

12th Ames Invite Varsity Girls**ISU XC Course - Ames, Iowa****Sep. 16, 2010**

60s, cloudy - then sunny

Results by Cal Murdock

[MS Girls](#)[MS Boys](#)[JV Girls](#)[Var. Girls](#)[Var. Boys](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

[Click here](#) for data on boys

PLACE	TEAM	POINTS	PLACES OF FINISHERS						AVG. TIME SPREAD	
1	Southeast Polk	28	2	5	6	7	8	13	16:52	0:21
2	Ames	34	1	3	9	10	11	12	16:48	1:31
3	Nevada	70	4	15	16	17	18	19	17:41	1:20

[Individuals](#)

PLACE	FINISHER	TIME	PACE
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1. Southeast Polk

2	Allie McBroom, Sr	16:38	6:41
5	Allison Rogers, Jr	16:52	6:47
6	Hannah Olson, Jr	16:53	6:47
7	Haley Ruden, Sr	16:57	6:49
8	Kelly Cole, Jr	16:58	6:49
13	Ashley Armantrout, Jr	17:23	6:59

Total Time = 1:24:16 Total Places = 28

2. Ames

1	Courtney Martin, Jr	15:45	6:20
3	Martha Ryan, Jr	16:40	6:42
9	Kelsey Dockstader, Jr	17:03	6:51
10	LeighAnn Honzatko, So	17:14	6:56
11	Genna Tesdall, Sr	17:16	6:57
12	Cecilia May, Fr	17:20	6:58
14	Brooke Schweikert, Sr	17:40	7:06

Total Time = 1:23:57 Total Places = 34

3. Nevada

4	Tarah Davis, So	16:48	6:45
15	Brittney Kruschwitz, Sr	17:49	7:10
16	Heidi Will, So	17:49	7:10
17	Jennifer Metzger, Jr	17:53	7:12
18	Delaney Cheek, So	18:07	7:17
19	Laura Alt, Jr	18:18	7:21
20	Amanda Rewerts, Sr	19:32	7:51

Total Time = 1:28:25 Total Places = 70

TEAM					
PLACE	SCORE	FINISHER	TIME	PACE	TEAM

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1	1	Courtney Martin, Jr	15:45	6:20	Ames
2	2	Allie McBroom, Sr	16:38	6:41	Southeast Polk
3	3	Martha Ryan, Jr	16:40	6:42	Ames

4	4	Tarah Davis, So	16:48	6:45	Nevada
5	5	Allison Rogers, Jr	16:52	6:47	Southeast Polk
6	6	Hannah Olson, Jr	16:53	6:47	Southeast Polk
7	7	Haley Ruden, Sr	16:57	6:49	Southeast Polk
8	8	Kelly Cole, Jr	16:58	6:49	Southeast Polk
9	9	Kelsey Dockstader, Jr	17:03	6:51	Ames
10	10	LeighAnn Honzatko, So	17:14	6:56	Ames
11	11	Genna Tesdall, Sr	17:16	6:57	Ames
12	12	Cecilia May, Fr	17:20	6:58	Ames
13	13	Ashley Armantrout, Jr	17:23	6:59	Southeast Polk

Pace: [7:00](#) | [Top](#)

14	14	Brooke Schweikert, Sr	17:40	7:06	Ames
15	15	Brittney Kruschwitz, Sr	17:49	7:10	Nevada
16	16	Heidi Will, So	17:49	7:10	Nevada
17	17	Jennifer Metzger, Jr	17:53	7:12	Nevada
18	18	Delaney Cheek, So	18:07	7:17	Nevada
19	19	Laura Alt, Jr	18:18	7:21	Nevada
20	20	Amanda Rewerts, Sr	19:32	7:51	Nevada

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