

CIML Metro Championship Girls Varsity 4 km

Ewing Park, Des Moines, IA

Oct. 10, 2006

cool & light rain

Results by Michael Franke

[JV Girls](#)

[JV Boys](#)

[Var.Girls](#)

[Var.Boys](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Roosevelt	31	1	2	6	10	12	15	17	16:19	2:05
2	Ottumwa	37	3	4	7	9	14	18	19	16:38	1:30
3	Hoover	95	11	13	20	25	26	27		18:11	2:09
4	Lincoln	116	8	22	24	28	34	35	37	19:09	4:53
5	East	126	5	23	29	33	36			19:35	5:43
6	North	130	16	21	30	31	32			19:32	3:27

[Individuals](#)

1. Roosevelt

1	Madie Hubbell, Fr	15:04	6:03
2	Kelsey Mitchell, Jr	15:44	6:19
6	Megan Lewis, Fr	16:38	6:41
10	Maddie Tomka, Sr	17:01	6:50
12	Jessica Nicholson, So	17:08	6:54
Time = 1:21:32		Places = 31	

2. Ottumwa

3	Sarah Paulson, Jr	16:02	6:27
4	Kristin Paulson, Jr	16:03	6:27
7	Emilee Cook, So	16:41	6:43
9	Sarah Hendred, Sr	16:54	6:48
14	Sarah Sosa, Jr	17:31	7:03
Time = 1:23:10		Places = 37	

3. Hoover

11	Emily Light, Sr	17:04	6:52
13	Dawn Gaule, Sr	17:20	6:58
20	Kelli Shaffner, Sr	18:10	7:18
25	Kayleigh Wren, Fr	19:10	7:42
26	Jamie Spina, Jr	19:12	7:43
Time = 1:30:53		Places = 95	

4. Lincoln

8	Kathryn Guess, Sr	16:46	6:44
22	Kelsey Yarges, So	18:28	7:26
24	Ashlie Baldwin, Sr	19:05	7:40
28	Jamie Baker, So	19:49	7:58
34	Amanda Rieck, Sr	21:38	8:42
Time = 1:35:44		Places = 116	

5. East

5	Lisa Collogan, Sr	16:03	6:27
23	Kaeli Helm, Sr	18:33	7:28
29	Pa Vang, So	20:04	8:04

33 Jenny Lyon, Sr 21:28 8:38
 36 Sarah Lown, Jr 21:46 8:45
 Time = 1:37:52 Places = 126

6. North

16 Molly Rhodes, So 17:39 7:06
 21 Megan Hensley, Jr 18:23 7:23
 30 Carissa Smith, Jr 20:08 8:06
 31 Randi Tellis, Sr 20:26 8:13
 32 Abby Kerns, So 21:05 8:29
 Time = 1:37:39 Places = 130

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PLACE	SCORE	FINISHER	TIME	PACE	TEAM
1	1	Madie Hubbell, Fr	15:04	6:03	Roosevelt
2	2	Kelsey Mitchell, Jr	15:44	6:19	Roosevelt
3	3	Sarah Paulson, Jr	16:02	6:27	Ottumwa
4	4	Kristin Paulson, Jr	16:03	6:27	Ottumwa
5	5	Lisa Collogan, Sr	16:03	6:27	East
6	6	Megan Lewis, Fr	16:38	6:41	Roosevelt
7	7	Emilee Cook, So	16:41	6:43	Ottumwa
8	8	Kathryn Guess, Sr	16:46	6:44	Lincoln
9	9	Sarah Hendred, Sr	16:54	6:48	Ottumwa
10	10	Maddie Tomka, Sr	17:01	6:50	Roosevelt
11	11	Emily Light, Sr	17:04	6:52	Hoover
12	12	Jessica Nicholson, So	17:08	6:54	Roosevelt
13	13	Dawn Gaule, Sr	17:20	6:58	Hoover

Pace: [7:00](#) | [8:00](#) | [9:00](#) | [Top](#)

14	14	Sarah Sosa, Jr	17:31	7:03	Ottumwa
15	15	Lillian Chesser, So	17:34	7:04	Roosevelt
16	16	Molly Rhodes, So	17:39	7:06	North
17	17	Emily Snavelly, Fr	17:41	7:07	Roosevelt
18	18	Kaitlin McElroy, Fr	18:01	7:15	Ottumwa
19	19	Shalynn Ebelsheiser, So	18:01	7:15	Ottumwa
20	20	Kelli Shaffner, Sr	18:10	7:18	Hoover
21	21	Megan Hensley, Jr	18:23	7:23	North
22	22	Kelsey Yarges, So	18:28	7:26	Lincoln
23	23	Kaeli Helm, Sr	18:33	7:28	East
24	24	Ashlie Baldwin, Sr	19:05	7:40	Lincoln
25	25	Kayleigh Wren, Fr	19:10	7:42	Hoover
26	26	Jamie Spina, Jr	19:12	7:43	Hoover
27	27	Elizabeth McInroy, Fr	19:14	7:44	Hoover
28	28	Jamie Baker, So	19:49	7:58	Lincoln

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29	29	Pa Vang, So	20:04	8:04	East
30	30	Carissa Smith, Jr	20:08	8:06	North
31	31	Randi Tellis, Sr	20:26	8:13	North
32	32	Abby Kerns, So	21:05	8:29	North
33	33	Jenny Lyon, Sr	21:28	8:38	East
34	34	Amanda Rieck, Sr	21:38	8:42	Lincoln
35	35	Amber Moore, So	21:40	8:43	Lincoln
36	36	Sarah Lown, Jr	21:46	8:45	East

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37	37	Meagan Way, So	23:44	9:33	Lincoln
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