

8th Ames Invitational Varsity Girls (4km)

ISU Course - Ames

Sept. 14, 2006

70s & Sunny - Perfect

Results by Cal Murdock

[MS Girls](#)

[MS boys](#)

[F/S Girls](#)

[F/S Boys](#)

[JV Girls](#)

[JV Boys](#)

[Var.Girls](#)

[Var.Boys](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Dowling	27	1	2	7	8	9	20	23	15:36	1:56
2	Waukee	53	3	11	12	13	14	19	30	16:19	1:16
3	Ames	60	4	6	15	17	18	36	50	16:22	1:25
4	C R Kennedy	116	10	21	25	26	34	35	38	17:06	1:15
5	Johnston	135	16	22	24	33	40	44	46	17:22	1:21
6	Boone	193	29	32	39	45	48	56	57	18:02	1:16
7	Forest City	196	28	37	41	43	47	55		18:07	1:12
8	S E Polk	203	27	31	42	51	52	53	54	18:14	1:41
9	East	231	5	49	58	59	60			19:56	6:28

INCOMPLETE TEAMS:

P C M

[Individuals](#)

1. Dowling

1	Katie Flood, Fr	14:19	5:45	- Dowling Catholic freshman Katie Flood beats all-time ISU Course HS Girl's record by
14	seconds, see attached all-time records.			
2	Betsy Flood, Jr	15:09	6:06	
7	Ashlie Decker, Fr	16:05	6:28	
8	Kayla Weier, So	16:12	6:31	
9	Chrissy Sarcone, Jr	16:14	6:31	
20	Mary Lacy, Jr	17:04	6:52	
23	Sarah Spellman, Fr	17:11	6:55	
Time = 1:17:56		Places = 27		

2. Waukee

3	Colette Gnade, So	15:26	6:12	
11	Kaylee Pence, Sr	16:25	6:36	
12	Claire Johannesen, So	16:29	6:38	
13	Kara Knott, Sr	16:32	6:39	
14	Paris Kono, Sr	16:41	6:42	
19	Brittany Angell, Jr	16:59	6:50	
30	Ashley Wink, So	17:28	7:01	
Time = 1:21:31		Places = 53		

3. Ames

4	Kersten Thorgaard, Sr	15:30	6:14	
6	Laura Gehring, Jr	15:52	6:23	
15	Ellen Hansen, Fr	16:43	6:43	
17	Sarah Pesch, So	16:49	6:46	
18	Austin Gerritson, So	16:54	6:48	
36	Bryanna Behning, Fr	17:42	7:07	
50	Sarah Brimeyer, Sr	18:45	7:32	
Time = 1:21:47		Places = 60		

4. C R Kennedy

10	Sharon Heyer, Sr	16:21	6:35	
21	Keri Schaefer, Sr	17:07	6:53	
25	Laura Nedderman, Jr	17:13	6:55	
26	Deserea Hughes, So	17:14	6:56	
34	Sarah Kleiman, Sr	17:36	7:05	
35	Nicole Erickson, Jr	17:41	7:07	
38	Rachel Bardsley, So	17:57	7:13	
Time = 1:25:30		Places = 116		

5. Johnston

16	Amanda Philip, Fr	16:46	6:45	
22	Julia Binnie, Fr	17:09	6:54	
24	Emily Schwartz, So	17:13	6:55	
33	Kristen Strawhacker, Sr	17:36	7:05	
40	Nickie Meyer, So	18:07	7:17	
44	Anna Lammers, Sr	18:29	7:26	
46	Kari Ross, Fr	18:35	7:28	

Time = 1:26:49 Places = 135

6. Boone

29	Emily Tripp, Jr	17:26	7:01
32	Maggie Schutte, So	17:34	7:04
39	Breanna Boehm, Fr	17:59	7:14
45	Britta Martin, Fr	18:30	7:26
48	Robin Cornelius, Jr	18:42	7:31
56	Allison Williams, Sr	19:55	8:01
57	Maggie Pestonik, Jr	20:28	8:14

Time = 1:30:10 Places = 193

7. Forest City

28	Becca Sullivan, So	17:23	6:59
37	Stacie Wubben, Sr	17:52	7:11
41	McKenzie Reece, So	18:18	7:22
43	Amy Kafer, So	18:27	7:25
47	Alyssa Schwartz, So	18:35	7:28
55	Amy Osheim, Sr	19:45	7:57

Time = 1:30:33 Places = 196

8. S E Polk

27	Jenny McElree, Jr	17:19	6:58
31	Alicia Cole, Fr	17:33	7:03
42	Ashley Rogers, Jr	18:22	7:23
51	Katie Heater, So	18:58	7:38
52	Tayla Luedtke, So	18:59	7:38
53	Molly Potts, Fr	19:18	7:46
54	Bailey Crawley, Jr	19:34	7:52

Time = 1:31:08 Places = 203

9. East

5	Lisa Collogan, Sr	15:47	6:21
49	Kaeli Helm, Sr	18:43	7:31
58	Pa Vang, So	21:16	8:33
59	Jenny Lyon, Sr	21:40	8:43
60	Sarah Lown, Jr	22:14	8:56

Time = 1:39:38 Places = 231

[Top](#)

TEAM					
PLACE	SCORE	FINISHER	TIME	PACE	TEAM
1	1	Katie Flood, Fr	14:19	5:45	Dowling
Pace: 6:00 7:00 8:00 Top					
2	2	Betsy Flood, Jr	15:09	6:06	Dowling
3	3	Colette Gnade, So	15:26	6:12	Waukee
4	4	Kersten Thorgaard, Sr	15:30	6:14	Ames
5	5	Lisa Collogan, Sr	15:47	6:21	East
6	6	Laura Gehring, Jr	15:52	6:23	Ames
7	7	Ashlie Decker, Fr	16:05	6:28	Dowling
8	8	Kayla Weier, So	16:12	6:31	Dowling
9	9	Chrissy Sarcone, Jr	16:14	6:31	Dowling
10	10	Sharon Heyer, Sr	16:21	6:35	C R Kennedy
11	11	Kaylee Pence, Sr	16:25	6:36	Waukee
12	12	Claire Johannesen, So	16:29	6:38	Waukee
13	13	Kara Knott, Sr	16:32	6:39	Waukee
14	14	Paris Kono, Sr	16:41	6:42	Waukee
15	15	Ellen Hansen, Fr	16:43	6:43	Ames
16	16	Amanda Philipph, Fr	16:46	6:45	Johnston
17	17	Sarah Pesch, So	16:49	6:46	Ames
18	18	Austin Gerritson, So	16:54	6:48	Ames
19	19	Brittany Angell, Jr	16:59	6:50	Waukee
20	20	Mary Lacy, Jr	17:04	6:52	Dowling
21	21	Keri Schaefer, Sr	17:07	6:53	C R Kennedy
22	22	Julia Binnie, Fr	17:09	6:54	Johnston
23	23	Sarah Spellman, Fr	17:11	6:55	Dowling
24	24	Emily Schwartz, So	17:13	6:55	Johnston
25	25	Laura Nedderman, Jr	17:13	6:55	C R Kennedy
26	26	Deserea Hughes, So	17:14	6:56	C R Kennedy
27	27	Jenny McElree, Jr	17:19	6:58	S E Polk
28	28	Becca Sullivan, So	17:23	6:59	Forest City
Pace: 6:00 7:00 8:00 Top					

29	29	Emily Tripp, Jr	17:26	7:01	Boone
30	30	Ashley Wink, So	17:28	7:01	Waukee
31	31	Alicia Cole, Fr	17:33	7:03	S E Polk
32	32	Maggie Schutte, So	17:34	7:04	Boone
33	33	Kristen Strawhacker, Sr	17:36	7:05	Johnston
34	34	Sarah Kleiman, Sr	17:36	7:05	C R Kennedy
35	35	Nicole Erickson, Jr	17:41	7:07	C R Kennedy
36	36	Bryanna Behning, Fr	17:42	7:07	Ames
37	37	Stacie Wubben, Sr	17:52	7:11	Forest City
38	38	Rachel Bardsley, So	17:57	7:13	C R Kennedy

39	39	Breanna Boehm, Fr	17:59	7:14	Boone
40		Chelsea Chubbuck, Sr	18:05	7:16	P C M
41	40	Nickie Meyer, So	18:07	7:17	Johnston
42	41	McKenzie Reece, So	18:18	7:22	Forest City
43	42	Ashley Rogers, Jr	18:22	7:23	S E Polk
44	43	Amy Kafer, So	18:27	7:25	Forest City
45	44	Anna Lammers, Sr	18:29	7:26	Johnston
46	45	Britta Martin, Fr	18:30	7:26	Boone
47	46	Kari Ross, Fr	18:35	7:28	Johnston
48	47	Alyssa Schwartz, So	18:35	7:28	Forest City
49	48	Robin Cornelius, Jr	18:42	7:31	Boone
50	49	Kaeli Helm, Sr	18:43	7:31	East
51	50	Sarah Brimeyer, Sr	18:45	7:32	Ames
52	51	Katie Heater, So	18:58	7:38	S E Polk
53	52	Tayla Luedtke, So	18:59	7:38	S E Polk
54	53	Molly Potts, Fr	19:18	7:46	S E Polk
55	54	Bailey Crawley, Jr	19:34	7:52	S E Polk
56	55	Amy Osheim, Sr	19:45	7:57	Forest City

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [Top](#)

57	56	Allison Williams, Sr	19:55	8:01	Boone
58	57	Maggie Pestonik, Jr	20:28	8:14	Boone
59	58	Pa Vang, So	21:16	8:33	East
60	59	Jenny Lyon, Sr	21:40	8:43	East
61	60	Sarah Lown, Jr	22:14	8:56	East

[Top](#)

Return to [home page](#).