25, Ankeny, IA	19:01	6:07
8	3	M20	Cory McElree, 21, Des Moines, IA	19:24	6:14
9	3	M15	Michael Splavec, 15	19:47	6:22
10	4	M20	Chad Kriz, 20, Student Male	20:11	6:30
11	1	M40	Kevin Cline, 40	20:16	6:31
12	2	M40	Chad Wagener, 44, Alumni Male	20:22	6:33
13	1	M35	Brian Holvey, 37, West Des Moines, IA	20:37	6:38
14	5	M20	Nicholas Newcomb, 20, Student Male	20:44	6:40
15	1	JrM	Brandal Wagener, 14, Ankeny, IA	20:49	6:42
16	6	M20	Mark Gurwell, 20, Des Moines, IA	20:54	6:44
17	1	M45	Andy Roat, 47, Des Moines, IA	21:05	6:47
18	3	M40	David Saunders, 40	21:21	6:52
19	2	M30	Joe Purscell, 30	21:22	6:52
20	4	M15	Alan Paton, 15, Student Male	21:30	6:55
21	7	M20	Tyler Irving, 21, Dallas Center, IA	21:30	6:55
22	8	M20	Brandon Spencer, 20, Des Moines, IA	21:31	6:55
23	5	M15	Drew Messerschmidt, 18, Dallas Center, IA	21:31	6:55
24	2	M45	Steven McKibben, 47	21:39	6:58

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

25	1	M50	Paul Lindaman, 54	21:44	7:00
26	9	M20	Zachary Cassler, 21, Altoona, IA	22:11	7:08
27	2	M35	Mark Garrison, 35, Des Moines, IA	22:12	7:09
28	2	M25	Jeramiah Cox, 25, Student Male	22:14	7:09
2	1	JrW	Abigail Vaughan, 12*, Des Moines, IA	22:16	7:10
29	1	M55	Stephen Taylor, 57	22:28	7:14
3	1	W15	Megan Hensley, 15*, Student Female	22:32	7:15
30	2	M50	Alan Gross, 54	22:34	7:16
31	3	M30	Brad Willemsen, 30	22:37	7:17
32	6	M15	Damon Arnedordo, 19, Kansas City, KS	22:39	7:17
33	3	M45	Casey Showanter, 47, Altoona, IA	22:43	7:18
34	10	M20	Lance Wilson, 21, Des Moines, IA	22:47	7:20
35	4	M40	Eric Swee, 42	22:53	7:22
36	4	M45	Lewis Yacinich, 45, Alumni Male	23:05	7:26
37	11	M20	Blake Wittrock, 20	23:20	7:30
38	7	M15	Yousaf Khan, 19, Student Male	23:32	7:34

39	2	JrM	Bryan Early, 14	23:38	7:36
4	1	W20	Anna Twito, 22*, Story City, IA	23:39	7:37
5	1	W35	Julie Horton, 37*, Urbandale, IA	23:55	7:42
40	12	M20	Matt Moklestad, 20, Des Moines, IA	23:58	7:43
6	2	W20	Nicole Riesselman, 22*, Alumni Female	24:02	7:44
41	13	M20	Jon Aldrich, 22, Des Moines, IA	24:02	7:44
7	1	W25	Amy Drefke, 25*	24:06	7:45
8	3	W20	Nicole Bentler, 20*, Student Female	24:18	7:49
42	8	M15	Travis Evans, 15, Student Male	24:23	7:51
43	14	M20	Eric Thavonekham, 20, Student Male	24:24	7:51
44	3	M25	Brandon West, 25, Alumni Male	24:31	7:53
45	9	M15	Bret Kautz, 15, Student Male	24:33	7:54
46	5	M45	Brad Mills, 49, Waukee, IA	24:34	7:54

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

47	10	M15	Tim Laielli, 15, Student Male	24:52	8:00
48	15	M20	Matt Smalley, 20, Runnells, IA	25:05	8:04
49	2	M55	Al Hildestad, 59, Des Moines, IA	25:24	8:10
50	5	M40	Paul Rider, 43	25:25	8:11
9	1	W50	Mary Cooper, 52*	25:28	8:12
51	3	JrM	T J. Stephenson, 9	25:29	8:12
52	6	M45	Mike Tilley, 45	25:30	8:12
10	2	W15	Ashley Flowers, 18*, Student Female	25:33	8:13
53	3	M35	Joe Konrady, 38	25:33	8:13
11	4	W20	Hilliary Jones, 20*, Student Female	25:38	8:15
54	4	M25	Aaron Hahn, 27	25:51	8:19
55	3	M50	Darwin Schmig, 51	25:51	8:19
56	6	M40	James Arthur, 44	25:57	8:21
57	4	JrM	Daylan Wagener, 9, Ankeny, IA	26:01	8:22
12			Chantele Macvey*	26:02	8:23
58	16	M20	Cody McConnell, 22, Des Moines, IA	26:02	8:23
13	3	W15	Betsy Craig, 19*, West Point, IA	26:03	8:23
14	2	W25	Briana Hahn, 25*	26:03	8:23
15	5	W20	Brittany Toney, 20*, Des Moines, IA	26:04	8:23
16	2	W50	Susan Duoblys, 53*	26:04	8:23
17	1	W40	Heather Jacobus, 40*, Des Moines, IA	26:10	8:25
59	4	M50	Larry Lipscomb, 50, Alumni Male	26:16	8:27
60	4	M30	Jerry Monner, 30	26:28	8:31
61	17	M20	Jason Ostergaard, 20, Student Male	26:41	8:35
62	18	M20	Jon Schreiner, 24, Des Moines, IA	26:41	8:35
63	5	M25	Jesse Hach, 25	26:50	8:38
64	11	M15	David Puffett, 15, Student Male	26:54	8:39
18	1	W45	Sally Finder-Koziol, 45*	26:58	8:41
65	6	M25	Jason Hemewad, 28, Waukee, IA	27:01	8:42
66	7	M45	Wayne Ostergaard, 45	27:03	8:42
67	5	JrM	Braze Nolin, 12, West Des Moines, IA	27:03	8:42
19	6	W20	Amanda Busch, 20*, Student Female	27:03	8:42
20	7	W20	Beth Ehlers, 20*, Student Female	27:23	8:49
21	2	W45	Lynnette Moore, 46*, Alumni Female	27:30	8:51
22	2	JrW	Kendall Kading, 14*	27:31	8:51
23	4	W15	Jacqueline Kerr, 19*, Mount Vernon, IA	27:31	8:51
68	7	M25	Jason Rosa, 25, Alumni Male	27:32	8:51
69	3	M55	Kenny Grandstaff, 59, Des Moines, IA	27:38	8:53
24	5	W15	Staci Little, 19*, Student Female	27:39	8:54
70	12	M15	Adam Houser, 15, Student Male	27:40	8:54
25	6	W15	Nick Coffman, 15*, Student Male	27:41	8:55

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

26	7	W15	Keely Shannon, 18*, Student Female	27:58	9:00
27	8	W15	McKelle Lacher, 19*, Stuart, IA	28:09	9:04
71	5	M50	Lowell Jacobsen, 54, Altoona, IA	28:12	9:05
28	1	W55	Sandra Sparks, 55*	28:13	9:05
29	1	W30	Jeni Sundermeyer, 33*	28:17	9:06
30	2	W30	Stephanie Wright, 30*, Des Moines, IA	28:18	9:07
31	2	W40	Kris Tilley, 40*	28:19	9:07

32	8	W20	Ashley Simbro, 21*, Student Female	28:24	9:08
33	9	W15	Megan Anderson, 19*, Student Female	28:25	9:08
34	9	W20	Meghan Tomlinson, 21*, Student Female	28:36	9:12
35	3	W40	Julie Hall, 40*, Des Moines, IA	28:47	9:16
72	7	M40	Andrew Hall, 43	28:47	9:16
36	10	W20	Amber Patz, 20*	28:54	9:18
73	5	M30	Rob Stephenson, 31	28:56	9:18
74	8	M45	Rachel Baron-Hanson, 45	29:02	9:21
37	2	W35	Jodi Shanno, 35*	29:07	9:22
38	3	W45	Lori Lipscomb, 45*, Alumni Female	29:08	9:23
39	11	W20	Molly Hottle, 20*, Student Female	29:09	9:23
40	10	W15	Marissa Miller, 15*, Student Female	29:11	9:23
41	12	W20	Kate Snuggs, 20*, Student Female	29:21	9:27
75	6	M30	Chrissy Freed, 30	29:32	9:30
42	11	W15	Taylor Ray, 18*, Student Female	29:34	9:31
43	3	W25	Megan Woolworth, 26*, Alumni Female	29:38	9:32
44	4	W25	Heather Halverson, 28*, Granger, IA	29:39	9:33
45	13	W20	Amanda Jellema, 20*, Student Female	30:06	9:41
46	14	W20	Heather Haukoos, 20*, Student Female	30:17	9:45
47	12	W15	Maggie Pestotnik, 15*, Student Female	30:18	9:45
48	13	W15	Emily Zimmerman, 15*, Student Female	30:24	9:47
49	15	W20	Meg Ozbun, 20*, Student Female	30:25	9:47
76	7	M30	Daniel Downs, 30, Ankeny, IA	30:33	9:50
50	3	W30	Jenny Hugunin, 31*, Norwalk, IA	30:42	9:53
77	8	M25	Joe Marks, 25	30:48	9:55
51	4	W40	Kayla Wagner, 43*, Waukee, IA	30:51	9:56
52	5	W25	Courtney Marks, 25*	30:52	9:56
53	5	W40	Patti Splavec, 40*	30:53	9:56
54	4	W45	Lois Biggs, 45*	30:57	9:58
55	3	JrW	Rachel Prendergast, 11*	30:59	9:58

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

78	8	M40	Jim Prendergast, 40	31:05	10:00
79	8	M30	Lucas Freed, 30	31:05	10:00
80	1	M65	Gene Harding, 78	31:08	10:01
56	6	W25	Amber Downs, 29*, Ankeny, IA	31:10	10:02
81	9	M30	Mike Shelledy, 30	31:11	10:02
57	4	W30	Kimberly Shelledy, 30*	31:12	10:02
58	1	W60	Sonja Hanson, 60*	31:16	10:04
59	3	W35	Amy Suedmeier, 35*	31:58	10:17
60	7	W25	Erin Jenkins, 25*, Alumni Female	32:22	10:25
61	5	W45	Linda Rogers, 48*, Des Moines, IA	32:44	10:32
62	16	W20	Gabrielle Grgurich, 20*, Student Female	32:45	10:32
63	17	W20	Carly Thompson, 23*, Alumni Female	32:45	10:32
82	4	M55	Harry Breaux, 59	33:25	10:45
64	14	W15	Jamie Gillman, 18*, Student Female	33:28	10:46
65	6	W40	Deanna Breeding, 41*	33:29	10:46
66	4	W35	Patricia Berger, 36*, Alumni Female	33:40	10:50
67	6	W45	LuAnn Ostergaard, 45*	33:45	10:52
83	19	M20	Joshua Ostergaard, 24, Alumni Male	33:46	10:52
84	6	M50	Bill Early, 52	33:46	10:52
68	18	W20	Alli Fuller, 24*, Norwalk, IA	34:08	10:59

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

69	15	W15	Melanie Hofmann, 18*, Titonka, IA	34:24	11:04
70	19	W20	Caittlin Snodgrass, 23*, West Des Moines, IA	34:25	11:05
85	20	M20	Jp Williams, 20, Student Male	34:28	11:05
86	13	M15	Ethan Cramer, 15, Student Male	34:28	11:05
87	14	M15	Ty Knowler, 15, Student Male	34:35	11:08
71	16	W15	Bryce Skaggs, 15*, Student Male	34:35	11:08
72	8	W25	Libby Snow, 25*	34:43	11:10
88	4	M35	Kelly Snow, 35	34:43	11:10
73	17	W15	Lisa Eppert, 15*, Student Female	34:51	11:13
74	20	W20	Amanda Phillips, 21*, Student Female	34:52	11:13

75	5	W30	Shannon James, 32*, Chariton, IA	34:56	11:15
76	6	W30	Krysten Purscell, 30*, Alumni Female	35:44	11:30
89	6	JrM	Austin Bunker, 14	35:48	11:31
90	2	M65	Maurice Smith, 72	35:48	11:31
91	10	M30	Matt Bunker, 30	35:53	11:33
92	9	M40	Orville Bunker, 40	35:54	11:33
77	18	W15	Kayla Gjersvik, 15*, Student Female	36:12	11:39
78	9	W25	Heather Rosewall, 25*, Student Female	36:26	11:43
79	10	W25	Mikalene Corkrean, 29*, Alumni Female	36:30	11:45
80	2	W55	Grace Turner, 57*, Alumni Female	36:45	11:50
81	3	W55	Karen Shelledy, 55*	36:47	11:50
82	21	W20	Jessica Madsen, 24*, Altoona, IA	36:48	11:51
93	9	M25	Matthew Linch, 25, Altoona, IA	36:48	11:51
83	5	W35	Amy Berger, 35*	36:51	11:52
84	22	W20	Taylor Wilson, 20*, Student Female	37:07	11:57
85	23	W20	Kyra Vander Weerdt, 21*, Student Female	37:08	11:57

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

86	24	W20	Jennifer Tickles, 20*, Student Female	37:54	12:12
87	4	W55	Nancy Small, 56*, Altoona, IA	37:58	12:13
94	10	M25	Vernon Alatorre, 25, Student Male	38:02	12:14
88	19	W15	Jennifer Seeley, 15*, Student Female	38:05	12:15
95	15	M15	Jeff Cain, 15, Student Male	38:21	12:20
96	16	M15	Barrett Eller, 15, Student Male	38:35	12:25
89	7	W40	Cathleen Newberg, 44*, Alumni Female	38:41	12:27
90	20	W15	Mandi Youngberg, 18*	38:43	12:28
91	25	W20	Victoria Brady, 20*, Student Male	38:49	12:30

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

92	26	W20	Sarah Nelsen, 20*, Student Female	40:25	13:00
93	27	W20	Kari Seabrooke, 20*, Student Female	40:25	13:00
94	7	W30	Julie Schumer, 32*, Alumni Female	40:39	13:05
95	28	W20	Allison Fridley, 20*	40:57	13:11
96	29	W20	Becky Poppert, 20*	41:46	13:26
97	21	W15	Kristin Paterno, 15*, Student Female	42:14	13:35
98	5	W55	Marlena Bandurski, 55*, Des Moines, IA	42:43	13:45
99	11	W25	Rachel Ryan, 25*, Student Female	43:01	13:51
100	8	W30	Laura Salazar, 33*, Altoona, IA	43:04	13:52
101	3	W50	Carol Bahls, 52*	43:07	13:52
102	2	W60	Ellen Strachota, 63*	43:08	13:53
97	1	M60	Lawrence Strachota, 64	43:09	13:53
98	10	M40	Glenda Anderson, 40, Student Male	43:09	13:53

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

103	30	W20	Emily Cheeseman, 20*, Student Female	44:41	14:23
104	31	W20	Jane Hein, 20*, Student Female	44:42	14:23
105	32	W20	Elizabeth Hein, 20*, Student Female	44:56	14:28
106	22	W15	Cassandra Grodert, 18*, Sibley, IA	44:56	14:28
107	23	W15	Megan Croghan, 15*, Student Female	45:14	14:33
108	33	W20	Andrea Adams, 20*, Student Female	45:15	14:34
109	34	W20	Lindsay Taylor, 20*	45:49	14:45
110	12	W25	Steve Armstrong, 25*, Student Female	46:21	14:55

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

111	6	W55	Sandy Hildestad, 56*, Des Moines, IA	47:16	15:13
112	7	W45	Mary Jo Youngberg, 45*, Alumni Female	48:07	15:29
113	4	W50	Janis Bailey, 50*, Student Female	48:24	15:35
99	7	M50	Darrell Bailey, 50	48:24	15:35

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

114	5	W50	Cindy Early, 50*	50:35	16:17
115	35	W20	Shannon Brady, 24*	50:36	16:17
116			Mary Elizabeth Stivers*	50:43	16:19
100	17	M15	Isaac Schwab, 15, Student Male	50:56	16:24
117	6	W50	Debey Schwab, 52*, Alumni Female	50:58	16:24
118	36	W20	Liz VanderSchel, 20*, Student Female	51:11	16:28

119	24	W15	Mackenzie Bourke, 15*, Student Female	51:11	16:28
120	25	W15	Katie Carruthers, 15*, Student Female	51:12	16:29
121	26	W15	Maggie Anderson, 15*, Student Female	51:12	16:29
122	13	W25	Shannon Hasty, 25*, Alumni Female	51:33	16:35

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

123	27	W15	Elise Bernholtz, 15*, Student Female	53:50	17:20
124	37	W20	Katie Dondale, 20*, Student Female	53:51	17:20
125	8	W45	Carla Kuehl-Purdum, 45*, Indianola, IA	54:24	17:31
126	7	W50	Anna Weisshaar, 52*, Creston, IA	54:25	17:31
127	8	W50	Katherine Schmidt, 50*, Norwalk, IA	54:26	17:31
101			#290	54:51	17:39
128	9	W50	Kathryn Duffy, 51*, Ankeny, IA	54:51	17:39
102			#291	54:52	17:39
129	10	W50	Ilene Fagen, 50*	55:40	17:55
130	38	W20	Joey Fagen, 24*, Alumni Female	55:41	17:55

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

131	11	W50	Jeanice Lester, 54*	56:47	18:16
132	6	W35	June Lester, 36*, Alumni Female	57:29	18:30
103	5	M35	Jason Lester, 35, Alumni Male	57:29	18:30
104	5	M55	Will Lester, 57	57:30	18:30
133	39	W20	Heidy Savage, 20*, Student Female	57:31	18:31

"*" indicates females
6 finishers among Men 14 & Under
17 finishers among Men 15 - 19
20 finishers among Men 20 - 24
10 finishers among Men 25 - 29
10 finishers among Men 30 - 34
5 finishers among Men 35 - 39
10 finishers among Men 40 - 44
8 finishers among Men 45 - 49
7 finishers among Men 50 - 54
5 finishers among Men 55 - 59
1 finishers among Men 60 - 64
2 finishers among Men 65 & Up
3 finishers among Women 14 & Under
27 finishers among Women 15 - 19
39 finishers among Women 20 - 24
13 finishers among Women 25 - 29
8 finishers among Women 30 - 34
6 finishers among Women 35 - 39
7 finishers among Women 40 - 44
8 finishers among Women 45 - 49
11 finishers among Women 50 - 54
6 finishers among Women 55 - 59
2 finishers among Women 60 - 64
104 male finishers
133 female finishers
237 total finishers

TOP

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