

Cascade Invitational Varsity Girls Cross Country Meet

Event: Varsity Girls

Date: Friday, September 19, 2014

Location: Fillmore Fairways Golf Course,
Cascade, IA

Weather: Sunny, Wind S 20-25 mph & 75°

[MS Girls](#)

[JV Girls](#)

[Var.Girls 1A2A](#)

[Var.Girls 3A4A](#)

[All Var.Girls](#)

[MS Boys](#)

[JV Boys](#)

[Var.Boy 1A2A](#)

[Var.Boys 3A4A](#)

[All Var.Boys](#)

Results By: Andrew Kauder, Kauder Racing

Place	School	1	2	3	4	5	6	7	Total	Time Ave	Time Spread
1	Assumption	1	5	6	15	34	87	89	61	16:46	2:04
2	Monticello	4	19	21	28	31	39	48	103	17:14	1:21
3	Cascade	3	8	10	37	45			103	17:11	2:07
4	Iowa City Regina	2	12	24	35	41	44	57	114	17:16	2:18
5	Mount Vernon-Lisbon	16	32	33	38	42	55	63	161	17:48	1:00
6	Western Dubuque	13	20	40	49	56	58	59	178	17:52	1:35
7	Xavier	11	43	46	70	76	80		246	18:19	2:23
8	Marion	7	50	54	64	72	92	101	247	18:16	2:19
9	West Delaware	25	36	52	69	71	75	97	253	18:20	1:31
10	Center Point-Urbana	27	30	53	66	82	91	106	258	18:24	2:02
11	Anamosa	14	17	51	83	95	99		260	18:32	3:21
12	Central DeWitt	18	29	67	74	85	88	94	273	18:29	2:25
13	Starmont	23	47	60	73	98	102	109	301	18:48	3:18
14	Durant	9	62	77	78	79	103	108	305	18:46	2:41
15	Tipton	26	61	68	81	84	93		320	18:50	2:09
16	Edgewood-Colesburg	22	65	86	90	100	105		363	19:17	3:28
17	Beckman Catholic	96	104	107	110	111	112	113	528	21:31	1:54

Incomplete Teams: Alburnett, Maquoketa, Midland, West Liberty

Place	Score	Name	School	Time	Pace mpm
1	1	Joy Ripslinger, SO	Assumption	15:45	6:20/M
2	2	Adriana Kammerer, SR	Iowa City Regina	15:52	6:23/M
3	3	Becca McDermott, SO	Cascade	16:07	6:29/M
4	4	Paige Holub, FR	Monticello	16:23	6:35/M
5	5	Mallory King, JR	Assumption	16:31	6:39/M
6	6	Julia Schumacher, FR	Assumption	16:36	6:41/M
7	7	Madison Bach, JR	Marion	16:41	6:43/M
8	8	Kylie Kelchen, JR	Cascade	16:42	6:43/M
9	9	Alyssa Williams, JR	Durant	16:48	6:46/M
10	10	MacI Weber, JR	Cascade	16:52	6:47/M
11	11	Jenny Dickes, JR	Xavier	16:57	6:49/M
12	12	Lauren Ronnfeldt, JR	Iowa City Regina	16:59	6:50/M
13	13	Alyssa Dougherty, JR	Western Dubuque	17:00	6:50/M
14	14	Emma Duncan, FR	Anamosa	17:04	6:52/M
15	15	Sarah Adams, JR	Assumption	17:07	6:53/M
16	16	Maren Jeppson, JR	Mount Vernon-Lisbon	17:10	6:54/M
17	17	Bailey Sams, SR	Anamosa	17:11	6:55/M
18	18	Brittany McNamara, JR	Central DeWitt	17:11	6:55/M
19	19	Taylor McDonald, FR	Monticello	17:13	6:56/M
20	20	Laura Snyder, JR	Western Dubuque	17:16	6:57/M
21	21	Jordyn Patterson, FR	Monticello	17:17	6:57/M
22	22	Kari Fitzpatrick, SR	Edgewood-Colesburg	17:17	6:57/M
23	23	Bianca Malone, FR	Starmont	17:20	6:58/M
24	24	Jacqueline Rapp, SR	Iowa City Regina	17:24	7:00/M
25	25	Janna Utter, JR	West Delaware	17:26	7:01/M
26	26	Kenzie Mente, SO	Tipton	17:26	7:01/M
27	27	Samantha Croghan, SR	Center Point-Urbana	17:29	7:02/M
28	28	Ellen Schlarmann, JR	Monticello	17:35	7:05/M
29	29	Julia Campbell, FR	Central DeWitt	17:37	7:05/M
30	30	Allison Woods, JR	Center Point-Urbana	17:40	7:06/M
31		Tatum Koenig, FR	West Liberty	17:43	7:08/M
32	31	Jazmine Reynolds, SR	Monticello	17:43	7:08/M
33	32	Kendra Schmidt, SR	Mount Vernon-Lisbon	17:47	7:09/M
34	33	Shae Banwart, SO	Mount Vernon-Lisbon	17:49	7:10/M
35	34	Grace Rohlf, FR	Assumption	17:49	7:10/M
36		Jaelynn Folkers, SO	Midland	17:51	7:11/M
37	35	Christina Hora, FR	Iowa City Regina	17:54	7:12/M
38	36	Kaitlin Pauls, SR	West Delaware	17:56	7:13/M
39	37	Rachel McDermott, JR	Cascade	18:00	7:15/M
40	38	Hayley Corkin, SO	Mount Vernon-Lisbon	18:03	7:16/M

41	39	Rachel Larabee, FR	Monticello	18:06	7:17/M
42	40	Cassie Hermsen, FR	Western Dubuque	18:09	7:18/M
43	41	Emma Corkery, SO	Iowa City Regina	18:10	7:18/M
44	42	Lydia Frey, SO	Mount Vernon-Lisbon	18:10	7:19/M
45	43	Kiana Stanek, SO	Xavier	18:10	7:19/M
46	44	Elizabeth Klesnar, SO	Iowa City Regina	18:10	7:19/M
47	45	Ellie Loes, SO	Cascade	18:14	7:20/M
48	46	Emiko Coffey, SO	Xavier	18:16	7:21/M
49	47	Maranda Rathe, SR	Starmont	18:17	7:21/M
50	48	Meredith Melchert, FR	Monticello	18:17	7:22/M
51	49	Mikaela Armstrong, SR	Western Dubuque	18:20	7:23/M
52	50	Sydney Brase, SO	Marion	18:22	7:23/M
53	51	Claire Duncan, FR	Anamosa	18:25	7:24/M
54	52	Hannah Gaffney, SR	West Delaware	18:26	7:25/M
55	53	Alexa Brooker, SO	Center Point-Urbana	18:28	7:26/M
56	54	Skylar Dede, FR	Marion	18:29	7:26/M
57		Janey Saunders, SO	Maquoketa	18:31	7:27/M
58	55	Faith Anton, SO	Mount Vernon-Lisbon	18:33	7:28/M
59	56	Madison Simon, JR	Western Dubuque	18:35	7:29/M
60	57	Sara Burlage, SO	Iowa City Regina	18:37	7:29/M
61	58	Maria Gudenkauf, FR	Western Dubuque	18:39	7:30/M
62	59	Sarah Kluesner, JR	Western Dubuque	18:42	7:32/M
63	60	Michaela Conklin, SR	Starmont	18:44	7:32/M
64	61	Emmarie Huseman, FR	Tipton	18:44	7:32/M
65	62	Janey Botkins, JR	Durant	18:47	7:33/M
66	63	Haley Baker, SO	Mount Vernon-Lisbon	18:50	7:35/M
67	64	Andrea Ertz, JR	Marion	18:51	7:35/M
68	65	Ashley Clinton, SO	Edgewood-Colesburg	18:52	7:36/M
69	66	Bryanna Grant, SO	Center Point-Urbana	18:52	7:36/M
70	67	Kali Roling, SO	Central DeWitt	18:53	7:36/M
71	68	Zoe Rezac, FR	Tipton	18:53	7:36/M
72	69	Ellen Mattice, SR	West Delaware	18:53	7:36/M
73	70	Lydia Brown, JR	Xavier	18:54	7:36/M
74	71	Kinsey Gudenkauf, SO	West Delaware	18:57	7:38/M
75	72	Ellie Conzett, JR	Marion	18:59	7:38/M
76		Reghan McNaul, SO	West Liberty	19:02	7:39/M
77	73	Grace Smith, FR	Starmont	19:05	7:41/M
78	74	Coleen Kinney, SR	Central DeWitt	19:06	7:41/M
79	75	MacY Klein, SO	West Delaware	19:14	7:44/M
80	76	Faith Satern, SO	Xavier	19:20	7:47/M
81	77	Samantha Fusco, JR	Durant	19:23	7:48/M
82	78	Madison Howe, SO	Durant	19:24	7:48/M
83	79	Aubrey Doerscher, FR	Durant	19:29	7:50/M
84	80	Alaina Marti, JR	Xavier	19:29	7:50/M
85	81	Mara Jauron, SO	Tipton	19:30	7:51/M
86	82	Payton Hasleiet, JR	Center Point-Urbana	19:31	7:51/M
87	83	Fanny Bore, SR	Anamosa	19:34	7:52/M
88	84	Tiffany Schott, FR	Tipton	19:35	7:53/M
89	85	Claire Campbell, JR	Central DeWitt	19:37	7:53/M

90	86	Morgan Fannon, SO	Edgewood-Colesburg	19:38	7:54/M
91		Cassie Ruppert, SO	Maquoketa	19:39	7:54/M
92	87	Andra McCrery, SO	Assumption	19:40	7:55/M
93	88	Shannon Coyle, JR	Central DeWitt	19:41	7:55/M
94	89	Mary Grace Carroll, FR	Assumption	19:45	7:57/M
95		Susie Coats, FR	Alburnett	19:46	7:57/M
96	90	Kenzie Wegmann, SR	Edgewood-Colesburg	19:51	7:59/M
97	91	Claire Chandler, SO	Center Point-Urbana	19:58	8:02/M
98	92	Jessica Ertz, JR	Marion	19:59	8:02/M
99	93	Alyssa Elijah, FR	Tipton	20:01	8:03/M
100	94	Nicole Goldensoph, JR	Central DeWitt	20:15	8:09/M
101		Jessica Crook, JR	West Liberty	20:22	8:12/M
102	95	Sara Carver, JR	Anamosa	20:25	8:13/M
103	96	Isabel Brehm, JR	Beckman Catholic	20:30	8:15/M
104	97	Addison Schrader, SR	West Delaware	20:34	8:16/M
105	98	Gabrielle Moellers, FR	Starmont	20:37	8:18/M
106	99	Lexi Maruga, SO	Anamosa	20:43	8:20/M
107	100	Sarah Ostwinkle, SO	Edgewood-Colesburg	20:45	8:21/M
108	101	Jamie Draeger, SR	Marion	20:48	8:22/M
109	102	Allie Tucker, SO	Starmont	20:51	8:23/M
110	103	Emily Mundt, JR	Durant	20:54	8:24/M
111	104	Olivia Schuster, SO	Beckman Catholic	21:02	8:28/M
112	105	Katie Busch, SR	Edgewood-Colesburg	21:04	8:28/M
113		Alia Galvan, FR	West Liberty	21:17	8:34/M
114	106	Elizabeth Hearn, SR	Center Point-Urbana	21:20	8:35/M
115		Jessica Gerardy, SR	Maquoketa	21:24	8:37/M
116	107	Katie Fitzgerald, FR	Beckman Catholic	21:26	8:37/M
117	108	Susan Graves, SO	Durant	21:32	8:40/M
118	109	Willow Schuchmann, SO	Starmont	21:42	8:44/M
119	110	Danica Burger, SO	Beckman Catholic	22:14	8:57/M
120	111	Elizabeth Kelly, SR	Beckman Catholic	22:23	9:00/M
121	112	Kellie Huberty, JR	Beckman Catholic	22:43	9:08/M
122	113	Natasha Otto, FR	Beckman Catholic	22:56	9:13/M
123		Sydney Stender, SO	Midland	23:50	9:36/M
124		Bre Finn, SO	Midland	23:53	9:37/M
125		Becca Crock, JR	Midland	24:24	9:49/M

Place 1	Assumption	Time Spread = 2:04	Ave Time = 16:46	Score = 61
Place	Name	Time	Pace mpm	
1	Joy Ripslinger, SO	15:45	6:20	
5	Mallory King, JR	16:31	6:39	
6	Julia Schumacher, FR	16:36	6:41	
15	Sarah Adams, JR	17:07	6:53	
34	Grace Rohlf, FR	17:49	7:10	
87	Andra McCrery, SO	19:40	7:55	
89	Mary Grace Carroll, FR	19:45	7:57	

Place 2 Monticello Time Spread = 1:21 Ave Time = 17:14 Score = 103

Place	Name	Time	Pace mpm
4	Paige Holub, FR	16:23	6:35
19	Taylor McDonald, FR	17:13	6:56
21	Jordyn Patterson, FR	17:17	6:57
28	Ellen Schlarmann, JR	17:35	7:05
31	Jazmine Reynolds, SR	17:43	7:08
39	Rachel Larabee, FR	18:06	7:17
48	Meredith Melchert, FR	18:17	7:22

Place 3 Cascade Time Spread = 2:07 Ave Time = 17:11 Score = 103

Place	Name	Time	Pace mpm
3	Becca McDermott, SO	16:07	6:29
8	Kylie Kelchen, JR	16:42	6:43
10	MacI Weber, JR	16:52	6:47
37	Rachel McDermott, JR	18:00	7:15
45	Ellie Loes, SO	18:14	7:20

Place 4 Iowa City Regina Time Spread = 2:18 Ave Time = 17:16 Score = 114

Place	Name	Time	Pace mpm
2	Adriana Kammerer, SR	15:52	6:23
12	Lauren Ronnfeldt, JR	16:59	6:50
24	Jacqueline Rapp, SR	17:24	7:00
35	Christina Hora, FR	17:54	7:12
41	Emma Corkery, SO	18:10	7:18
44	Elizabeth Klesnar, SO	18:10	7:19
57	Sara Burlage, SO	18:37	7:29

Place 5 Mount Vernon-Lisbon Time Spread = 1:00 Ave Time = 17:48 Score = 161

Place	Name	Time	Pace mpm
16	Maren Jeppson, JR	17:10	6:54
32	Kendra Schmidt, SR	17:47	7:09
33	Shae Banwart, SO	17:49	7:10
38	Hayley Corkin, SO	18:03	7:16
42	Lydia Frey, SO	18:10	7:19
55	Faith Anton, SO	18:33	7:28
63	Haley Baker, SO	18:50	7:35

Place 6 Western Dubuque Time Spread = 1:35 Ave Time = 17:52 Score = 178

Place	Name	Time	Pace mpm
13	Alyssa Dougherty, JR	17:00	6:50
20	Laura Snyder, JR	17:16	6:57
40	Cassie Hermsen, FR	18:09	7:18
49	Mikaela Armstrong, SR	18:20	7:23
56	Madison Simon, JR	18:35	7:29
58	Maria Gudenkauf, FR	18:39	7:30
59	Sarah Kluesner, JR	18:42	7:32

Place 7 Xavier Time Spread = 2:23 Ave Time = 18:19 Score

= 246

Place	Name	Time	Pace mpm
11	Jenny Dickes, JR	16:57	6:49
43	Kiana Stanek, SO	18:10	7:19
46	Emiko Coffey, SO	18:16	7:21
70	Lydia Brown, JR	18:54	7:36
76	Faith Satern, SO	19:20	7:47
80	Alaina Marti, JR	19:29	7:50

Place 8 Marion Time Spread = 2:19 Ave Time = 18:16 Score = 247

Place	Name	Time	Pace mpm
7	Madison Bach, JR	16:41	6:43
50	Sydney Brase, SO	18:22	7:23
54	Skylar Dede, FR	18:29	7:26
64	Andrea Ertz, JR	18:51	7:35
72	Ellie Conzett, JR	18:59	7:38
92	Jessica Ertz, JR	19:59	8:02
101	Jamie Draeger, SR	20:48	8:22

Place 9 West Delaware Time Spread = 1:31 Ave Time = 18:20 Score = 253

Place	Name	Time	Pace mpm
25	Janna Utter, JR	17:26	7:01
36	Kaitlin Pauls, SR	17:56	7:13
52	Hannah Gaffney, SR	18:26	7:25
69	Ellen Mattice, SR	18:53	7:36
71	Kinsey Gudenkauf, SO	18:57	7:38
75	MacY Klein, SO	19:14	7:44
97	Addison Schrader, SR	20:34	8:16

Place 10 Center Point-Urbana Time Spread = 2:02 Ave Time = 18:24 Score = 258

Place	Name	Time	Pace mpm
27	Samantha Croghan, SR	17:29	7:02
30	Allison Woods, JR	17:40	7:06
53	Alexa Brooker, SO	18:28	7:26
66	Bryanna Grant, SO	18:52	7:36
82	Payton Hasleiet, JR	19:31	7:51
91	Claire Chandler, SO	19:58	8:02
106	Elizabeth Hearn, SR	21:20	8:35

Place 11 Anamosa Time Spread = 3:21 Ave Time = 18:32 Score = 260

Place	Name	Time	Pace mpm
14	Emma Duncan, FR	17:04	6:52
17	Bailey Sams, SR	17:11	6:55
51	Claire Duncan, FR	18:25	7:24
83	Fanny Bore, SR	19:34	7:52
95	Sara Carver, JR	20:25	8:13
99	Lexi Maruga, SO	20:43	8:20

Place 12 Central DeWitt Time Spread = 2:25 Ave Time = 18:29 Score = 273

Place	Name	Time	Pace mpm	
18	Brittany McNamara, JR	17:11	6:55	
29	Julia Campbell, FR	17:37	7:05	
67	Kali Roling, SO	18:53	7:36	
74	Coleen Kinney, SR	19:06	7:41	
85	Claire Campbell, JR	19:37	7:53	
88	Shannon Coyle, JR	19:41	7:55	
94	Nicole Goldensoph, JR	20:15	8:09	
Place 13	Starmont	Time Spread = 3:18	Ave Time = 18:48	Score = 301
Place	Name	Time	Pace mpm	
23	Bianca Malone, FR	17:20	6:58	
47	Maranda Rathe, SR	18:17	7:21	
60	Michaela Conklin, SR	18:44	7:32	
73	Grace Smith, FR	19:05	7:41	
98	Gabrielle Moellers, FR	20:37	8:18	
102	Allie Tucker, SO	20:51	8:23	
109	Willow Schuchmann, SO	21:42	8:44	
Place 14	Durant	Time Spread = 2:41	Ave Time = 18:46	Score = 305
Place	Name	Time	Pace mpm	
9	Alyssa Williams, JR	16:48	6:46	
62	Janey Botkins, JR	18:47	7:33	
77	Samantha Fusco, JR	19:23	7:48	
78	Madison Howe, SO	19:24	7:48	
79	Aubrey Doerscher, FR	19:29	7:50	
103	Emily Mundt, JR	20:54	8:24	
108	Susan Graves, SO	21:32	8:40	
Place 15	Tipton	Time Spread = 2:09	Ave Time = 18:50	Score = 320
Place	Name	Time	Pace mpm	
26	Kenzie Mente, SO	17:26	7:01	
61	Emmarie Huseman, FR	18:44	7:32	
68	Zoe Rezac, FR	18:53	7:36	
81	Mara Jauron, SO	19:30	7:51	
84	Tiffany Schott, FR	19:35	7:53	
93	Alyssa Elijah, FR	20:01	8:03	
Place 16	Edgewood-Colesburg	Time Spread = 3:28	Ave Time = 19:17	Score = 363
Place	Name	Time	Pace mpm	
22	Kari Fitzpatrick, SR	17:17	6:57	
65	Ashley Clinton, SO	18:52	7:36	
86	Morgan Fannon, SO	19:38	7:54	
90	Kenzie Wegmann, SR	19:51	7:59	
100	Sarah Ostwinkle, SO	20:45	8:21	
105	Katie Busch, SR	21:04	8:28	
Place 17	Beckman Catholic	Time Spread = 1:54	Ave Time = 21:31	Score = 528
Place	Name	Time	Pace mpm	

96	Isabel Brehm, JR	20:30	8:15
104	Olivia Schuster, SO	21:02	8:28
107	Katie Fitzgerald, FR	21:26	8:37
110	Danica Burger, SO	22:14	8:57
111	Elizabeth Kelly, SR	22:23	9:00
112	Kellie Huberty, JR	22:43	9:08
113	Natasha Otto, FR	22:56	9:13

Incomplete Teams:

Alburnett			
Place	Name	Time	Pace
95	Susie Coats, FR	19:45.88	7:57
Maquoketa			
Place	Name	Time	Pace
57	Janey Saunders, SO	18:30.69	7:27
91	Cassie Ruppert, SO	19:38.68	7:54
115	Jessica Gerardy, SR	21:24.07	8:37
Midland			
Place	Name	Time	Pace
36	Jaelynn Folkers, SO	17:51.49	7:11
123	Sydney Stender, SO	23:50.49	9:36
124	Bre Finn, SO	23:53.01	9:37
125	Becca Crock, JR	24:23.76	9:49
West Liberty			
Place	Name	Time	Pace
31	Tatum Koenig, FR	17:42.76	7:08
76	Reghan McNaul, SO	19:01.99	7:39
101	Jessica Crook, JR	20:22.31	8:12
113	Alia Galvan, FR	21:17.27	8:34

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Andrew Kauder, Kauder Racing
